



ABOVE: Cornelly man's fundraising trip. (See page 7)

Weekly audited distribution (26 weeks) to 31/12/08 - 42,924 (GEM Series). Audited by Grinter Johnson Ltd. Chartered Accountants.

Bridgend & Porthcawl GEM



"Your ORIGINAL priceless weekly newspaper"

The area's longest serving Community Newspaper

Established 1983

www.bridgend-today.co.uk www.porthcawl-today.co.uk

THURSDAY, JANUARY 14TH, 2010



A strangely-deserted A48 as the snow returned yesterday. So how did Bridgend county borough cope? (SEE PAGE 9 FOR DETAILS).

FORMER MAYOR OF OGWR GAINS MBE

BILL (William Henry) Burt, a former Mayor of the borough of Ogwr, was awarded an MBE for services to education in the Bridgend area in the New Years Honours list.

He was a governor of Ynysawdre school for 36 years - 26 years as chairman. He also served for a number of years as a governor of both Brynmenyn Primary School and Archbishop McGrath School.

On his retirement at the age of 88 from the chair of governors at Ynysawdre, the then headmaster Trevis Woodward paid Mr Burt the following tribute: "Bill's contribution has impacted directly on the quality of education offered. He has touched the lives of many people in the borough, and has been an unpaid, faithful and loyal servant to his fellow citizens."

He represented the Ynysawdre ward as a Labour borough councillor from 1973-1999. In 1986 he was elected Mayor of the Borough of Ogwr. During his year in office, he raised funds for a new mammography scanner at the Princess of Wales hospital. He was also elected chairman of leisure for several of his years on the borough council.

Bill represented the local Ynysawdre Community Council and only stepped down last



BILL AND MAVIS BURT.

March after 45 years' service and five stints as chairman.

He was one of five founder members of Ynysawdre Community Association formed in 1977 and was chairman for 32 years, until his retirement last October.

Bill has been married to his wife Mavis for 65 years. He has two children, Adrian and Angela, who both attended Ynysawdre

Comprehensive School, and has four grandchildren and four great grandchildren.

When he was 16, Bill started his career with the Great Western Railway as an engine cleaner at Tondu - one of the biggest railway centres in south Wales at the time, employing hundreds of men.

Eventually he became a fireman and then an engine driver.

A member of ASLEF, the last 18 years before his retirement in 1984 were spent on union activities - he held office in the trade union for 37 of his 46 years on

A Bridgend father of three shot a laser pen at a hovering police helicopter for 10 minutes, as officers hunted a suspect, a court heard last week.

Adrian Blake's 'prank' was branded as "horrendously dangerous" by a judge, who said it could have had "catastrophic consequences".

Blake was playing with the green laser at 9.45pm in September last year, as the South Wales Police helicopter hovered at 1,500ft with four people on board.

Cardiff Crown Court heard that Blake (31), targeted the force's helicopter in a "sustained attack".

Prosecutor Julian Greenwood said the pilot took evasive action to avoid being blinded as the green light bounced around the cockpit in "random, multiple bursts" and added: "The crew felt they were being deliberately targeted."

On-board cameras focused on Blake - and officers on the ground arrested him in his back garden, where he was still holding the pen.

Blake told police he was trying to see how far the beam reached.

Kevin Seal, mitigation, told the court: "This was rank and complete stupidity by a man who should have known better."

Recorder of Cardiff Judge Nicholas Cooke QC said: "This was an act of incomprehensible selfishness."

"You placed the lives of four people in that helicopter at risk and, as this was an urban area, also risked the lives of people on the ground."

Blake wept in the dock as the judge told him his family saved him from immediate jail.

The judge added: "Your wife has written to me asking me not to

damage her family life. risk. We take this You have three children extremely seriously and all doing well at school. will continue to take action to prosecute any one carrying out this offence.

"The camera fitted to the aircraft is capable of locating where the lasers come from and identifying who has shot them.

"People might think this is just a harmless prank, but they must know this kind of behaviour is extremely dangerous and could have fatal consequences."

Insp Smart added: "Many of these laser lights have strong beams which can cause temporary blindness or more permanent injuries, even from a great distance.

"The pilot and crew's vision can be impeded, putting their lives and the lives of people on the ground at risk," he stressed.

Tragic start to new year in Bridgend

TWO apparent suicides occurred in Bridgend county borough in the first week of the year.

First, South Wales Police confirmed the death of a 23-year-old man in the Margam area of Port Talbot on January 1.

He was reported to be James Forbes, of North Cornelly, and his body was found at Kenfig Industrial

Estate. South Wales Police said that they were investigating the death on behalf of the Neath Port Talbot Coroner and confirmed there were no suspicious circumstances.

Later, police in Bridgend announced that they were investigating the sudden death of a young woman whose body was found in a house at Oxford Street,

Pontycymre at about 10.30pm on Wednesday, January 6.

She was reported to be Lana Williams, aged 20, and the mother of a two-year-old child.

A police spokesman said:

"There are no suspicious circumstances. The next of kin and HM coroner have been informed".

Look Younger & Feel Great in 2010...

- Anti-Wrinkle Injections Botox injections for those unwanted frown lines.
- Dermal Fillers & Face Peels Fill in those facial lines & turn back the clock.
- Sculptra Facial Volumising Performed by leading UK Doctor. Amazing results that last.
- Fraxel Re:Store Therapy Gold standard in skin rejuvenation. Used by many Hollywood stars.

Book Now on 01446 781906 & Receive a Free Consultation

All treatments are performed by Doctors & Female Nurse Practitioners

Special Offer... One FREE session of hair removal with all injectable treatments.

Hair Removal... Lighter Laser Hair Removal from £40.00

Reflection Perfection

www.palma-cosmetics.com

Wedding Fayres for Spring 2010

Coed-Y-Mwstwr Hotel
Coychurch, Bridgend
Tel. 01656 868956
Sunday, 7th February, 2010
11.00 am - 4.00 pm

New House Hotel
Cardiff.
Tel. 02920 520280
Sunday, 21st February, 2010
11.00 am - 4.00 pm

The Bear Hotel
Cowbridge.
Tel. 01446 774814
Sunday, 7th March, 2010
11.00 am - 4.00 pm

Caerphilly Castle
Caerphilly
Tel. 01443 336106
Sunday, 11th April, 2010
11.00 am - 4.00 pm

NEW for Spring/Summer 2010 - MILLENNIUM CENTRE WEDDING EXHIBITION
on Sunday, 9th May, 2010
www.eternitywithlove.co.uk
for further details on this exciting event

'Guard your (mental) health in 2010' – doctor's warning

A MILLION-POUND project, set up to promote "positive mental health" across the boroughs of Bridgend and Neath Port Talbot, is urging residents to make a resolution to look after their emotional wellbeing in 2010.

Staradwn Ni – Let's Talk is a five-year project backed by the Big Lottery Fund's Mental Health Matters pro-

gramme. It is aimed at working with local voluntary and statutory agencies to promote positive mental wellbeing, reduce barriers to accessing support, provide training, and support people who might be affected by mental health issues such as depression, anxiety or self-harm.

Dr Tegwyn Williams, from the Mental Health Services Directorate of ABMU Local Health Board said: "With the arrival of the 2010, many

people will be making New Year's resolutions about their physical health, but it's important not to forget to look after your mental wellbeing, too.

"Mental health often suffers during the festive and new year periods – relationships can become strained, your normal routine is affected, money worries can increase and even an overindulgence on alcohol and unhealthy food can affect

the way you feel and see life. "So make a resolution for 2010 to look after your own emotional health and support others to do the same."

Staradwn Ni plans to launch its website early in the New Year where people will be able to link into the project and access the relevant aspects of the project. Look out for [HYPERLINK "http://www.staradwnni.org.uk"](http://www.staradwnni.org.uk) "mailto:admin@mhmwales.org" "mailto:admin@mhmwales.org" The first 'Staradwn Ni -

'Let's Talk' conference will be on the theme of men and their mental health and will be held in the Bethlehem Church Life Centre, Cefn Cribwr on the afternoon of March 19.

For tickets and further information, contact Mental Health Matters on 01656 651450 or e-mail HYPERLINK "mailto:admin@mhmwales.org" "mailto:admin@mhmwales.org" "mailto:admin@mhmwales.org" rg" "mailto:admin@mhmwales.org" rg" admin@mhmwales.org

'Does anyone approve of roundabout traffic lights?'

CONCERNING the recent letter from DN Norman of Porthcawl regarding the various traffic lights/roundabouts installed by Bridgend County Borough Council, my husband and I fully support all the comments made.

Everyone we know has expressed the same view, and no-one has said the lights are a good thing. Although we are also from Porthcawl, DN Norman is not known to us, so our views are quite independent.

The highways department of Bridgend are obviously obsessed with lights and roundabouts, and cannot use these roads very often, if at all, otherwise they would not have inflicted these road features on the public.

If anyone could start a campaign to rid us of these lights, both where the new Dunelm is, and at the Ewenny roundabout, I am sure they would get great support.

Mrs DE Jackson, Porthcawl

Frustrating wait for lights to change

IN response to the 'Scrap the traffic lights' letter in The GEM by DN Norman on December 31, I'll admit that I rarely use the Waterton roundabout at rush-hour times, but do use the A473 (B&Q) roundabout and experience similar frustrations.

For some time, I have quietly ranted at the council for having traffic lights running 24 hours a day, when there seems to be no necessity.

There is little more frustrating than to sit at a deserted roundabout waiting for the lights to change.

Not only must this be costing us, the taxpayers, dearly in electricity and maintenance, but I have lost count of the number of times lights have had to be completely replaced after accidents.

The depressingly brief time when the traffic lights were not in use at Waterton convinced me that they are not necessary 24/7; queues were very rarely anything like those experienced when they were working.

I'm sure that as the traffic was flowing more naturally, it caused fewer problems at other junctions; traffic moved as a steady stream, not in clusters of cars.

Even the opening of Dunelm Mill on the roundabout did not cause 'traffic chaos'; vindication if ever was needed.

Are we truly powerless to change (or at least debate) this relentless spread of traffic control?

Paul Durrigg, Bridgend

THE COLUMN YOU WRITE Readers' Letters

We reserve the right to edit all letters. We do NOT accept anonymous mail. Letters and emails MUST include full address and a contact telephone number. An email address alone is not sufficient. We will (in certain circumstances), protect a writer's identity, if requested. Please keep your letters brief and address them to: The Editor, Glamorgan GEM Ltd, Graig House, 53 Eastgate, Cowbridge CF71 7EL.

Council could save money'

HAVING read DN Norman's comments on traffic lights at roundabouts as printed in your newspaper, I felt that I had to add my feelings on the subject.

When the traffic lights at the Waterton roundabout were switched off, it was noticeable that there were no long queues waiting at the lights.

The traffic was flowing freely. There would also be a saving on the electricity if the lights were switched off.

Tell the council to save money!
E Jones, Bridgend

No support for lights?

THANK you for printing my letter in last week's GEM. Judging by the other letters from readers, it seems that all are in favour of dispensing with traffic lights.

It is noted that there are no letters to support the retention of same. Does this indicate a conclusion?

Lyn Howells, Croychurch

FOOTNOTE: Do YOU have an opposite view? Email ggem@internet-today.co.uk or write to us at the address given elsewhere on this page.

The Home Heat helpline on standby!

WITH the cold spell set to continue and more snow forecast for Wales, a free phone Home Heat Helpline – 0800 33 66 99 is aimed at vulnerable people – the elderly, the disabled, those living with a long-term health condition or a family on a low income.

The help it provides includes: Access to reduced tariffs – often called 'social tariffs' – which typically provide a

20 per cent saving; grants for free home insulation – with no means testing for those over 70; flexible payment options for customers in fuel debt; access to the Priority Service Register – which includes a free annual gas appliance safety check, and passwords for official gas and electricity-related callers, and

Call 0800 33 66 99 or visit www.homeheathelpline.org.uk for details.

Bringing back 'cruel sport' is not an option

RECENT media reports of the level of support for traditional hunting have painted a somewhat confusing picture.

On one hand, we are being told that hunting is more popular than ever, while on the other, we are being told the Hunting Act must be repealed.

If the Hunting Act 2004, which took the cruelty out of hunting by making it a crime to set dogs onto wild mammals for sport, has resulted in increased popularity, then why repeat the legislation?

The truth is that sadly, some in the hunting fraternity do not accept the change to cruelty-free hunting and want to turn the clocks back to the cruelty and barbarism of the past by repealing the Act.

The European Court of Human Rights recently rejected a claim backed by the Countryside Alliance that the ban infringed an individual's human rights.

This ruling agreed with the UK High Court finding, "that hunting with dogs was cruel and the bans (In England, Wales and Scotland) were justified, as they aimed at preventing disorder, protecting health and morals, and the rights and freedoms of others".

With more than 130 now having been convicted for breaches of the Hunting Act, surely it is high time the minority who enjoy chasing and killing wild animals for sport accepted that repealing a law which would bring back their cruel sport is simply not an option?

The only option is to Keep Cruelty History.

Douglas Batchelor
Chief executive, League Against Cruel Sports

Landmark search

Endemol television, an independent television production company, is working with the BBC on a landmark prime-time BBC2 historical property series.

The programme aims to highlight the plight of spectacular historical properties. If you are renovating a property, interested in being part

of the series, and want to discover more about its structural and social history, call 0333 577 7740, or e-mail homes@endemoluk.com with your name and a few details of your property. (Calls from landlines are charged at 1p per minute and mobile costs may vary)

Sarah Wann, researcher

LOCAL INFORMATION

MADELEINE MOON MP for Bridgend Westminster office - 02072194417, Constituency office - 47 Nolton Street, Bridgend. Open Tuesday, Wednesday and Thursday, 10am - 12pm (by appointment only). Telephone 01656 750002.

HUW IRRANCA-DAVIES MP for Ogmore Constituency Office 01656 737777

JANICE GREGORY AM for Ogmore Constituency Office 01656 860034

CARWYN JONES AM for Bridgend Constituency office 01656 664320

Bethan Jenkins AM for South West Wales Telephone 01639 643549

BRIDGEND CAB Citizens' Advice Bureau, Ground Floor, 26 Dunraven Place, Bridgend CF31 1JD 01656 654951 – Open: Mon: 10:00am to 1:00pm - No callers - Phone only; Tue: 10:00am to 1:00pm - Closes hour earlier; Wed: 10:00am to 1:00pm - Closes hour earlier; Thu: 10:00am to 1:00pm - Closes hour earlier; Fri: 10:00am to 1:00pm - Closes hour earlier.

MAESTEG CAB Citizens' Advice Bureau 01656 734662

POLICE Bridgend 01656 655555

Porthcawl 01656 785411

Maesteg 01656 732122

CRIMESTOPPERS 0800 555111

(Emergency number 999)

COASTGUARD 01792 366534

GAS (escapes and emergency) 0800 111999

ELECTRICITY (power cuts) 0800 0520400

WATER SUPPLY (emergency) 0800 0520130

FLOOD LINE 0845 9881188

HELPLINES

Alcohol and drugs:

Drinkline 0800 9172822

National Drugs Helpline 0800 776600

DASH 01656 650686

SSAFA – Forces Help for serving and ex-service men, women and families in need 01656 785435

RAF Association Welfare Officer 01495 249522/01446 740522

SAMARITANS (emotional support) 01656 662333

MENTAL DISTRESS

(Mental Health Matters) 01656 767045

CHILDLINE 0800 1111

NSPCA 0800 800500

RSPCA 0300 123 0744

WOMEN'S AID 01656 766139

Bridgend Carers' Centre 01656 658479

Alzheimer's Society (Bridgend) 01656 651490

BRIDGEND COUNTY BOROUGH COUNCIL

Housing service

(General inquiries) 01656 643643; (emergencies out of hours) 01656 643643; (homelessness) 01656 643643.

EDUCATION 01656 643643

LEISURE AND COMMUNITY SERVICES 01656 642677

HIGHWAYS (drains, blockages etc) 01656 643643

HIGHWAYS EMERGENCIES (outside normal working hours) 07831 143600

SOCIAL SERVICES (general enquiries) 01656 642200

SOCIAL SERVICE EMERGENCIES (outside normal working hours) 01443 204010

HOSPITALS Princess of Wales Hospital, Bridgend 01656 752752/668090.

Bridgend and District NHS Trust 01656 752752/668090.

VOLUNTARY WORK Bridgend Association of Voluntary Organisations (BAVO) 01656 810400

TOWN AND COMMUNITY COUNCILS

Brackla Community Council 01656 767072

Bridgend Town Council 01656 659943

Cefn Cribwr Community Council 01656 741354

Coity Higher Community Council 01656 656358

Cornelly Community Council 07882 044798

Pyle Community Council 01656 670251

Cochy Higher Community Council 01656 863418

Cochy Lower Community Council 01656 647216

Garw Valley Community Council 01656 736751

Laleston Community Council 01656 656506

Llangynwyd Lower Council 01656 720086

Maesteg Town Council 01656 732631

Merthyr Mawr Community Council 01656 670058

Newcastle Higher Community Council 01446 750663.

Ogmore Valley Community Council 01656 849402

Pencoed Town Council 01656 869031

Porthcawl Town Council 01656 782215

St Brides Minor Community Council 01656 725031

Ynysawdre Community Council 01656 736751

The GEM – A family owned newspaper covering Penarth to Porthcawl!

"We hope you enjoy your GEM"

CAROLINE ATTYA

General Manager & Editorial Director

CLARE GORE

Assistant to General Manager

"We aim to use all local news items submitted"

Please email us at:

ggem@internet-today.co.uk

DON JOHN

Editorial Manager

Professional advertising staff are highly experienced in planning advertising campaigns.

Please email your enquiry to:

gmsales@internet-today.co.uk

MARGARET VANDERWARKER

on 01446 774484

Enquiries concerning payment of accounts may be discussed with our Accounts Manager

MARGARET VANDERWARKER

on 01446 774484

VISIT OUR WEBSITES:

cowbridge-today.co.uk

llantwit-major-today.co.uk

bridgend-today.co.uk

For all enquiries concerning the distribution of this newspaper, please telephone

01446 774484

All advertisements are accepted under our conditions of acceptance.

A copy of this is on display at our Cowbridge office, or will be sent out upon request

Write to us at:

GLAMORGAN GEM,

GRAIG HOUSE,

53 EASTGATE,

COWBRIDGE,

CF71 7EL

Tel: 01446 774484

or email us at:

ggem@internet-today.co.uk

DEAD GIRL DRIVEN TO POLICE STATION**Porthcawl man 'flew into jealous rage' and then murdered lover – court told**

A MARRIED man from Porthcawl murdered his lover less than half his age, when she ditched him and started seeing someone younger, Cardiff Crown Court has heard.

Father-of-two Philip Packer (50) left his wife

during a two-year affair with "attractive and intelligent" Jenna Thomas (21).

But the court heard how jealous Packer flew into a rage after she left him and he discovered that she had started seeing a young man in his twenties.

Porthcawl nightclub worker Packer allegedly

Prosecutor Peter

strangled Jenna in his Volkswagen Bora car after "arguing all day" over their doomed love affair.

The court heard Packer then drove Jenna's lifeless body to a police station to say: "I've parked my car outside and there is a body in it."

Prosecutor Peter

Griffiths QC said: "Officers went out of their station and saw the body of a young woman in the front seat with a blue sheet over it."

"Back inside the police station, Packer said: 'We have argued and argued all day and I strangled her.'"

The court heard he demonstrated with his hands how he had done it – but said he did not mean to kill her.

Cardiff Crown Court heard bright Jenna left school with 11 GCSEs to start a career as a student nurse – but she suddenly quit, to work as a barmaid at a club in Porthcawl, where married man Packer was a doorman.

Mr Griffiths said: "She was an attractive, intelligent, confident, fun-loving girl."

"At the nightclub, they got to know each other and, to many people's surprise, because of the 28-year age difference, they began a relationship – they became an item."

"Jenna was then 19 and Packer was 47. Not surprisingly, her parents disapproved of their relationship."

"Packer's marriage broke up and Jenna and he then began living together in a flat on the

Porthcawl man is arrested for carrying samurai sword in street

A soldier on leave police for help.

Prosecutor John Lloyd said that Private Glendinning was alarmed when David said: "I'm going to get them."

Mr Lloyd said: "Mr Glendinning tried to calm David down, but David started to walk

towards where they had

come from, so Mr Glendinning flagged down a passing police car."

Cardiff Crown Court

was told last week that David was arrested instantly and told officers he was upset because the men had insulted his dead brother.

Private Glendinning tried to talk his friend out of using the weapons – and then flagged down passing

Mr Davies, defending said:

"No harm was done

and what might have

happened we can only speculate."

Shop worker David admitted two charges of carrying an offensive weapon in a public place in Porthcawl.

The Judge, Recorder Andrew Keyser QC, said:

"Your friend hailed that police car for your own sake, as much as anyone else's."

"But for the exceptional circumstances, you would be serving an immediate custodial sentence."

David, who gave a Porthcawl address, was given a 10-month suspended sentence and ordered to do 150 hours unpaid work.

Peter Karrie on stage...

PETER KARRIE, reprises his many stage roles at the Grand Pavilion, Porthcawl on January 15 at 7.30pm.

Read your GEM online - bridgend-today.co.uk or porthcawl-today.co.uk

Youth theatre's free workshops

BRIDGEND Youth Theatre will hold free workshops in theatrical set and costume design at the Grand Pavilion, Porthcawl on January 16, 17, 23, 24 at 10am-3pm.

The project will be led by professional designer Guy O'Donnell. Lowri-Mair Owen, arts development officer, who said: "Our aim is that this project will become a permanent fixture at Bridgend Youth Theatre, and will enable a team of people, the participants, to become responsible for set and costume design and construction on all future theatrical productions of Bridgend Youth Theatre & Dance."

NEW CITROËN GRAND C4 PICASSO 1.6HDI 16v 110HP DPFS VTR+ WITH NIL ADVANCE PAYMENT*

CITROËN prefers TOTAL

www.citroen.co.uk

Model shown:
GRAND C4
PICASSO 2.0 HDI
16v 138HP EGS
EXCLUSIVE
£1395 ADVANCE
PAYMENT*



Worry-free means everything is included for peace of mind

- Use your mobility allowance
- Breakdown cover
- Road tax and insurance
- Servicing and maintenance
- 60,000 mileage allowance
- Specialist advice

Motability
The leading car scheme for disabled people

www.motability.co.uk

Not sure if you qualify for a Motability car? Call 0800 953 4002

NUMBER ONE FOR MOTABILITY
WALES' LARGEST CITROËN DEALER

CREATIVE TECHNOLOGIE

"VALID FOR QUALIFYING MOTABILITY CUSTOMER ORDERS UNTIL 31/03/10. AVAILABLE FOR MOTABILITY CONTRACT HIRE SCHEME CUSTOMERS, ONLY ON QUALIFYING NEW CARS SOURCED FROM CITROËN UK LTD. MODELS SUBJECT TO STOCK AVAILABILITY AND QUARTERLY PRICE CHANGES. NO OTHER PROMOTIONAL OFFERS APPLY. TERMS & CONDITIONS APPLY. PLEASE ASK US FOR DETAILS. OFFICIAL GOVERNMENT FUEL CONSUMPTION FIGURES (RANGE): URBAN CYCLE, EXTRA URBAN, COMBINED (LITRES PER 100KM/MPG) & CO 2 EMISSIONS (G/KM); HIGHEST: CITROËN GRAND C4 PICASSO 1.6 16V VT 120HP 10.0/28.2, 5.9/47.9, 7.4/38.2, 174. LOWEST: CITROËN GRAND C4 PICASSO 1.6HDI 16V 110HP DPFS EGS 6.4/44.1, 4.7/60.1, 5.3/53.3, 140."

BASSETTS - BRIDGEND 01656 649009

SOUTH ROAD, BRIDGEND INDUSTRIAL ESTATE, BRIDGEND, MID GLAMORGAN, CF31 3UL
www.bassettsbridgend.citroen.co.uk

It's déjà vu all over again as the snow comes down!

ABOVE: Once again, Bridgend county borough residents woke on a Wednesday morning to a heavy snowfall. The Bridgend by-pass was almost deserted in the morning, as most car owners stayed at home.

NEWS FROM THE BRIDGEND CHESS LEAGUE**The Time Lords continue on their winning streak**

NO divine intervention came to the aid of the Caerphilly Kings, as snow, ice and freezing temperatures failed to prevent the Bridgend Time Lords turning out at the Twyn Community Centre, Caerphilly.

The visitors nearly paid for their wintry enthusiasm. Looking to maintain their unbeaten campaign thus far, David Robinson and Paul Tew both succumbed to Rod Gough and Bob Hurn respectively.

Femi Adebajo, playing with the white pieces on board three, clawed a point back. His opponent Graham Cantello committed chess suicide when he gifted his queen to the Bridgend player.

Knight forks are often nasty, but when the your queen and king are simultaneously under threat from a knight, and you know you can only move the king, you cannot prevent the blood rushing from your face to reveal a look of sheer dread.

Trailing by a point, the Time Lords left it to their two IMs to seal the win. Roland Berzinsh swept aside John Thornton, while Odion Aikhoe beat Gwynfor Rees, earning the Time Lords a 3-2 win.

WEEKLY CHESS PUZZLE

SOLVE the chess puzzle above and submit your entry to us.

Each week, there is a free month's membership to Bridgend Chess Club up for grabs. In addition, each entry is placed into our monthly prize draw.

White to play • Mate in three moves

Puzzle: BCC-010

The GEM - December 31, 2009

Answer: Puzzle BCC-008

1. Rx f4 Kh2 2. Rxh4+ Kg1 3. Rxg3#

No Winner

January's Book Prize: *Simple Winning Chess* by Chris Baker
Entries to: 53 Eastgate, Cowbridge, CF71 7EL
Email entries to: andrew@bridgendchessclub.org.uk

ANDREW TRICKEY

Learn something new in 2010

HAVE you ever thought about going back to learning, but your past experiences are putting you off?

Would you like to brush up on a few of the basics to help you manage your money better, or write letters and e-mails more clearly?

Or maybe you're looking for a job but don't know where to start?

Bridgend County Borough Council's new Bridges into Work service is designed to help people like you, who

want to improve their skills or get back into the job market after a long time out.

Sam Edwards, the programme manager for Bridges into Work, says:

"The service is different to lots of other help available in the area because it's completely free and voluntary – once you join it's up to you what courses you do and how much support you take up."

"We know that lots of people who have had bad experiences of learning in the past may dread the idea of returning to the classroom, but our classes are quite small and very informal

so they can help people feel more confident really quickly."

"It's also great because we're working in close partnership with Bridgend County Borough Council's Adult Community Learning service, so that all of their courses are free to people who sign up to the project."

"Together, we'll be offering courses in lots of new places in communities that may not have had them before, so more people can have a chance to improve their skills without having to travel a long way to get them."

"For those who just want a bit of support to

look for jobs and fill in application forms, the service is brilliant, because we can do one-to-one sessions built around the needs of the person looking for work."

Bridges into Work has dedicated development workers based all over Bridgend who can meet you somewhere close to home at a time that's good for you.

They can help you to start thinking about new learning directions, building your confidence, or even to start looking for a job if that's what you want – it's up to you.

"Even better, if you get a job they can carry

on supporting you for up to one year if you need extra help or training to help you with your new work."

Sam Edwards added: "Bridges into Work's new courses start on January 25 and include CV workshops, Online Job Searching and Interview Skills."

"You can call us on 01656 642619 for a chat about the project, or e-mail us on bridgesintowork@bridgend.gov.uk if you prefer."

For further information, contact Sam Edwards 01656 642619, sam.edwards@bridgend.gov.uk (see advert on page 6).

Woman dies after Stormy Down crash

POLICE are appealing for witnesses to a road accident in which a woman died at about 3.30pm on Saturday, January 9 on the east-bound carriageway of the A48 at Stormy Down near Bridgend.

She was named as Kim Jenkins-Batchelor, aged 22.

Her family have paid the following tribute:

"Kim was fun loving, with a bubbly personality and full of affection.

"She will be sadly missed by her family and all who knew her. She has left a hole that can't be



Kim Jenkins-Batchelor pictured with her fiancé Gareth.

tion is asked to contact the roads policing unit on 01656 869 332, or 101, or Crimestoppers on 0800 555 111.

The GEM has joined forces with the Dog's Trust to find caring new owners for animals at its Bridgend Rehoming Centre (TELEPHONE 01656 725219)

Emmett is looking for a patient owner

THIS WEEK:
Emmett is a Jack Russell Terrier, described by a centre spokeswoman as a sweet lad, but he can be quite unsure how to react in some situations.

"He does mix with other dogs off lead, but can get wound up when on the lead, so he will need further training."

"He's a fun little chap, he loves his toys and he's very affectionate. He is bright and active and will need plenty of exercise."

"He says that Emmett, who is between one and two years old, can live with children of 11 years and over. He could live with a female dog, who is quite calm and has good social skills."

"He will need an owner with experience of owning Terriers. His new owner will need to be prepared to continue his training."



EMMETT.

Shoecare

Shoe repairs, key cutting and engraving

Cut Price KEY CUTTING

**25% off
all types of keys
(including household keys
and car keys)**

6a Penny Lane Cowbridge

(next to Strawberry Fields)

Tel: 01446 773 756

**Cannot be used in conjunction with any other offers.
Photocopies are not accepted. Valid until 31st March 2010**



Rydym yn cynnig cymorth ariannol rhwng £1000 a £5000 i fusnesau bach yn Nwyrain Cymru.

Brysiau – 'dyw e ond ar gael tan ddiwedd Mawrth.

We offer financial support of between £1000-£5000 for small businesses in East Wales.

Hurry, it's only available until the end of March.



**Cymorth Hyblyg i Fusnes
Flexible Support for Business**

Am fwy o wybodaeth ac i godarnhau cymwysedd, ffônwch ni neu mewngofnodwch.
03000 6 03000 chif.cymru.gov.uk

For more information and to check eligibility, give us a call or log on.
03000 6 03000 fs4b.wales.gov.uk

NORTH BRIDGEND NEWS

A message for all readers in the north of Bridgend who would like to have items included in the community news columns of The GEM:

If you wish to submit reports on any social activity in this region, please contact me.

I am very approachable and will endeavour to include every newsworthy subject.

Contact details: CLIVE MITCHELL

1 Tyn-Y-Coed Close, Sarn, Bridgend CF32 9NQ

TEL: 01656 725399

email: tyncoed1@yahoo.co.uk

**Children steal the show!**

GARW Valley male choir (*Cor Meibion Cwm Garw*) joined Betws primary school choir at their recent Christmas concert in school.

A wonderful programme of carols concluded with a joint rendering of the foot tapping 'Jingle Bell Rock' (sung twice by popular demand!).

The choir also joined with Pencoed silver band as guests of the Blaengarw ladies choir at their recent annual Christmas concert in Blaengarw RFC.

The varied programme of music set the tone for a festive celebration.

The choir also joined in the festivities at the community Christmas concert in the Richard Price Centre, Llangeinor.

The concert had been arranged and compered by Rev James Brown of Calfaria Baptist church, accompanied by his wife Anne.

The opening performance by the Tynyrheol primary school choir brought the comment by Rev James... "Now then, I wonder who has just stolen the show", with their version of 'Child in a manger born' and 'Midnight'.

It was an enjoyable evening, that also included the Blaengarw ladies choir and the ensemble of Calfaria church.

The evening concluded with everyone singing 'Silent Night', and enjoying mince pies.

The choir participated in the Christmas carol service at St David's church, Pontycymer, which was attended by Huw Irranca-Davies MP with his wife Joanna, Bridgend CB councillor Reg Jenkins and community councillor Teresa Jenkins.

Each year the performances get better and better!

Bridgend Young Singer of the Year

ON Saturday, January 30, at 7pm, there is an opportunity to hear the wealth of young talent that exists in Bridgend CBC at Maesteg town hall.

The contest, organised by the Maesteg Gleemen male voice choir and sponsored by Dunraven Windows, has support

You can now read your Glamorgan GEM online - log onto www.bridgend-today.co.uk or www.porthcawl-today.co.uk

£1,260 donation helps to keep swimmers safer

LIFEGUARDS in Porthcawl have been presented with a £1,260 donation to help keep local swimmers safe.

The Rest Bay Lifeguard Club provides a voluntary service on one of the busiest beaches in Wales.

With over 200 members, it trains youngsters as young as seven years in lifesaving and beach and water safety.

The money from the Co-op is being used to purchase nipper boards for its youngest members.

Vice-captain Chris Page said:

"During the summer months our nipper members, aged seven to 13, train every week at Rest Bay."

"However, they can't participate at the same time, because we don't have enough paddle boards."

"Previous grants from the Co-operative have greatly improved our training sessions, and this latest award means we can buy an additional six nipper boards for the youngsters."

The donation comes from the Co-operative's Community Fund, part of the group's membership share of profits scheme, which offers customer members cash back.

They can choose to keep the cash or donate to local good causes.

Last year the Co-operative paid out £41 million to members and over £1 million to local community groups.

Everyone is welcome.

**COMMUNITY NEWS**

TREOES, LLANGAN & ST MARY HILL

Your local correspondent is Nancy Davidge, "Tynewydd", Llangan. (01656) 860303

Church award

MRS MARY LLOYD of St Mary Hill, has received an award for her dedication to the rural church by *Country Life* magazine.

Mary received her award from the Archbishop of Canterbury at Lambeth Palace.

She tends to her cattle and other farm duties at her hill top home, but is never too busy to help people in the local neighbourhood.

She is known for her dedication to the three churches, St Mary Hill Church, St Canna's, Llangan, and St Crallo's, Coedchurch.

In spite of a painful injury to her wrist last year, Mary continued playing the organ at the three churches.

She is in constant demand for funerals,

Hall meeting

A MEETING will take place on Friday, January 15 at 7.30pm in Llangan and St Mary Hill community hall in the hope that a new hall committee will be elected.

Residents of Llangan and St Mary Hill will, hopefully, show an interest, with new ideas and a programme that will be of interest to the different age groups. I understand four of the former committee members are prepared to continue.

Chapel work

SOME work has been carried out on the Ruthin Chapel; the windows have been boarded up, perhaps as a temporary measure, with full renovation taking place in the summer.

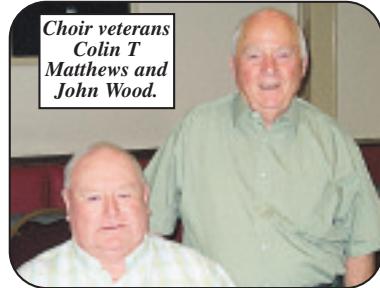
She is in constant demand for funerals,

Choir celebrates its half century with a special birthday CD

The choir at a recent Cancer Research Wales Concert in St David's Hall, Cardiff.



LEFT: The cover of the Bridgend choir's new 50th birthday 'Classic Male' CD.



Choir veterans Colin T Matthews and John Wood.

TO celebrate its 50th birthday, Bridgend Male Choir has released a new CD 'Classic Male' which is now available.

The CD is a compilation of songs which show the versatility of the choir and includes both tranquil and rousing items, such as traditional Welsh songs from the shows, and is designed to meet the musical tastes of all listeners.

Also included are 'Bring Him Home' from *Les Misérables* and probably the most popular of all Welsh hymns 'Gwahoddiad'.

These two items were voted for by choristers as their favourite songs of all time.

In addition to its own accomplished musical director, John Jenkins, Laura Smith (piano) and Scott Williams (organ), also taking part in the recording were musicians from the orchestra at the Welsh National Opera and the BBC Wales Orchestra.

It was produced by the renowned Gordon Lorenz, who has produced more than 800 albums, mostly for artists of international renown. Initial CD sales

have been hugely encouraging and content feedback has been excellent. This popular CD can be purchased in Bridgend at either The News Shop in Dunraven Place, Porters Estate Agents in Nolton Street, on-line at the choir website www.bridgendmalechoir.co.uk or from any chorister.

Colin T Matthews (sitting) and John Wood (standing) are two founder members of the choir who took part in its first-ever concert at Tabernacle Chapel, Pontycymer 50 years ago.

John is from Bettws and Colin from Brynmenyn. Both are life members, rarely missing practice or concerts.

Other life members (rewarded after 40 years' continual service) are John Morgan (Pendre); Peter Anderson (Brickla); Leon Evans (Bryncethin); Alan Roberts Jones (Laleston) and Glyn Thomas (South Cornelly).

Longevity seems to be a feature of the choir, as chairman, Mansel Abraham, is entering his 36th year in the role!

DAVID T BURT

Help on the way to beat the cold - MP

BRIDGEND MP Madeleine Moon has urged vulnerable families in Bridgend not to worry about turning up the heat "as the Government pays out millions in cold weather payments to the elderly and those on certain benefits".

She said: "Around £200 million in payments has been racked up so far this winter, with just over £70 million of this over the cold New Year's weekend.

"As the cold weather continues, I don't want vulnerable people to be afraid to keep the heating on. I especially want the elderly to know that extra help is on the way.

"There are two ways we are helping this winter - with winter fuel payments of £250 or £400 for the over-80s, and 60,200 people in our area getting the increased cold weather payments of £25. The payments are automatic so everyone entitled will get them.

"As well as the cold weather payments, over 12.3 million older people will benefit from winter fuel payments, totalling about £2.7bn," the MP concluded.

TV switchover starts on 3 March.

Questions?
Call 08456 50 50 50
(English language),
08458 48 48 48
(Welsh language).



get set for digital

**FOY & CO. INTERIORS
RE-UPHOLSTERY & CURTAIN MAKING**

Your 3-piece suite re-upholstered in leather/fabric or loose covers made!

Huge range of leading designer fabrics
All current, to clear from £4 per mtr

Open Monday to Saturday 7.30am-5pm

(01446) 771210

Mobile (07971) 538414

Unit 8B2 Vale Business Park

Llandow, Cowbridge, CF71 7PF

email: mmariamfoyle@aol.com



Learn something new this year

Have you been thinking about learning something new but don't know where to start? Then we can help - and it won't cost you a penny. Bridges into Work is a Bridgend County Borough Council project set up to support you back into learning (and work if that's what you want). We are open to anyone working less than 16 hours a week and not in full time education. We can provide **FREE** learning and support to suit you and for as long as you need it.

Everyone signed up to Bridges into Work can go to any course provided by the **Adult Community Learning** service completely **FREE OF CHARGE** this term - they usually cost between £6.40 and £32. There are still places on lots of courses in the following subject areas:

- Arts
- Languages
- Computers (beginners and advanced)
- Cookery
- Health & Beauty
- Horticulture
- Music
- Photography
- Social Studies
- Skills for Life
- Essential Skills in English & Maths



Bridges into Work is also providing work-related courses across Bridgend for those who want them, including:

- Basic Food Hygiene (with three year certificate)
- Emergency First Aid at Work (with three year certificate)
- Manual Handling (with three year certificate)
- Choosing the right job
- Applying for jobs
- Interview skills
- CV writing workshops
- Online job searches



If you'd like to know more about how to sign up to any of these courses, or just about how the project may be able to help you, please give us a call on the number below.

T: 01656 642605 Email: bridgesintowork@bridgend.gov.uk

DAVE DOES HIS DREAM TRIP ALONG ROUTE-66 – and raises £4,280 for charity!

REPORT by PHILIP IRWIN

FOR a lifelong motorbike enthusiast such as Dave Curl, of North Cornelly, there can be few more seductive ideas than the notion of setting out to ride across America on Route 66.

As the song goes, it does "wind from Chicago to LA, more than 2,000 miles along the way". In fact, according to Dave's mileometer, it totals, 2,720!

Add to that the list of evocative towns along the road, from St Louis to Oklahoma City, and from Gallup (New Mexico) to San Bernadino.

Not forgetting, of course, Amarillo of Tony Christie fame, Albuquerque from 'By the Time I get to Phoenix', and Winslow, Arizona (ask any Eagles' fan!)

Dave, who is 67, managed to combine this 17-day trip to the heart of America with raising the startling sum of

£4,280 – thanks to a suggestion from his wife Sandra, who has been a Macmillan fundraiser on the Bridgend and district committee for 15 years.

Dave said: "My brother Jim died of cancer last year, and Sandra said I should do the ride as a tribute to him, and help our Macmillan at the same time.

"In the end, we had fantastic support from sponsors, with the Bridgend Lions Club giving us £300 – that was a real boost!"

Dave tackled the ride with Steve Everitt, a friend and fellow member of the Bridgend and District British Bike Club.

They flew to Chicago and joined a group of 15 other riders, with motels pre-booked and a firm timetable to follow. Some of the riders were Dave's age, but some were younger.

There was even a honeymoon couple!

Dave said: "We had to travel around 300 miles a day, with one day off mid-trip at Albuquerque, where we went to the New Mexico



Dave Curl, Liz Cole (area fundraising manager for Macmillan Cancer Support), and Sue Pickin (fundraising manager).

State Fair. The first week, to be honest, was a little featureless, a bit like motorway riding, but when we hit Texas, Arizona and New Mexico it really felt that we were out on our own.

"Sometimes the road became a simple dirt track, and I remember arriving at an old mining town, where there were still mules and donkeys wandering the streets."

However, the nearer the party got to Los Angeles, the nearer they were to 'civilisation'.

Dave said: "All of a sudden, it was a case of having to cope on a six-lane highway!"

Amazingly, out of a group of 17 motorcyclists, the only mishap was one puncture. Dave said: "We had a great welcome everywhere we went, and people were always crowding around to see the bikes."

Dave and Steve flew home from LA, and Dave was welcomed by Sue Pickin and Liz Cole of Macmillan.

Sue said: "Thank you to all who supported Dave and helped raise this magnificent sum of money to support people affected by cancer."



ABOVE:
Shades of Easy Rider as Dave flies the Welsh flag out in the mid-west.



ABOVE:
Journey's end for Dave Curl in Los Angeles.

Planning proposals in Bridgend borough

J & J Motors Ltd – J & J Motors, A48 bypass, South Laleston, Bridgend – relax condition 6 of 07/1109 to allow parking for storage of cars awaiting preparation (not just for staff parking).
Mr C Howells – Garth Inn, 140 Bridgend Road, Maesteg – new front boundary walls and additional car parking at rear with improved vehicle access.

Bridgend school performances are below the national average for Wales

SCHOOL performance in Bridgend is below the Welsh average at two of the key stages, but stands at the average in one and just

by **JAYNE ISAAC**

fifths of pupils achieving the required standard.

Pupils who are taught in Welsh as a first language have done better – with performances steadily improving over the years and the 2009 performance was above the Welsh average.

The figures relate to the school year 2008-09 and the report stated that at Key Stage One (age up to seven), Bridgend schools were at the Welsh average.

There was also a gender gap between boys and girls attainments of just under 10 percentage points – and this remains broadly consistent at each key stage.

The girls are out performing the boys at every age.

They were slightly above the average at Key Stage 2, which is up to age 11.

But they were below the Welsh average by between two and four percentage points at Key Stage 3, up to age 14, and also at Key Stage 4, up to age 16.

But the results have to be considered in the context of the socio-economic profile of the county borough.

The percentage of pupils in Bridgend who qualify for free school meals, which is commonly used as an indicator of disadvantage, is slightly higher than the Welsh average.

Wales abandoned the SAT tests several years ago and the results are based on teacher assessments of pupils.

Analysing the figures, the report states that performance across the education authority has fallen slightly in English and maths at KS1 over the past five years, but remains in line with national performance.

The figures appear to have reached a plateau, with more than four

ances elsewhere in Wales have improved slightly over the same period.

Although a lot of work has been done to improve GCSE results in science, there is still a weakness in the scientific enquiry attainment target.

At KS4, which is GCSE, there was an increase in the number of pupils attaining five GCSE passes at grades A* to C by three percent to 59.5 – just 1.1 per cent below the Welsh average.

The number of children getting five passes at grades A* to G stands at the Welsh average.

The number of children leaving full time education with no qualification remained at 0.9 per cent – just 15 pupils – a figure that has halved since 2007.

At GCSE, the authority found that the proportion of young people getting higher grade passes between A* and C in the core subjects was below the Welsh average by up to three per cent in each case.

But the authority has found variations between performances in individual schools and also variations between subjects from school to school.

There were bigger differences in results for maths and science than for English.

The report highlights that the differences were greater than could be accounted for by socio-economic reasons, and the council advisory service

ESIS is now working with schools to identify subject areas that require improvement and to define the steps that need to be taken in those subjects.



Over the next few weeks Christ College Brecon will be holding a series of Scholarship and Entrance assessment days for prospective pupils wishing to join the school in September 2010.

The Sixth Form Assessment day will take place on Thursday 21st January and scholarships are available for Academic, Sport, Music and Science. Junior and Senior Scholarship Assessment days will be held on Friday 5th and Saturday 6th February. These assessments are designed for pupils looking to join in Year 7 and 9 upwards. Junior scholarships are available for Academic, Music, and Sport. Senior scholarships are available for Academic, Music, Sport, Science and Art.

The 2008/9 Academic Year concluded with the best ever grades at A level results. An impressive 75% of all grades were A or B, and Christ College leavers have been accepted into a range of top universities. Pride of place once again went to the Maths and Science Departments where 80% of the grades were A or B, and the Art/Photography Departments where 96% of grades were A or B.

There are over 320 pupils at Christ College Brecon, a size which enables it to provide a real academic focus whilst providing an unrivalled extra-curricular programme, giving everyone the chance to form close friendships and to develop a real sense of belonging.

Parents and guardians value the unique care and concern that pupils receive at Christ College – individual mentoring and support from highly qualified and experienced staff which extends beyond the classroom to every aspect of daily life and leads to a high level of achievement in both academic and non-academic areas.

For details, visit www.christcollegebrecon.com or contact the Admissions Registrar on 01874 615440 or via email on admissions@christcollegebrecon.com



An inspiring setting in which to

live, learn and grow

HMC independent boarding and day school for boys and girls 11 - 18 set in the heart of the beautiful Brecon Beacons National Park.

ENTRANCE AND SCHOLARSHIP ASSESSMENTS FOR SEPTEMBER 2010

Scholarships available for entry in September 2010:

Academic, Music, Science, Sport, Art & All-Rounders

Sixth Form Assessments - Thursday 21st January 2010

Year 7 and 9 Assessments - Saturday 6th February 2010

Individual mentoring and support prevails throughout

Generous scholarships and bursaries available

"Results are extraordinarily good - the range of subjects offered amazes one!"
Good Schools Guide 2009

For more information visit www.christcollegebrecon.com or contact Margaret Stephens, Admissions Registrar, on 01874 615440 or email admissions@christcollegebrecon.com



'HANDS OFF THE HARLEQUIN!'

– Welsh Assembly tells council

THE Welsh Assembly has refused to allow Bridgend County Borough Council to demolish the old Harlequin building in Hillsboro Place car park, Porthcawl.

The council had applied for consent to the Assembly, as the building is located within a conservation area.

The council said it wished to improve and expand the car park by demolishing the building, which for many years housed Harlequin Antiques.

The application was dealt with by Hannah Beck, decisions manager in the planning division at the Assembly, and has been endorsed by Environment Minister Jane Davidson.

In her letter of decision sent to the council, Ms Beck said that she was required to have special regard for the desirability of preserving the building or its setting, or any features of special architectural or historic interest it possesses.

There is a general presumption in favour of retaining buildings which make a positive contribution to the char-

acter or appearance of a conservation area.

Although it is not a listed building, because it is in a conservation area, it should be viewed against the same broad criteria as if it were listed.

Consent for demolition should not be given, unless there are acceptable and detailed plans for redevelopment. The merits of this development need to be considered.

Cadw's senior conservation surveyor inspected the building and his report stated: "The unusual, individual and peculiar-looking building does make a positive contribution to the character and appearance of the conservation area."

"The fabric of the former Harlequin Antiques building is currently in a dilapidated condition, due to lack of maintenance and is in a state of disrepair:

"Even so, it does make a positive contribution to the character of the conservation area and its surroundings with its unusual appearance."

The surveyor said that the council's application was lacking in information and did not comply with the requirements of a Welsh Office circular concerned with demolition.

Ms Beck found nothing that would lead her to disagree with Cadw and with their surveyor's

assessment that council's case was "weak" especially as the building makes a positive contribution to the character and appearance of the conservation area.

Cadw says that although the applicant believes that a vacant site would be preferable to the empty dilapidated building currently there, their arguments are not convincing enough and do not comply with the guidance.

The surveyor urged the assembly to refuse the application.

Ms Beck found nothing that would lead her to disagree with Cadw and with their surveyor's

assessment that council's case was "weak" especially as the building makes a positive contribution to the character and appearance of the conservation area.

Although the council had submitted a condition survey, no evidence had been provided to support their statements about the cost of repair or the absence of a ready market for re-use.

Mrs Beck said: "The building makes a positive contribution to the conservation area and its demolition would not enhance the conservation area aesthetically."

She refused the council's application.

DESPITE the very cold weather and the snow, a superb evening was had at the Fox and Hounds to bring in the New Year.

Landlord Mark Lewis would like to thank all for their support on the occasion.

ON December 27, I saw the first snowdrops in my garden.

I keep a nature diary and referring to this, I note my snowdrops were out at the same time in 2007...

CONGRATULATIONS from all your friends to Joan Kinsbrook of Southerndown, who celebrates her 'big' 90th birthday on January 19 with her family and close friends.

CANCELLATION – because of the inclement weather and for safety reasons, the free coffee morning arranged by Ewenny Community Council to view the plans for Wick Play and War memorial area has been postponed until the weather improves.

Laying a table for the diners of tomorrow!

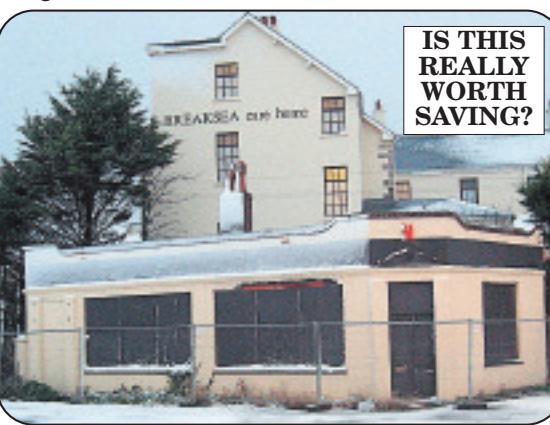
The Great House spokeswoman said.

She added: "We've

Hotel in Laleston, near Bridgend, is urging young diners to sample the very best of freshly prepared good food.

The Great House always welcomed well-behaved children and young diners' menu for we feel that the time is right to get families around the table, not the TV – to enjoy a free range ingredients, lovely meal together targeting tots, toddlers with no fuss – just good service."

You can now read your Glamorgan GEM online – log onto bridgend-today.co.uk or porthcawl-today.co.uk



ABOVE: The Harlequin building. Do GEM readers agree with CADW's assessment of the building's merit?

Write to us at the address given on page 2.

The BIG Winter SALE

SALE NOW ON

BIG Savings on EVERYTHING throughout the store

Gplan • Stressless Duresta • Steed • Peter Guild • Wade
Bonyant • Alstons Baker • Cornwell • Willis & Gambier
Tempur • Hypnos • Relyon • Myers • Sealy Brindons
Axminster • Adams ...and many more

up to
50% off

Free Parking

Finance available*

www.georgestreet.co.uk



Rauch Kent 4 Door Wardrobe

in Beech Finish

Was £999 Save £150

Now only £249

The WestPoint Corner Unit

With 5 Leather Seats,

Available in Brown or Black

Was £999 Save £250

Now only £749



GEORGE STREET FURNISHERS est. 1951

Furniture • Carpets • Beds • Bathrooms

NEWPORT 01633 214241

CARDIFF 02920 49 27 27

19-21 George Street, Newport, NP20 1EN (Just off George St Bridge on A48)

374 Newport Road, Cardiff, CF23 8JE (Next to the Range)

Mon/Thurs 9.00am-8.00pm • Tues/Wed/Fri/Sat 9.00am-5.30pm • Sun 11.00am-5.00pm

Mon/Wed 9.30am-7.00pm • Tues/Thurs/Fri/Sat 9.30-6.00pm • Sun 10.30am-4.30pm

*Selected Lines only *Conditions apply, see instore for details.

IT'S ALL HANDS ON DECK AS THE SNOW RETURNS!

REPORT by JAYNE ISAAC

IT was all hands on deck at Bridgend County Borough Council as heavy snow again hit the borough on Tuesday night.

The council deployed 10 gritters, six JCBs and 25 handgangs comprising more than 100 workers to tackle the need for snow clearance and gritting.

The handgangs were deployed to town centres and also steep approaches to clear snow and then grit.

Yesterday morning (Wednesday), the only roads in the borough that were closed were the Bwlch mountain road at Nantymoel, which has been closed for well over a week, and also Neath Road in Maesteg, which is the main road leading from the town to

since just before Christmas means that, of Tuesday, just 400 tonnes remained – although this was better than at many other councils which have been down to less than 100 tonnes in some cases.

Bridgend has ordered 3,000 more tonnes, but the government is now controlling the supply chain and is giving supplies to councils that have run out.

A council spokesman said that the council was conserving its supplies, to ensure that it was able to keep the main highway network open.

While the council had responded to residents' requests to salt side streets wherever possible, it would be unable to do so again until they get fresh supplies of salt.

The council had a stockpile of 3,500 tonnes of salt at the start of the winter, but the unprecedented weather

Most schools were closed on Wednesday and special arrangements were made for those children sitting exams this week.

In some cases, alternative venues were set up if children were unable to reach their schools. These arrangements also apply to pupils at Ysgol Gyfun Llanharan.

Refuse collection was cancelled on Wednesday because of the heavy snow and the position was due to be reviewed this morning (Thursday). Residents will be kept informed of what they should do.

All the council's home care and meals on wheels services have kept going normally throughout the cold snap and a spokesman said that no problems had been reported yesterday.

Council unhappy over former leader's refuse row comments

THE GEM has received the following press statement from a spokesperson for Bridgend County Borough Council (BCBC), relating to our page 1 story last week about the decision to move to fortnightly refuse collections.

This article can still be read on-line at www.bridgend.gov.uk but for the benefit of readers who are not on the net, it is necessary to explain that the comments referred to in the statement were all made by Coun Cheryl Green, the former Leader of BCBC.

The full statement reads as follows:

Bryngarw's new board

A management board is to be set up to oversee Bryngarw Country Park and Bryngarw House.

Bridgend County Borough Council's cabinet has agreed to set up the board as part of a bid for European money to upgrade facilities at the park.

The new board, consisting entirely of officers drawn from different departments, will oversee the strategic management of the park and house, and also the

B-LEAF project, which is also based there. This involves people with learning difficulties who grow and sell plants.

There is already a review of Bryngarw under way, with various options to be considered, including involving a partner from the private sector in the running of the house, although no decisions have been taken.

The council is seeking a more sustainable business model for the future.

Opti-myst Flame Effect Stoves

The article concerned merely quoted comments made by Coun Cheryl Green. BCBC was, as is customary, given every opportunity

to respond – and did so. For instance, in last week's article is the following paragraph:

“...a BCBC spokesman said:

“Members were all emailed the day after the November 3 cabinet meeting to inform them that the call-in period for cabinet decisions would expire on November 9 – and no call-in requests were received.”

BCBC was also given considerable space on page 1 and page 7 to put across its point of view, and the above paragraph relating to the call-in procedure was also repeated there.

The press statement carried by The GEM today, therefore, means that it is the third time that BCBC has put its view across.

There was no suggestion in the article that officers have an unhealthy influence over decision-making by the council.

DIMPLEX HEATERS

Opti-myst Flame Effect Stoves

Fuel Effect Fires

Panel Heaters

Convector Heaters

Designer Towel Rails

Storage Heaters

Outdoor Patio Heaters



Wales' leading stockist of Dimplex Heating products

25% OFF ALL KITCHENS

and you will pay only 15% VAT during sale time only!



**Huge Range of Door-styles
SPECIAL DEALS
on all Luxury Work Surfaces**

**Made to Measure
FREE!!**

Design, Quote & Delivery

**Specialist Fitting
or Supply only**

**Over 40 Years
EXPERIENCE**

KITCHEN MAKE-OVER SPECIALISTS

We supply and fit made to measure doors – all styles.

New tops, taps, sinks, lights, etc.

We supply and install **ALL MAJOR APPLIANCES** many with a 5-Year Warranty



**Low, Low
Prices on our
FLAT PACK
RANGE
Fasssssst
Delivery!**

Sale continues due to Popular Demand!

**NOW ON UNTIL THE
END OF JANUARY**

Want an Instant Quote? Bring in your measurements for an in-store plan, instant quote and a free cup of coffee. Our designer will also visit your home and produce computer aided designs of your new kitchen or bedroom **FREE!!**

Manufacturers and Suppliers of Luxury Kitchens and Bedroom Suites



CREFFT

**KITCHENS &
BEDROOMS**

**THE STUDIO,
11-12 SUBWAY ROAD,
THE WATERFRONT,
BARRY, CF63 4QT**

Tel: 01446 736421

Dock View Road

WE ARE
HERE

Subway Rd

Ffordd Mileniwm

**email: paul@crefftitchens.com
www.crefftitchens.co.uk**

**All joinery products
made the way you want them...**



- Doors
- Windows
- Kitchens
- Bedrooms
- Mouldings
- Hand-made Furniture

Fully insured for your peace of mind

GLYNN SEWELL JOINERY LTD

With over 15 years experience, we have furnished many houses, hotels, hospitals and schools with excellent fixtures, fittings and fitted mouldings. No project is too big or small and all items are individually custom made. You can confidently rely on us to deliver a first class product with a price to match.

01446 421112

07813 840926/07973 530073

e-mail: info@gjjoinery.net

FESTIVE RUNNERS CAME OUT IN FORCE TO RACE AROUND PORTHCAWL'S STREETS

THE Boxing Day Fun Run, organised by Porthcawl Lions Club, was once again well attended by runners looking to work off their Christmas dinner – and raise cash for charity at the same time.

Starting and finishing at the Hi-Tide Inn, the event was again run over its unique '38 furlong' course (4.75 miles), and catered for both serious and fun runners.

The course took the runners along Porthcawl Esplanade, and then around the town, before finishing back at the Hi-Tide.



ABOVE: Pictured at the start are: Les Higgins (Porthcawl Lions), the Mayor of Porthcawl, Coun Rosemary Deere and her consort Coun David Deere, and Geoff Thomas, president of Porthcawl Lions.



ABOVE: The race gets under way. (All photographs by KEITH E MORGAN).

RIGHT: First veteran home was Keith Powell.



BELOW: Members of the Sandville Self-Help Centre have a special dispensation, whereby they walk the course to raise funds. The group are seen recovering after the race.



RIGHT: Anthony Powell was the first man home in the race.



ABOVE: The first junior boy home was Connor Tantum.



RIGHT: Porthcawl British Legion chairman Ruth Birch ran with her poppy!



ABOVE: More fancy dress entries, pictured just before the race.



RIGHT: The first woman runner to finish was Ceri Sims, seen here receiving her T-shirt and prize.



LEFT: Still smiling at the finish!



BELOW: Entered in the race were six members of the same family – the Furlongs.



Local runners came out in force to race around the streets of Porthcawl

(Continued from facing page).



ABOVE:
The first runner in fancy dress to finish was Matthew Burnell.



ABOVE: Fancy dress entries were popular... BELOW: ...and baby came too!



'Small-sided football just got bigger' Bridgend Premier 6-a-side football league expands

SMALL-SIDED
football in
Bridgend has just
got bigger, with the
expansion of its
premier six-a-side
league.

Leisure Leagues –
organisers of five and
six-a-side football –
announced that the new
season of its Sunday
league at Pencoed
Comprehensive School
will kick off for the first
time with two divisions.

League manager
Claire Woodcock – who
is overseeing the newly-
expanded competition –
said the move was a test-
ament to the hard work
of the staff who run the
league on the ground: “We
really are very fortu-
nate to have wonderful
people at the league in
Bridgend,” Claire
explained.

“The team of referees
have things down at the
school running like
clockwork on match

nights.”
The league in
Bridgend has grown
steadily over the last 12
months and Claire
admitted it was always a
long-term aim to see a
second division opening.

“The teams have been
saying to us for a long
time that it was what
they wanted,” she
explained.

“We are very pleased
that after a year of trying
to make it happen, the
new season will kick off
with both a Premier divi-
sion and a division one.
It will make things much
more exciting, as we all
know what a difference
promotion and relegation
will make to the league.”

This season’s Premier
league is set to be won
by B Attack, with
Croissants second, and
they will once again get
the chance to represent
Bridgend on a national
stage.

The winners and run-
ners-up in each division

will be given the chance
to play in Leisure
Leagues’ acclaimed
National Tournament
held twice-yearly at venues
across the Midlands.

The last finals day
held in September
attracted more than 100
teams and was won by
Cannock Allstars from
Staffordshire.

Claire said:
“Competition will be
fierce again, that’s for
sure, but a team from
Bridgend may win it.
There are some fine
sides, so who knows?”

Leisure Leagues is

committed to donating
all its profits to national
charities and environ-
mentally sustainable
projects, for which it has
recently received praise
from Gordon Brown and
David Cameron, as well as
a host of top football
luminaries.

Places are limited so
teams are urged to regis-
ter online at the new
home of small sided
football on the World
Wide Web at
www.leisureleagues.net
or call 0845 230 2340
for more information.

AT

CALLING ALL CLUB OFFICIALS!

The GEM welcomes your match
reports, and other club items of
interest. Email them to:
ggem@internet-today.co.uk or
post them to Graig House, 53
Eastgate, Cowbridge, CF71 7EL.


**HABERDASHERS'
MONMOUTH SCHOOLS**
yesterday, today, tomorrow...
www.habs-monmouth.org

October Open Days 1st-3rd October 2009



MONMOUTH SCHOOL & THE GRANGE
with boarding from 10

TEL: 01600 710433

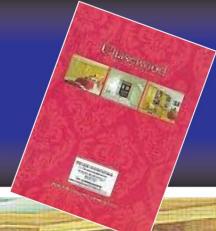
HABERDASHERS' MONMOUTH SCHOOL FOR GIRLS
with boarding from 9

TEL: 01600 710433

Fitted Bedroom & Home Office Furniture

FREE
BROCHURE

Call
(01656) 653147 for a
FREE BROCHURE
or to arrange a
FREE HOME SURVEY

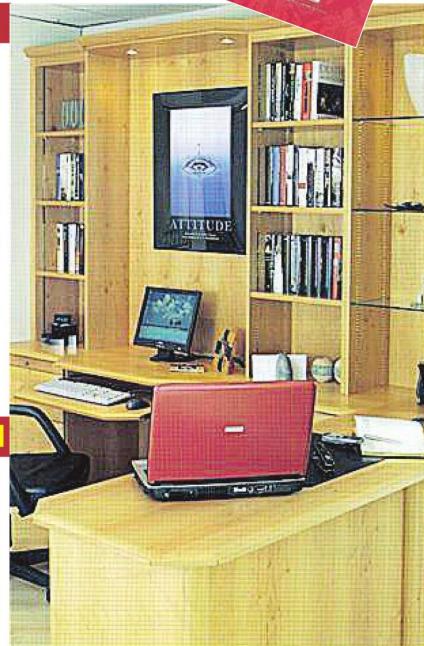
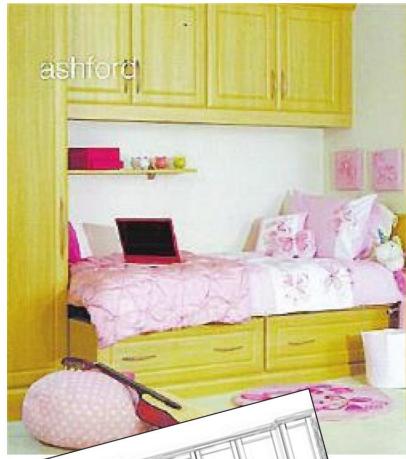


No VAT increases . . . In fact PAY NO VAT AT ALL!!

10 GOOD REASONS TO BUY NOW IN OUR FABULOUS JANUARY SALE

- ✓ RIGHT NOW! OUR FABULOUS VALUE FITTED BEDROOM AND OFFICE FURNITURE IS NOW BEING DISCOUNTED TO THE VALUE OF THE VAT!!!
- ✓ NOW MORE CHOICE THAN EVER – OVER 500 DOOR STYLE COMBINATIONS!!
- ✓ HIGH QUALITY 18mm CABINET CONSTRUCTION
- ✓ WE INSTALL FULL CARCASS CONSTRUCTIONS (NOT JUST FRONT FRAME DOORS!!)
- ✓ FREE HOME MEASURE
- ✓ FREE STUNNING 3-D COMPUTER PLANNING
- ✓ EXPERT FITTING BY OUR PROFESSIONAL TRADESMEN / CABINET MAKERS
- ✓ 4 NEW AMAZING EASY PAYMENT PLANS (WRITTEN DETAILS ON REQUEST)
- ✓ WE WILL BEAT ANY LIKE FOR LIKE QUOTE
- ✓ NO PRESSURE SALES APPROACH

CALL NOW 01656 653147 FOR A FREE HOME CONSULTATION

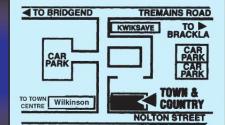


FREE

HOME MEASURE
AND STUNNING 3-D
COMPUTER PLANNING
CALL 01656 653147

Town & Country

Call into our showroom @
5-7 Brackla Street Centre
Bridgend CF31 1BZ
www.townandcountryfurniture.co.uk



'Beware puppy farms' warning to new owners

NEWS that up to one million dogs may have come from puppy farms dismayed Vale Conservative candidate Alun Cairns, who is also a regional AM; and he is supporting a campaign against puppy farms, with Clarissa Baldwin of the Dog's Trust, which has a rehoming centre in Bridgend.

Evidence was given at the Assembly into what was going on.

Mr Cairns explained: "Mrs Baldwin came to lobby the Assembly and as a result, there was a tightening up of the way grants were paid out in Wales.

"Thousands of letters from people all over Wales backing the campaign were sent to their AMs urging them to support it."

Mr Cairns said that the campaign was started by dog lovers in the Vale and people there were still active in this cause.

"People will be shocked to discover that almost one million people have bought puppies from puppy farms – many unwittingly. The Dog's Trust has just

revealed this figure after an investigation.

"Puppies are often sold in pet shops or garden centres that have been bred on farms where they do not have proper conditions and are taken from their mothers too young. Many advertised in live.

'Help us to help Heroes'

I WOULD like to thank the people of Llantwit Major and the rest of the Vale for their generosity and support for Help for Heroes.

Since September 2009, we have collected more than £4,500 – through collection tins in local pubs, the airport and beach café, a karaoke night at the Flying Club and sales of merchandise to locals.

I also would like to take this opportunity to thank and congratulate Llantwit Major couple Glyn and Val David, who recently celebrated their 50th wedding anniversary.

They asked their guests to donate to HFH instead of gifts, raising more than £370.

Help for Heroes is strictly non-political and non-critical; we simply want to help. We believe that anyone who volunteers to serve in time of war, knowing that they may risk all, is a hero.

These are ordinary people doing extraordinary things, and some of them are living with the consequences of their service for life.

We may not be able to prevent our soldiers from being wounded, but together we can help them get better.

Our fundraising effort is ongoing – if any local businesses wish to help us raise funds by having a collection tin on their counter, please email stevemogs@brinet.net.co.

S Morgan, Llantwit Major

'Remove some roundabout traffic lights, but not all'

I REFER to the correspondence in The GEM relating to traffic lights on roundabouts and should like to add my voice to the debate.

Having lived in the area for just five years, I accept that I have had

little experience of the roundabouts referred to without lights. However, it took only a few days to see the benefits of having no lights at the Waterton roundabout.

Over the period their use was suspended, I experienced no problems of safety, everyone seemed to me to be

using due care and attention.

I was reminded of

those local authorities currently experimenting with streets free of all traffic signs and street furniture aimed at 'safety'. Traffic flowed without tailbacks at all times of day.

The council should

examine its data and give serious consideration to benefits of removing these lights and others like them.

That said, I have

reservations about removing the lights where the B4265 Ewenny Road crosses the A48.

I presume these lights were introduced, not so much for safety but to allow traffic to cross/join the A48, which could hold the right of way for long periods.

It may be they could be set to operate at peak times only; without them, I believe the traffic on the B4265 would have considerable difficulty getting onto the roundabout.

Personally, I find the sequence and timing satisfactory. While there is delay waiting your turn, there is a commensurate time when it is your turn.

Coun Lane will also call a public meeting at Llantwit Town Hall the week after the Assembly meeting to give residents an update on what took place.

The overall result is to even out the time taken to negotiate the junction. Steve Harrison

Boverton flood meeting is held

BOVERTON residents held an informal get-together with local AMs to put together the case for funding for flood relief.

The meeting was held at the home of Colm O'Shea on Monday and was attended by Jane Hutt, AM for the Vale and Andrew RT Davies and Alun Cairns, regional AMs. Also present was Coun Dave Lane, who has convened a series of public meetings to discuss flooding in the area, and Coun Gwyn John, who has also been a campaigner for the past 10 years.

The meeting heard that the National Assembly will be holding a meeting on January 22 to assess the bids received from councils for EU funding for flood

relief. The Vale Council has submitted an application for money to provide a new culvert at Boverton and also for work to the Boverton Brook lower down at Ham Manor.

All three AMs have attended meetings and visited these sites over recent months.

Coun Lane said that figures were produced at the meeting from the Environment Agency, which seriously underestimated the number of homes at risk of flooding in the area. It was agreed that the AMs would challenge this information ahead of the meeting.

Coun Lane will also call a public meeting at Llantwit Town Hall the week after the Assembly meeting to give residents an update on what took place.

The date for this has not yet been finalised.

DEFENCE COLLEGE SEEMS DESTINED TO BECOME A POLITICAL FOOTBALL

REPORT by PHILIP IRWIN

WITH a general election fast approaching, it appears that the future of the Defence Technical College (DTC) is bound to loom large in the campaign.

In particular, Labour and the Conservatives seem to be 'daring each other' to give the £12 billion project a final unequivocal green light – without actually doing so themselves!

Labour's candidate, Alana Davies, was first off the mark on Monday, followed closely by

Tory AM Alun Cairns. Ms Davies called on David Cameron to "clarify if he backs the DTC going ahead at St Athan, following the Ministry of Defence's (MoD) decision to award Metrix a £29million contract to get the St Athan site ready for the start of construction work."

The 'Early Works' contract will, in effect, move the existing school of technical training to a new site within the MoD St Athan complex.

Ms Davies said: "This latest contract shows that this Government is



ABOVE: Artist's impression of the Defence Technical College.

absolutely committed to St Athan and is putting its money where its mouth is.

"Whenever he has been questioned about his position on the St Athan project, David Cameron has repeatedly failed to confirm whether the project would go ahead under a future Tory Government.

"This contradicts Alun Cairns, the Conservative candidate in the Vale, who claims that the Tories support the project 'in principle and in practice'."

However, Alun Cairns preferred to focus on the fact that no final decision will be made

until after a general election.

He said: "This further delay in the final decision is bad news for the Vale, and for Wales."

"When David Cameron was in Barry, he said that he wanted the decision taken as soon as possible to give the project certainty and to help create wealth during this deep recession."

"David Cameron is on the record as saying that everyone wants this to go ahead, is committed to making this work and, of course, we expect it to demonstrate value for money."

Mr Cairns continued: "This prevarication is causing doubt. I have been working closely with Metrix and the

Conservative defence team to be ready in the event of a change of government, doing all possible to make this project a reality for the Vale."

He was overwhelmed by the new £29 million contract, saying: "Naturally, I am pleased that the preliminary works contract has been agreed but again, this has been delayed on several occasions and should have been agreed last year."

Plaid Cymru's candidate, Ian Johnson, had this to say: "The real story at St Athan is the disappointing loss of 339 jobs at the base that were announced by the Labour Government before Christmas."



LEFT: Alun Cairns and Alana Davies.

Meetings aim to shed light on living with epilepsy

MEETINGS are being held in the Vale next month to raise awareness of epilepsy – and to dispel some of the myths about the condition.

The 'Epilepsy Aware Days' are being held in Penarth and Cowbridge and are for anyone affected by epilepsy, for professionals in medicine, social work and social care, – or for those who want to know more about the condition.

Epilepsy is more common than diabetes, and is responsible for more deaths in the UK than Aids and cot death combined.

There will be people on hand to answer a wide range of questions, and the meetings are being organised by Epilepsy Wales, who can be contacted for further information on telephone 029 2075 5515 or e-mail epilepsywales@aol.com

The event is being supported by the Vale Council through the Wellbeing Activity Grant

"You can sum up what people know about epilepsy quite easily.

"It's a rare condition which means you can't drive or go to night clubs or use a computer. Not life-threatening and you don't know anyone with it."

"Unfortunately, that is quite wrong!"

He explained: "Epilepsy affects one out of every 131 of the general population, more than 23,000 people in Wales. At a sell-out Six-Nations Wales v England rugby international at the Millennium Stadium,

statistically 560 people will have epilepsy.

"If you have nocturnal, or sleep-time seizures, under certain criteria you can hold a driving licence.

"Flashing lights are a problem for one specific epileptic condition, and with new computer screens they can pose little or no problem."

The Penarth meeting is in the Paget Rooms, at 10am – 4.30pm, on February 3. The Cowbridge meeting is in the Town Hall, also at 10am – 4.30pm, on February 10.

Snowy day in Aberthain!



ABOVE: Aberthain in the snow. (Photograph by Mike Baker).

A snowy day at Rest Bay!

Yesterday (Wednesday) Rest Bay – the snow is thick on the ground but a brave surfer is still taking his surf board from his car! (Photograph by Chris Page).



Health & Beauty

ADVERTISEMENT FEATURE

BJ² LINE DANCE EVENTS

From Only £3

LOOKING FOR EXERCISE THAT DOESN'T LEAVE YOU NEEDING A SHOWER OR HAVING TO DRY YOUR HAIR?

There are many misconceptions about Line Dancing. We supposedly wear checked shirts and Stetsons and dance to Cotton Eyed Joe and Achy Breaky Heart. The truth is we wear regular clothes and dance to everything from Michael Bublé to Lady Ga Ga. With simple steps and instruction we can teach you to line dance. Male or female, aged 9 to 90, line dancing is achievable by everybody, plus you don't need a partner. Join us and you will find a fantastic social life, with weekends away, day trips and social dancing organized throughout the year.

CUT OUT THIS ADVERT and try one of our classes FOR FREE
New Absolute Beginner class starting Thurs 14th Jan 2010
at Pen Y Gwsi Community Centre, Llantrisant 12.30-1.30pm

Mondays	1.45 - 3.15pm	Improvers	Albert Road Parish Hall, Penarth
Tuesdays	10.00 - 11.00am	Beginners	Albert Road Parish Hall, Penarth
	11.00 - 1.00pm	Intermediate	Albert Road Parish Hall, Penarth
	7.00 - 8.00pm	Beginners	BP Sports & Social Club, Sully
	8.00 - 9.30pm	Intermediate	BP Sports & Social Club, Sully
	7.30 - 9.30pm	Mixed Ability	Nolton Church Hall, Bridgend
Wednesdays	10.00 - 11.00am	Beginners	The Athletic Club, Pontyclun
	11.00 - 12.30pm	Mixed Ability	The Athletic Club, Pontyclun
	7.45 - 9.45pm	Intermediate	Cadoxton Methodist Hall, Barry
Thursdays	10.00 - 11.30am	Improvers	Pen-y-Gwsi Com Centre, Llantrisant
	11.30 - 12.00pm	Intermediate	Pen-y-Gwsi Com Centre, Llantrisant
	12.30 - 1.30pm	Beginners	Pen-y-Gwsi Com Centre, Llantrisant
	7.00 - 8.00pm	Beginners	BP Sports & Social Club, Sully
	8.00 - 10.00pm	Intermediate	BP Sports & Social Club, Sully
Fridays	10.00 - 12.00pm	Social Dancing	Albert Road Parish Hall, Penarth

Call Sian 07810 188100 or Lynda 07933 330636
Email: bj2@live.co.uk or visit our website
www.bj2linedance.com



Join a warm and friendly group near you today...

DAY GROUPS

WEDNESDAY

Penarth - 9.30am
All Saints Church Hall, Victoria Square
Linda 01446 761150

THURSDAY

Barry - 10.15am
Casteland Community Centre
Belvedere Crescent
Niki 01446 740394

Cowbridge - 10.00am

The Duke of Wellington
High Street
Lina 01656 890708

EVENING GROUPS

MONDAY

Barry - 4.30 & 6.30pm
Brynsion Hall, Junction of Court Road and Llanover Street
Lorraine 01446 407002

Penarth - 6.30pm

Elfed Avenue Methodist Church
Elfed Road
Niki 01446 740394

Rhosneigr - 6.30pm

Celtic Way Community Centre
Celtic Way
Helen 01446 750738

TUESDAY

Barry - 5.45pm
Market Street Social Club
Upstairs Function Room
Joanne 01446 404897

Barry - 4.30pm

St. Davids Methodist Church Hall, Winston Road
Annmarie 01446 736534

Llantrisant Major - 4.45 & 6.45pm

Old School,
Wine Street
Helen 01446 750738

Sully - 6.30pm

The Old School,
South Road
Niki 01446 740394

WEDNESDAY

Barry - 4.45 & 6.45pm

St. Francis
Millennium Centre
Park Road,
Porth-y-Castell
Annamarie 01446 736534

Barry - 6.00pm

Cadoxton Methodist Church
Church Road
Joanne 01446 404897

Cowbridge - 6.00pm

The Duke of Wellington
High Street
Lina 01656 890708

Penarth 5.00 & 7.00pm

All Saints Church Hall, Victoria Square
Linda 01446 761150

Dinas Powys - 6.30pm

The Cabin, by swimming pool
Hebron Hall
Lorraine 01446 407002

THURSDAY

Barry - 5.00pm
Highlight Park Comm. Centre, Barry
Annmarie 01446 736534

Dinas Powys - 6.30pm

The Cabin, by swimming pool
Hebron Hall
Lorraine 01446 407002

Slimming
WORLD
because you're amazing

0844 897 8000
www.slimmingworld.com

Holm View Salon is back in business!



Ri Christie, the experienced hair stylist, at Holm View Salon.

THE long-awaited

re-opening of the

Holm View Salon in

Barry took place last month, and it is now taking bookings for January and February.

The salon, which is part of the Vale Council's lifelong learning employment training service, offers a full range of hairdressing services, all at reasonable costs.

Local and experienced hair stylist, Ri Christie, has been taken

on to run the salon, with support from Liana Jury.

The salon is open from Monday to Friday, with appointments from 9am-4pm.

Prices start at £10 for a dry cut, with reductions for senior citizens and children under-12 years.

To make an appointment, or for more information about the services available, call into the salon, or telephone Ri on 01446 721974.

Holm View Salon
Opening times
Monday - Friday
9am - 4pm

HOLM VIEW CENTRE

Skomer Road,
Barry, Vale of
Glamorgan.
CF62 9DA
01446 721974



THE SPECTACLE WAREHOUSE

SPECTACLE MANUFACTURE & REPAIR SERVICE

Discount Spectacles (South Wales)
Spectacles direct to the public at Trade Prices

UP TO 50%
DISCOUNT
ON DESIGNER FRAMES & LENSES

Just bring along your prescription, choose your frames from our extensive designer collection and we'll do the rest.

Any Questions? - Call the
Discount Designers HOTLINE on

01446 733444

UNIT 8B, ATLANTIC TRADING ESTATE, BARRY

FREE BIFOCALS WITH THIS COUPON
when you spend £69 or over on a pair of our designer frames
(CONDITIONS APPLY)

Why remain in pain?

AT Cowbridge Physiotherapy & Acupuncture Clinic, we have expert physiotherapists and acupuncture practitioners who have been managing chronic pain for many years.

obvious explanations being arthritis, a compressed nerve such as sciatica or inflammation.

However, there are many other reasons that we don't always think about - such as joint dysfunction; poor posture; muscle spasm; loss of movement, maybe after a period of immobility.

The cause of pain can be many and varied, the

or bruising from a previous injury, or repetitive strain caused by sport or work.

These are things which can easily be corrected and will reduce or resolve long-standing pain.

Give us a call on 01446 776466 to see if we can help and make 2010 a better year.

COWBRIDGE PHYSIOTHERAPY ACUPUNCTURE AND SPORTS INJURY CLINIC

MEMBERS OF CHARTERED SOCIETY OF PHYSIOTHERAPY, CHINESE MEDICAL INSTITUTE AND REGISTER, ACUPUNCTURE ASSOCIATION OF CHARTERED PHYSIOTHERAPISTS

NEW - Gait and biomechanical assessment clinic for foot, ankle, knee, hip and back problems, particularly useful for walking and running activities and chronic pain.

Also available - acupuncture and physiotherapy

- Back and neck pain • Sciatica • Whiplash injury • Sprains and strains
- Sports injury • Arthritis • Post surgery • Mobility problems of the elderly
- Specialist incontinence physiotherapy
- Stockists of Lumbar and sports support • Sports tape

Extra Services

- Pilates Tuition • Ergonomic Assessment • Exercise for arthritic patients

Home visits.

Private Insurance welcome.
Registered with all major insurance companies.

Reduced rates for school children.

OPENING TIMES:

Mon: 8.30 - 5.30; Tues: 10.00 - 5.30

Wed: 9.30 - 6.00; Thurs: 10.30 - 5.30

Fri: 9.30 - 6.00.

Saturday and evening appointments by request

Call our friendly staff to find out more:
Tel: 01446 776466/07711 087725
helenhopkins@cowbridgephysiotherapy.co.uk
Visit our website: www.cowbridgephysiotherapy.co.uk
14 High Street, Cowbridge, Vale of Glamorgan CF71 7AG
(above Martin's Newsagents) Free local parking

Helen O'Grady Drama Academy helps to develop your child

FOR 30 years, the Helen O'Grady Drama Academy has been using a curriculum which has helped thousands of students to

develop interpersonal skills as well as a love of drama.

Principal Becky Goodfield, said: "If you are looking for the best way to develop your child, the benefits offered by our unique self-development programme are countless!"

In 2010, the academy will be running adult classes which will offer adults the opportunity to

increase in confidence and self esteem, improve public speaking and presentation skills, develop social interaction and expand speech and language proficiency.

Classes are affordable and open to all.

For further information on the academy and its self-development programme, please contact 0845 603 7220.



Helen O'Grady DRAMA ACADEMY

Would your child benefit from:

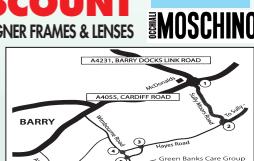
- A boost to their confidence and self-esteem?
- Developing their speech and language skills?
- Using their imagination and creativity?
- Improving their physical co-ordination and fitness?
- Joining a new club and making new friends?

Do all of this, and more, in a fun and relaxed environment at the Helen O'Grady Drama Academy.

Telephone 0845 603 7220
and we'll tell you about our affordable and dynamic programme.

Classes in the Vale of Glamorgan and surrounding area:
Llantrisant Major, Sully, Bridgend, Radyr, Llanishen.

www.helenogrady.co.uk



HOW TO FIND US: Drive along Cardiff road towards roundabout 1 turn right onto Sully Moors Road, roundabout 2 take second exit onto Hayes Road. At roundabout 3 carry straight over until you reach roundabout 4. Take first exit left and follow road to roundabout 5. After 300 yards drive through Green Banks Care Group entrance and we are on the left hand side. Unit C Rimeside Drive

Health & Beauty

ADVERTISEMENT FEATURE

Organic farm has it all boxed up

IN January, we all want to be a slimmer, greener, richer person inside, so we dust off our trainers in the attic, join a gym and recycle our Christmas tree – but how many of us stick to our plans for more than a few weeks?

Riverford Organic Vegetables is promoting its veg box scheme as the perfect answer. If you want to kick-start a healthy eating plan for

the new year, then a veg box is perfect.

Riverford veg boxes come with an inspiring recipe suggestion every week. You can even order chocolate, wine and beer for the weeks when you feel you need to rebel.

Riverford has one of the lowest carbon foot-

prints for this type of business; it has never used airfreight to import produce.

The company is licensed by the Soil Association and delivery is free!

For enquiries, please telephone 0845 600 2311, or go to www.riverford.co.uk

Beat the freeze at your local leisure centre

WITH the icy cold temperatures outdoors, the best place for any exercise is inside your local leisure centre.

Beat the freeze and get your heart pounding, with a gym workout, swim, fitness class or sports session. LifeStyle gym membership costs from £23.50 a month and allows you to train

at all four leisure centres in Barry, Cowbridge, Penarth and Llanwit Major.

Add variety to your fitness routine at the new ladies-only Easiline suite at Penarth Leisure Centre, where you can get a full body workout on 18 different exercise stations.

Find out more at www.valeofglamorgan.gov.uk/leisurecentres or call LifeStyle on 01446 732457.



Join our party on January 29

CURVES Cowbridge has been open for three years and our 30-minute complete workout is still the answer to a complete fast, fun and female experience!

We are inviting you to join us on Friday, January 29, for our birthday celebrations. We will give you a complimentary fitness assessment, a free nutritional plan, a discount on Karma beauty treatments, and an exciting first visit discount should you decide to become a member.

You will be under no obligation, so call now to ensure your appointment – make 2010 a new year for a new you!

New Year, New Confidence, New You.

A 30-minute workout on Curves strength training and cardio circuit will help you look and feel amazing. We also offer weight management along with the total support of our trainers to help, teach or just inspire.

Join now and get 50% off PLUS 30 Days Free*

TOGETHER WE CAN MAKE THE WORLD 1 MILLION WOMEN STRONGER curves.com/StrongerTogether

Curves
of Cowbridge

The power to amaze yourself.

Tel. 01446 772803 4 Eagle Lane, COWBRIDGE www.curves.com

(*Offer based on first visit enrolment, minimum 4 month direct debit program. New members only. Not valid with any other offer. Valid only at participating locations from 1/1/10 - 28/2/10. ©2010 Curves International. Inc. All Rights Reserved.)

The Velvet Touch offers relaxing beauty treatments

CHISTMAS has once again come and gone, and slimming clubs and gyms have had a new intake of people!

The extra weight gained at Christmas should now start to slowly disappear, so don't reward yourself with chocolate, treat yourself to a treatment at The Velvet Touch.

A nice relaxing Indian head massage or aromatherapy massage might be just the thing. Dead skin cells disappear with a honey and manuka facial.

Why not indulge in a paraffin hand treatment to replace the lost oils due to the bad weather that we have had recently? The list is endless.

For more information, contact The Velvet Touch on 01446 713330.

The VELVET TOUCH
21 FONTYGARY ROAD, RHOOSOE
Tel. 01446 713330

Many Beauty & Holistic Treatments available, inc Facials, Waxing, Massage, Nails, Pedicures, Tanning etc.

JANUARY OFFERS

Indian Head Massage £13
Honey & Manuka Facial £23
Paraffin Hand Treatment £15

HAPPY NEW YEAR!

The Health Diva helps you make progress on your 'life journey'

THE Health Diva in Nolton Street, Bridgend is a little haven of calm and tranquillity, allowing you to explore the many lotions and potions we have to offer.

Vicky Perks, a fully qualified nutritionist, and team Diva (Jen, Rachel, and Laura) run

this amazing little health shop, sharing their knowledge and helping you along your 'life journey'.

Natural beauty care is something we specialise in. Health Diva knows it's not easy being beautiful; however, we know a few beauty secrets we are willing to share with you.

The Diva only uses cruelty-free beauty products from wonder-

ful companies such as Burt's Bee, Faith in Nature, Lavera, and Weleda.

Eating plenty of fresh fruit and vegetables and drinking water, com-

plined with taking a spoonful of Eicosanoil and Viridian's Ultimate Beauty complex, keeps skin glowing and clear. Visit us in store or online at vicky@healthdiva.co.uk.

Bodywise offers you the very latest in beauty treatments

BODYWISE was established more than 15 years ago and offers a wide range of beauty treatments in a relaxing, modern salon.

There are eight areas suited to each type of treatment and the salon provides a totally tranquil haven, away from the hustle and bustle of everyday life – essential for the complete relaxation of holistic therapies and facial treatments.

The friendly staff at Bodywise have a wealth of qualifications, training experience, and specialise in many beauty treatments.

Their expertise will ensure you receive the correct advice and an individual treatment tailored specifically to suit your beauty needs.

Jackie Howells and the team of therapists



10% OFF ALL PURCHASES

Quote ref: GemDiv2010

(Offer valid until 31/3/10 and not in conjunction with other offers)

18 Nolton Street
Bridgend, CF31 1DU
vicky@healthdiva.co.uk
01656 661 441

10% OFF ALL PURCHASES

Quote ref: GemDiv2010

(Offer valid until 31/3/10 and not in conjunction with other offers)

18 Nolton Street
Bridgend, CF31 1DU
vicky@healthdiva.co.uk
01656 661 441

10% OFF ALL PURCHASES

Quote ref: GemDiv2010

(Offer valid until 31/3/10 and not in conjunction with other offers)

18 Nolton Street
Bridgend, CF31 1DU
vicky@healthdiva.co.uk
01656 661 441

10% OFF ALL PURCHASES

Quote ref: GemDiv2010

(Offer valid until 31/3/10 and not in conjunction with other offers)

18 Nolton Street
Bridgend, CF31 1DU
vicky@healthdiva.co.uk
01656 661 441

10% OFF ALL PURCHASES

Quote ref: GemDiv2010

(Offer valid until 31/3/10 and not in conjunction with other offers)

18 Nolton Street
Bridgend, CF31 1DU
vicky@healthdiva.co.uk
01656 661 441

10% OFF ALL PURCHASES

Quote ref: GemDiv2010

(Offer valid until 31/3/10 and not in conjunction with other offers)

18 Nolton Street
Bridgend, CF31 1DU
vicky@healthdiva.co.uk
01656 661 441

10% OFF ALL PURCHASES

Quote ref: GemDiv2010

(Offer valid until 31/3/10 and not in conjunction with other offers)

18 Nolton Street
Bridgend, CF31 1DU
vicky@healthdiva.co.uk
01656 661 441

10% OFF ALL PURCHASES

Quote ref: GemDiv2010

(Offer valid until 31/3/10 and not in conjunction with other offers)

18 Nolton Street
Bridgend, CF31 1DU
vicky@healthdiva.co.uk
01656 661 441

10% OFF ALL PURCHASES

Quote ref: GemDiv2010

(Offer valid until 31/3/10 and not in conjunction with other offers)

18 Nolton Street
Bridgend, CF31 1DU
vicky@healthdiva.co.uk
01656 661 441

10% OFF ALL PURCHASES

Quote ref: GemDiv2010

(Offer valid until 31/3/10 and not in conjunction with other offers)

18 Nolton Street
Bridgend, CF31 1DU
vicky@healthdiva.co.uk
01656 661 441

10% OFF ALL PURCHASES

Quote ref: GemDiv2010

(Offer valid until 31/3/10 and not in conjunction with other offers)

18 Nolton Street
Bridgend, CF31 1DU
vicky@healthdiva.co.uk
01656 661 441

10% OFF ALL PURCHASES

Quote ref: GemDiv2010

(Offer valid until 31/3/10 and not in conjunction with other offers)

18 Nolton Street
Bridgend, CF31 1DU
vicky@healthdiva.co.uk
01656 661 441

10% OFF ALL PURCHASES

Quote ref: GemDiv2010

(Offer valid until 31/3/10 and not in conjunction with other offers)

18 Nolton Street
Bridgend, CF31 1DU
vicky@healthdiva.co.uk
01656 661 441

10% OFF ALL PURCHASES

Quote ref: GemDiv2010

(Offer valid until 31/3/10 and not in conjunction with other offers)

18 Nolton Street
Bridgend, CF31 1DU
vicky@healthdiva.co.uk
01656 661 441

10% OFF ALL PURCHASES

Quote ref: GemDiv2010

(Offer valid until 31/3/10 and not in conjunction with other offers)

18 Nolton Street
Bridgend, CF31 1DU
vicky@healthdiva.co.uk
01656 661 441

10% OFF ALL PURCHASES

Quote ref: GemDiv2010

(Offer valid until 31/3/10 and not in conjunction with other offers)

18 Nolton Street
Bridgend, CF31 1DU
vicky@healthdiva.co.uk
01656 661 441

10% OFF ALL PURCHASES

Quote ref: GemDiv2010

(Offer valid until 31/3/10 and not in conjunction with other offers)

18 Nolton Street
Bridgend, CF31 1DU
vicky@healthdiva.co.uk
01656 661 441

10% OFF ALL PURCHASES

Quote ref: GemDiv2010

(Offer valid until 31/3/10 and not in conjunction with other offers)

18 Nolton Street
Bridgend, CF31 1DU
vicky@healthdiva.co.uk
01656 661 441

10% OFF ALL PURCHASES

Quote ref: GemDiv2010

(Offer valid until 31/3/10 and not in conjunction with other offers)

18 Nolton Street
Bridgend, CF31 1DU
vicky@healthdiva.co.uk
01656 661 441

10% OFF ALL PURCHASES

Quote ref: GemDiv2010

(Offer valid until 31/3/10 and not in conjunction with other offers)

18 Nolton Street
Bridgend, CF31 1DU
vicky@healthdiva.co.uk
01656 661 441

10% OFF ALL PURCHASES

Quote ref: GemDiv2010

(Offer valid until 31/3/10 and not in conjunction with other offers)

18 Nolton Street
Bridgend, CF31 1DU
vicky@healthdiva.co.uk
01656 661 441

10% OFF ALL PURCHASES

Quote ref: GemDiv2010

(Offer valid until 31/3/10 and not in conjunction with other offers)

18 Nolton Street
Bridgend, CF31 1DU
vicky@healthdiva.co.uk
01656 661 441

10% OFF ALL PURCHASES

Quote ref: GemDiv2010

(Offer valid until 31/3/10 and not in conjunction with other offers)

18 Nolton Street
Bridgend, CF31 1DU
vicky@healthdiva.co.uk
01656 661 441

10% OFF ALL PURCHASES

Quote ref: GemDiv2010

(Offer valid until 31/3/10 and not in conjunction with other offers)

18 Nolton Street
Bridgend, CF31 1DU
vicky@healthdiva.co.uk
01656 661 441

10% OFF ALL PURCHASES

Quote ref: GemDiv2010

(Offer valid until 31/3/10 and not in conjunction with other offers)

18 Nolton Street
Bridgend, CF31 1DU
vicky@healthdiva.co.uk
01656 661 441

10% OFF ALL PURCHASES

Quote ref: GemDiv2010

(Offer valid until 31/3/10 and not in conjunction with other offers)

18 Nolton Street
Bridgend, CF31 1DU
vicky@healthdiva.co.uk
01656 661 441

10% OFF ALL PURCHASES

Quote ref: GemDiv2010

(Offer valid until 31/3/10 and not in conjunction with other offers)

18 Nolton Street
Bridgend, CF31 1DU
vicky@healthdiva.co.uk
01656 661 441

10% OFF ALL PURCHASES

Quote ref: GemDiv2010

(Offer valid until 31/3/10 and not in conjunction with other offers)

18 Nolton Street
Bridgend, CF31 1DU
vicky@healthdiva.co.uk
01656 661 441

10% OFF ALL PURCHASES

Quote ref: GemDiv2010

(Offer valid until 31/3/10 and not in conjunction with other offers)

18 Nolton Street
Bridgend, CF31 1DU
vicky@healthdiva.co.uk
01656 661 441

10% OFF ALL PURCHASES

Quote ref: GemDiv2010

(Offer valid until 31/3/10 and not in conjunction with other offers)

18 Nolton Street
Bridgend, CF31 1DU
vicky@healthdiva.co.uk
01656 661 441

10% OFF ALL PURCHASES

Quote ref: GemDiv2010

(Offer valid until 31/3/10 and not in conjunction with other offers)

18 Nolton Street
Bridgend, CF31 1DU
vicky@healthdiva.co.uk
01656 661 441

10% OFF ALL PURCHASES

Quote ref: GemDiv2010

(Offer valid until 31/3/10 and not in conjunction with other offers)

18 Nolton Street
Bridgend, CF31 1DU
vicky@healthdiva.co.uk
01656 661 441

Health & Beauty

ADVERTISEMENT FEATURE

Here's how to get around the house – with a (stair) lift from Dolphin

RECLINER chairs, wheelchairs, scooters, bath lifters, walking stocks, daily living aids...

Dolphin Independent Living has its range on show at its mobility showroom.

During the past nine years, Dolphin Lifts (South Wales) Ltd has gained a strong client base through reliable, friendly service and experienced engineers.

The showroom is a natural progression for Dolphin, giving the opportunity to provide the public with daily living aids, from kitchen utensils to

scooters, all with the service you would expect from us.

If you have any questions, would like to receive a brochure, or to book an appointment, call our freephone number 0800 093 2293; or contact j.pearce@dolphin-lifts.co.uk.

Yes, it really is good to talk ...

AT its simplest, it can help to 'get it off your chest' to someone outside your life.

At its most profound, psychotherapy can help us understand ourselves and our relationships.

Over time, this can help us to feel less driven or hopeless and more in control of our lives.

I am a psychotherapist in advanced training with the Bath Centre for Psychotherapy and Counselling.

The training leads to registration by the United Kingdom Council for Psychotherapy and an MA from Middlesex University.

Please contact me for further details: Miriam Handren, telephone 01446 760159.

PSYCHOTHERAPY

Psychotherapy, like counselling, offers the opportunity to talk things through in confidence. It provides the space to explore one's difficulties and dilemmas. As a psychotherapist in advanced training with BCPC (UKCP Reg.), I offer low cost psychotherapy in the Vale of Glamorgan.

Miriam Handren 01446 760159

All our reconditioned stairlifts now with a NO QUIBBLE 3 year guarantee

Recliner Chairs • Wheelchairs • Scooters
Bath Lifters • Walking Sticks • Daily Living Aids
Please ring for a brochure or to book an appointment to visit our showroom

DOLPHIN
Independent Living

Mobility Showroom at
Unit 12, Crawford Street, Newport
FREEPHONE 0800 093 2293
www.dolphin-stairlifts.com

Seafresh offer quality food direct to home

SEAFFRESH was established in September 1996, and has gone from strength to strength.

The concept is simple – quality food delivered directly to your home. The choice is wide and varied, and always of the very highest quality!

You can browse through our menu, where you will find descriptions together with some photographs to order online.

We are constantly building and developing our delivery rounds. We do this by way of knocking your door, referrals from our many satisfied

customers and people using the internet.

So, if you open the door to a smiling Seafresh distributor, take a look at our range. You will be impressed!

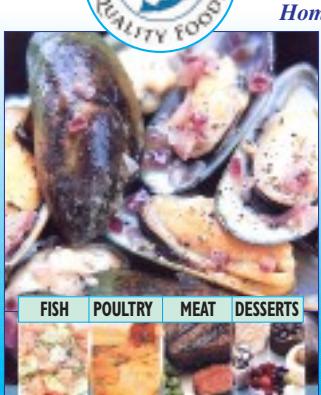
Our distributor will be happy to bring a selection of food into your home. You can see before you buy.

You will find that because our food is mainly 'individually Quick Frozen', the shelf life is extended (in most cases up to 12 months). We revisit our customers every 10-12 weeks, unless more frequent visits are requested.

For more details, telephone 01656 744110, or check on the website: www.seafreshltd.co.uk



Your
Home



Delivered
to

The benefits of owning a cat...

HAVE you ever considered an older cat, instead of a kitten, as a companion?

Medical research has indicated stroking a cat can relieve stress and lower blood pressure.

We have a number of cats looking for loving homes, aged from six months to eight years old.

Even a cat of eight years would have approximately another 10 years of life, which might suit a much older person and give loving

companionship. All our cats have been neutered and microchipped.

Some are a little nervous, as they are used to older people who might have had to give them up to go into homes themselves, leaving their companion behind. These would adapt to a quiet, loving home environment.

For an appointment, or further information, telephone Maesteg Animal Welfare Society on 01656 721496 or 01656 653456. Please leave a message on our answerphone if we are not available.

MAESTEG ANIMAL WELFARE SOCIETY

Kittens, young and older cats – All needing a new family!



All cats have been neutered and microchipped

Tel: (01656) 721496

All our work is funded by Charity Shops. We sell bric-a-brac, books, clothes and all items of furniture and we can collect.

Tel: 01656 737827 or 01656 653456

www.maesteganimalrescue.co.uk

Anybody who wants clothes collecting, please contact the above telephone numbers

Looking to advertise your business in 43,000 newspapers from Penarth to Porthcawl? Contact us on 01446 774484 or gemsales@internet-today.co.uk

Cognitive-Therapies brings its expertise to Penarth clients

Dr Kenneth Spooner of Cognitive-Therapies, has now relocated to larger offices in Penarth.

Parking has improved and Penarth railway station is only two minutes away. Ground floor offices also mean better access for disabled and elderly clients.

Is 2010 the year when you have made a decision to change things in your life?

If the answer to any of those questions is yes – then call Dr Spooner

Thinking of a new career...?

ANGELS Care Services have set themselves a goal for 2010 – to introduce 50 people over the age of 50 to a new career in caring.

Our valued team of 65 carers are a very special group of people who enjoy caring for and helping others to lead an independent life.

Clients value the visits and friendship of our carers, most of whom worked outside the care sector before joining

Do you want to stop smoking, lose weight and be the person you have always wanted to be?

Do you want to build up that low self esteem or deal with those phobias?

Are you depressed, lacking motivation, need your confidence boosted, or have you got addictions and have finally said enough is enough?

If the answer to any of those questions is yes – then call Dr Spooner

of Cognitive-Therapies.

Dr Spooner uses a unique combination of psychological therapies to tailor each session to his client's needs and personality, to help solve their issues.

A half-hour free initial consultation is offered to all clients, ensuring that the correct therapy is offered and that the

client and the therapist are comfortable with each other.

Contact Dr Kenneth Spooner, Cognitive-Therapies, 7 Herbert Terrace, Penarth CF64 2AH. Telephone 029 2070 4322; Mob: 07799 568463; E-mail: m17kpsjaguar@aol.com www.cognitive-therapies.co.uk

COGNITIVE THERAPIES

Master/Clinical Hypnotherapist (CBT) Cognitive Behavioral Therapy (NLP) Neuro Linguistic Programming (EFT) Emotional Freedom Therapy

DEPRESSION • PHOBIAS • STRESS RELATED ISSUES ANXIETIES • SELF HARM • PANIC ATTACKS PAIN CONTROL • EXAM NERVES • MOTIVATION PERSONAL PROBLEMS • CONFIDENCE BUILDING EMOTIONAL • SEXUAL PROBLEMS • ADDICTIONS INSOMNIA • WEIGHT LOSS • STOP SMOKING

Dr Kenneth Spooner
Dip Hyp, DMH, CPNLP, DCBT, BHT
Cognitive Therapies
7 Herbert Terrace, Penarth, CF64 2AH



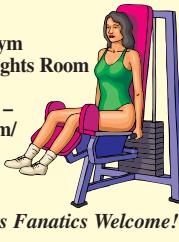
Tel: 02920 704322 or Mob: 07799 568463
Email: m17kpsjaguar@aol.com
www.CognitiveTherapies-Therapies.co.uk

NEW YEAR – NEW YOU! GET FIT IN 2010

Join the
Bay Health Club
at Fontygary Park, Rhoose NOW!

WHY?

- Fully Equipped Gym
- Separate Free Weights Room
- 25m Pool
- Leisure Suite with – Sauna/Steam Room/Jacuzzi/Solarium
- Friendly staff
- Free Parking



Novices and Fitness Fanatics Welcome!

WHY? FOR YOUR HEALTH & WELL-BEING – NO CONTRACT TO SIGN NO JOINING FEE MEMBERSHIP FROM ONLY £25.00 PER MONTH

HOW? BY DIRECT DEBIT or *MONTHLY PAYMENTS OVER THE COUNTER

WHEN? NOW – IT ONLY TAKES A FEW MINUTES TO CHANGE YOUR LIFESTYLE AND IMPROVE YOUR HEALTH!!

For further information please contact

Jennie on 01446 710386
or why not just pop down and have a look around? We are confident that you will like what you see ...

*Initial £5 admin fee for over the counter payments



ADVERTISEMENT FEATURE

BEAUTY WITHIN
medi-spa

NEW YEAR NEW YOU...

Time to Rejuvenate
and Review!

Huge savings on Cosmetic Clinic Treatments until February 2010

- Fractional Laser Skin Resurfacing
- Laser 360 (a new facial rejuvenation treatment)
- Full Face Photo rejuvenation/Pigmentation/Open Pore Reduction
- iLipo with RF and Vibrostation (Inch Loss/Skin Tightening)
- iLipo with Vibrostation (Normally £800 - Now £560!)
- RF Body and Face Contouring
- Thread Vein Removal • Laser Tattoo Removal

50% off first treatment or 50% off Advertised Course Price
Laser Hair Removal (25% off a course of 8 non-discounted tmt or 50% off first tmt)
Gift Vouchers - a perfect solution - are available over the phone.
Not all treatments have advertised course prices.

PLEASE BRING IN THIS ADVERT TO QUALIFY FOR OFFER

Call in for more details on 01446 774980

Medical director: Steve Key BDS (Wales) FDS RCPS (Wales) MBBCh (Wales) FRCS (Eng) FRCS (OMFS)
Consultant OMFS Plastic Surgeon. Registered with HSW Wales.

10 High St, COWBRIDGE FREE ON-SITE CAR PARKING
Tel. 01446 773616 • www.beautywithinspa.co.uk



NEW PATIENTS WELCOME...

Achieve the smile you have always dreamed of!



High Quality Dental Care at Affordable Prices

- NHS treatment to charge-exempt patients, including those on income-support, job-seekers and all children.
- Cosmetic treatments (including tooth whitening, anti-wrinkle treatments) on a fee-per-item basis.
- Invisible braces and hygiene treatment.
- Dental make-overs: veneers, bridges, etc.
- Why not try Denplan (the low monthly cost private plan) from £10 per month for all treatment.

01656 861569 and our friendly staff
will be happy to book your appointment.

14 Coyerch Road, PENCOD, CF35 5NG
(opposite the Murco petrol station)

We have a Welsh-speaking dentist too - just ask!
Our dentists are locally grown and all trained in Cardiff.

HAPPY NEW YEAR to all our clients...

ROZ COUZENS M.Inst.Ch.P.Hpc
CHIROPODIST

This year celebrating
10 years in business!



We could not be at this stage without the good fortune of having such really supportive staff and clientele.

A big THANK YOU to you all!

Our work involves all ages from the very young to the more elderly. We treat various nail conditions, including ingrowing and fungal, also treating calluses and verruca. Early advice given can often result in eliminating ankle, knee and hip conditions.

Unit 4 Commercial House, Commercial Street
LLANTWIT MAJOR CF61 1RB
01446 793040

MAROONED HAIRCUTTERS

Special Promotion 15% OFF

Appointments booked
Monday to Thursday
with selected,
fully qualified, stylists.

(Offer valid for a limited period. Clients
need to state that they are making a
promotional booking upon telephone)

Our New Year
gift to you...

No VAT Increases!

52a High Street, Cowbridge
Tel: 01446 773616

www.maroonedhaircutters.co.uk



Lighter Life comes to Barry

CHRISTINE HAWKINS, the award-winning LighterLife counsellor established in Cardiff, has opened a practice in Palmerston Road in Barry (opposite Waitrose).

LighterLife is the safe, simple, rapid and effective way to lose weight and then maintain that weight loss.

Chris has been helping people from the Barry area to lose weight for several years. She is pleased that they will not have to travel to Cardiff to benefit from the programme.

Chris is assisted by her husband Mike, who is also a qualified counsellor.

There are new groups starting soon. To book a free appointment to find out more, call 01446 738846, or visit www.lighterlife.com

barry-today.co.uk
cowbridge-today.co.uk
llantwit-major-today.co.uk
porthcawl-today.co.uk
bridgend-today.co.uk

Local
diner
remains
open

The Oriental Diner on Broad Street in Barry remains open despite a rumour to the contrary.

Owner of the diner Sui Lui explained: "There has been a silly rumour on Facebook to say the restaurant has closed, and I'd like to assure our loyal customers that this is not true."

"We were only closed on Christmas Day and Boxing Day, and have been open since then, providing the service that we have always taken pride in."

This is one Road worth travelling

SINCE his intensely brooding performance as Aragorn in *The Lord of the Rings* trilogy, Viggo Mortensen has done his best to avoid being pigeonholed as a blockbuster actor.

There was the slight mis-step of *Hidalgo*, which traded on Mortensen's ability to do rugged, but since then the actor has retreated to less mainstream, but far more satisfying work.

Two team-ups with David Cronenberg yielded the superb *A History of Violence* and the solid *Eastern Promises*, while he also featured in works like *Appaloosa*, *Good* and *Alatriste*, and his latest sees him join up with Australian director John Hillcoat for an adaptation of Cormac McCarthy's novel, *The Road*.

Following an unseen disaster, the world has become nothing more than a ravaged landscape, one which Man (Mortensen) and Boy (Kodi Smit-McPhee) must travel to make their way to the south, where they hope salvation awaits.

But their journey is fraught with danger, as the members of a fractured and desperate society will do anything necessary to aid their own survival...

Given the bleakness of the weather over the past week or so, *The Road* comes at a time when most of us feel as if we're trudging through a world not so much decimated by a disaster as one decimated by freezing conditions.

But loose parallels aside, the arrival of *The Road* in cinemas certainly comes with more than an icy blast of bleakness, with Cormac McCarthy's superb source novel transferred to the big screen with due care and attention, resulting in a despondently captivating piece of work that maintains your attention throughout.

By laying the focus so heavily upon the relationship of Man and Boy, it draws the story into something far more real and tangible, and far easier to relate to. The performances similarly do an excellent job of ensuring the focus lays on the parental relationship, with both Viggo Mortensen and Kodi Smit-McPhee excelling in their roles.

Mortensen has been on a roll lately, and it shows little sign of letting up here, capturing superbly the survive-at-all-costs mentality that threatens to rob him of his humanity.

While the use of flashbacks go some way to establishing just why

Man is so driven to survival (and offer a degree of depth with a cameo by Charlize Theron as his wife), it is in the moments between father and son that the reason for his unerring desire to protect and teach come to the fore.

Youngster Kodi Smit-McPhee offers a wonderful performance as a

youngster whose only knowledge of the world is that through which they walk, with small moments such as drinking a can of Coke or eating tins of peaches executed with the right level of wonderment. Smit-McPhee plays the character without any degree of wisdom or savvy, thoroughly befitting the nature of the character.

With small but perfectly-performed cameo turns from Theron and Robert Duvall as a similarly stricken survivor, *The Road* isn't lacking in quality, yet it does suffer somewhat from a lack of pace.

Hillcoat feels the need to keep the film almost episodic in nature, yet lacks the thrust to really keep the film going.

The Road is certainly an absorbing watch, but one that does tend to drag in places – the performances and Hillcoat's direction managing to compensate sufficiently enough for this to be a worthwhile viewing experience.

VERDICT – This is certainly a *Road* worth travelling, as strong performances from both Viggo Mortensen and Kodi Smit-McPhee and wonderful direction from John Hillcoat bring Cormac McCarthy's novel to life.

Its slow pace may take some of the lustre from it, but *The Road* is an impressive, yet desirably captivating piece of work.

Recommended.

SCREEN TALK



by GARETH JAMIESON

youngster whose only knowledge of the world is that through which they walk, with small moments such as drinking a can of Coke or eating tins of peaches executed with the right level of wonderment. Smit-McPhee plays the character without any degree of wisdom or savvy, thoroughly befitting the nature of the character.

With small but perfectly-performed cameo turns from Theron and Robert Duvall as a similarly stricken survivor, *The Road* isn't lacking in quality, yet it does suffer somewhat from a lack of pace.

Hillcoat feels the need to keep the film almost episodic in nature, yet lacks the thrust to really keep the film going.

The Road is certainly an absorbing watch, but one that does tend to drag in places – the performances and Hillcoat's direction managing to compensate sufficiently enough for this to be a worthwhile viewing experience.

VERDICT – This is certainly a *Road* worth travelling, as strong performances from both Viggo Mortensen and Kodi Smit-McPhee and wonderful direction from John Hillcoat bring Cormac McCarthy's novel to life.

Its slow pace may take some of the lustre from it, but *The Road* is an impressive, yet desirably captivating piece of work.

Recommended.

Page launches stamps

ROYAL MAIL'S 2010 stamp programme of 10 classic album covers from the past four decades, was launched by Led Zeppelin's Jimmy Page, who helped design the cover of the band's 32 million selling fourth album – IV - which also features on the stamps.

Classic Album Covers showcases some of the greatest examples of album design, side by side on ten 1st Class stamps.

Out and About with The GEM

VALE AM REVISITS TREES SHE PLANTED EIGHT YEARS AGO

VALE AM Jane Hutt, who has recently been appointed as the Welsh Assembly Minister for Business and Budget, visited Caswell Wood, Dinas Powys to see the grove of trees she and other AMs planted back in 2001, to mark the creation of the National Assembly.

She recalled that, between 1996 and 2001, the Woodland Trust (Coed Cadw) acquired four adjoining pieces of land, Caswell Wood, Cwm George, Pen y Turnpike Woods and Caswell Meadow, with the support of the local community.

Two were ancient woodland sites and two of them grassland. They now form a 200 acre interlocking jigsaw of



Vale AM Jane Hutt with Meriel Robson of the Woodland Trust

ancient woodland, newly planted woodland and pasture, creating an important wildlife habitat and a superb recreational facility for local people.

In November 2001, 12 members of the Assembly, including Ms Hutt, planted the grove of trees at Caswell Meadow. They are now around 10 foot tall. "It was great to see

how the saplings we planted just eight years ago have now become a young woodland. Native woodland has a huge amount to offer in terms of improving the local environment, providing habitats for wildlife, alleviating flooding and absorbing CO₂ from the atmosphere, as well as giving local people and visitors the opportunity to enjoy and learn about woodland," she commented.

Penarth Police street surgery

THE Neighbourhood Policing teams for the Stanwell and Cornerswell wards are holding a joint street surgery today (Thursday, January 14) on Redlands Road, Penarth, from 3pm-5pm.

PCSO Jenna Hargreaves said: "We know that many people cannot get to their PACT meetings, so this is an opportunity for a more informal chat, closer to home, where people may feel more comfortable in approaching us with any matters of concern."

Vale roadworks

Road closure: Weston Square tunnel, Cardiff Road, Barry – ongoing.

Carriageway width restrictions: at Church Road, Barry.

Footway restriction in place at Pontypridd Street, junction with Mount Pleasant – ongoing.

Temporary traffic control at Windsor Road, Albert Road, Windsor Terrace, Stanwell Road roundabout, Penarth – for emergency sewer repairs.

THE THREE HORSESHOES
Moulton, Near Barry
Tel. (01446) 710428

5 for a Fiver

5 main courses available for only £5 each

Dessert of the Day only £2

Available Mon-Thurs, Lunch & Evening, and Friday Lunchtime

Kids play for **FREE** in Horrice's PlayBarn, Tuesdays & Thursdays

MINIBUS SERVICE FREE OF CHARGE FOR GROUPS DINING
Phone for details

Enjoy our offer:
Pint of the Week only £2.20

RNLI Lifeboats' SOS evening of song in Sully

BARRY fundraising branch of the RNLI is holding a **Sail On Singing** evening with music from opera and shows with members of the Welsh National Opera on Friday, January 29 at the Old School Hall Sully.

The fundraising event is held by the RNLI throughout Britain, with each branch or station having to incorporate the SOS logo we have chosen. Sail on Singing. The RNLI costs

around £123 million a year to operate; this is totally raised by the hard work of all the fundraisers throughout Britain & the Isles and from legacies left in wills.

To become a volunteer fundraiser, or to find out more on how you can help in any way with fundraising, contact one of the numbers below.

Tickets are £12.50 including cheese and wine, at 7.30pm. Contact Jennie on 01446 734889 or Chris on 01446 732195.

JENNIE WILLIAMS
(Fundraising secretary)

'Make resolution to save lives' – Blood Service

THE Welsh Blood Service (WBS) is calling on everyone over 17 to make a 'life saving New Year Resolution' – and pledge to become a regular blood or platelet donor in 2010.

"The number of people coming forward to donate blood has continued to fall for the past nine years and this makes it more and more difficult to meet the needs of our hospitals," said Les Bartlett, Donor Services Manager.

"We need everyone

AM's

surgery

DAVID MELDING, Conservative AM for South Wales Central Region, will be holding an advice surgery on Friday, January 15 at 29 High Street, Barry between 10am-1.30am.

No appointments are necessary and all are welcome to attend.

who is over the age of 17 to make the commitment to come forward and give blood or platelets in 2010.

"This will help reverse the donor base decline we are now witnessing.

"We need more donors to come forward and become regular donors to ensure that we can continue to support hospitals in Wales," he stressed.

The WBS has announced that the upper age limit for regular blood donors has been removed.

Some people with diabetes and high blood pressure are to be allowed to donate blood, even if they are taking medication to control their condition.

However, donors must have no complications or underlying medical conditions – and people taking insulin for diabetes remain unable to donate.

Call 0800 252266 or visit www.welshblood.org.uk for further details.

Rhydian adds a dash of the X Factor to Bobath concert

WELSH singer Rhydian has confirmed he will be joining West End star Peter Kay, renowned singer Dennis O'Neill, Margaret Williams and a host of other stars at the Lord Mayor of Cardiff's gala concert on Friday, February 12 at the City Hall, Cardiff.

Tickets priced £25 are available from the Bobath Centre on 029 20522600 / fundraising@bobathwales.org.

The concert, in aid of Bobath Children's Therapy Centre Wales, is a registered charity that provides specialist Bobath therapy to children in Wales who have cerebral palsy, caused by damage to a baby or young child's brain. This



Rhydian.

affects a child's ability to move and develop in the normal way and each child is affected differently.

"The incidence of cerebral palsy is not declining and we know we will continue to receive many more referrals in the coming years. Children of all ages from every part of Wales attend our centre in Cardiff and each child we treat will continue to visit the centre for Bobath therapy throughout their childhood," a Bobath spokeswoman said.

Barry artist's exhibition

A BARRY artist is staging an exhibition of paintings at the Wales Millennium Centre in Cardiff over three weeks (February 22).

The exhibition will feature approximately 40 paintings by artist Carl Chapple, who works from life in his studio in Barry. Works will include nudes and portraits painted in oil.

Carl said: "I'm very grateful to Wales Millennium Centre for this opportunity to show my work in such a prestigious venue. Most of the models I work with are from the Cardiff area, so I'm delighted to show a collection of pictures in their home town. I hope that visitors will enjoy the exhibition."

Stamp winners

THE winners of our recent Christmas stamp competition and who also won £50 of Post Office vouchers, were Anne Baxter of St Athan and S Llewellyn of Croychurch.

Winners of a presentation pack of stamps were Phil Halligey, Pencoed; JM Reynolds, Dinas Powys; Deborah Powell, Llancafnan; Mrs P Bovington, Bridgend; Ms P Jones, Cowbridge; Roy Williams, Llanblethian; Mrs A Kent, Barry; Miss Edna James, Ogmore Vale; DP Lewis, St Brides Major; Mrs Hunter, Llanblethian; Margaret Price, Nottage; Mrs I Morgan Barry; Jessica Cooper, Boverton; Morgan Cai Jones, St Mary Hill; Mike Mason, Penllyn; George Jeffreys, Wick; JA Jarvis, Barry; Mrs W Smith, Porthcawl.

Ty Hafan winners

THE following are winning numbers in the Ty Hafan Crackerjackpot lottery draw number 600.

● £5000	736601.	332099;
● £2000	810169.	483874;
● £10:	870435;	477663;
	535054;	893673;
	603627;	153562;
	642986;	642986;
	675780;	863105;
	849929;	890409;
	774773;	890409;
	563444;	890409;
	217415;	890409;
	253410;	890409;
	146776;	890409;
	553506;	767102;
	767102;	351122;
	210398;	389479;
	351436;	412054;
	875828;	820210;
	354789;	181449;
	838888;	283909;
	319456;	319456;
	317936;	317936;
	141391;	591112;
	591112;	820465;
	820465;	557816;
	131065;	282399;
	711966;	848034;
	564245;	427983;
	665417;	671791;
	103796;	147191;
	185892;	149296;
	403314;	330953;
	512257;	493357;
	139151;	443518;
● £5:	139151;	449191;
	884426;	261518;
	158459;	526226;
	235935;	230523;
	395495;	395189;
	176638;	417745;
	759427;	788746;
	358196;	422058;
	211850;	358196;

Leicester's Restaurant
The Great House Hotel ***
Laleston, Bridgend CF32 0HP

2 AA Rosettes

WE ARE CHANGING

Our award winning team at the Great House have created a new, reasonably priced menu to fit the current economic climate!

Main Meals

between

£7.95 - £14.95

Still with our

fantastic local

fresh produce

Contact us for the Valentine Special Offers

GREAT SERVICE, GREAT FOOD, GREAT PRICE

Tel: 01656 657644 • www.great-house-laleston.co.uk

Lunchtime Special

2 courses - £8.95

Early Bird

Dinner Special

2 courses - £14.95

Fascinating new book looks at how Bridgend's streets have changed with the passage of time

A NEW book, *Bridgend Through Time*, by author David Swindenbank has a simple premise.

Each page has two photographs. One is an old one, and the second is 40, 50 or perhaps 100 years later. The result is a book which enables the reader to study how the passage of time has affected the town.

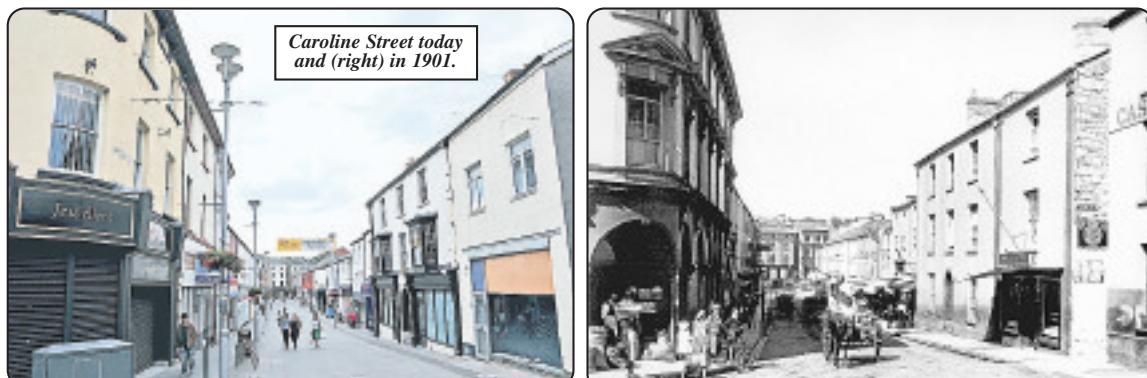
Bridgend Through Time is published by Amberley Publishing Plc, Cirencester Road, Chalford, Stroud, GL6 8PE. (See also www.amberley-books.com)



The Town Hall (below) pictured in 1970, two years before it was demolished. Above is the existing facade.



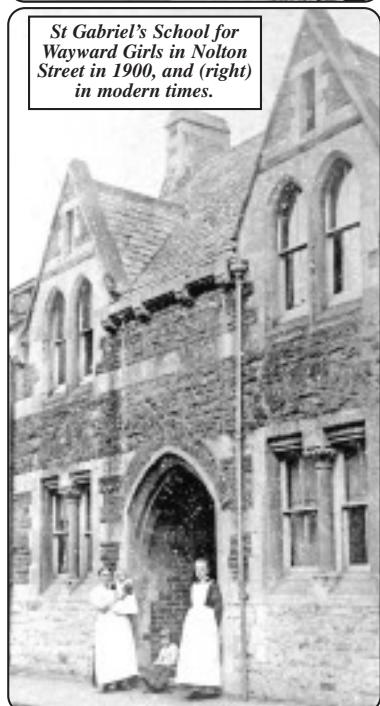
Market Street in 1960 and (left) a more recent view.



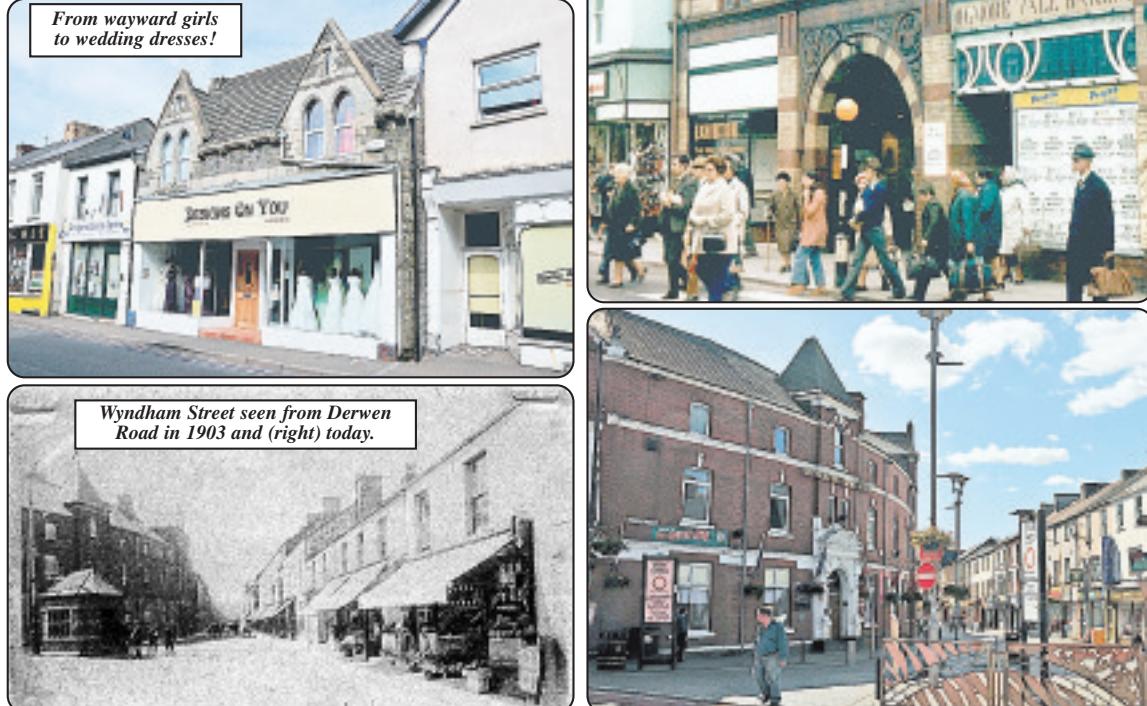
Caroline Street today and (right) in 1901.



The Market Hall entrance nowadays and (right) in 1972.



St Gabriel's School for Wayward Girls in Nolton Street in 1900, and (right) in modern times.



Wyndham Street seen from Derwen Road in 1903 and (right) today.

Air accident inquiry says Kenfig pilots 'did not see each other'

A detailed RAF inquiry into a plane crash over Kenfig Nature Reserve last February has concluded that it was a tragic accident – caused by neither pilot seeing the other.

The report has firmly dismissed any suggestions that the planes were doing 'aerobatics' – and it has also said that the planes were not flying alongside each other so that passengers could wave to each other.

Instead, the examining panel says that a number of factors led to reduced visibility – and that the collision was pure chance.

Air Cadets Katie-Jo Davies, 14, and Nikkita Marie Walters, 13, from Gilfach Goch, and their instructors, Flying Officer Andrew Marsh, 24, from Penarth, and Flying Officer Hylton Price, 63, who lived in Bridgend, all died in the crash.

It was on Wednesday, February 11, that they set off from RAF St Athan for a 25-minute 'experience' flight in Grob Tutor aircraft.

The picture painted by the examining panel is of two planes taking off from St Athan and flying west, about one mile apart. They were not in radio contact.

Above Kenfig Nature Reserve, the lead plane began a long turn, possibly with a view to heading back to St Athan, or because it was doing a 'look-out scan' – a manoeuvre designed to check where the second plane was.

In fact, the inquiry says there is evidence that the second plane had been doing a similar lookout scan as well.

It was during this turn, says the inquiry, that the two pilots failed to make visual contact.

When the collision came, the second plane was maintaining a straight course, and the lead plane was still executing its turn.

At the point of collision, the lead plane was at an angle, with its right wing tip raised, and it was this wing tip that made contact with the other plane, just before its tail section.

As a result, the second plane lost its tail section and went into a rapid descent. The inquiry suggests that, although the collision took place at an altitude of 2,600 feet, it was only 17 seconds before it hit the ground.

The pilot 'exited' the plane 700 ft above ground but, as he apparently made no attempt to inflate his parachute, the inquiry believes that he was probably unconscious when he was thrown out of the cockpit.

by PHILIP IRWIN

The 'lead' plane, having lost its right wing in the collision, spiralled to earth, and the inquiry estimated that it took 23 seconds before hitting the ground.

The inquiry noted that the pilot had unclipped his safety harness, but had not attempted to eject.

It is thought that he was probably making a vain attempt to release the harness of his passenger.

The accident inquiry has gone into great detail, and commissioned computer simulations of the

incident, and also asked experienced flyers to recreate the events in similar aircraft and in similar conditions.

A whole range of factors are mentioned, including the white colour of the planes, which may have been difficult to see against the background of distant cloud, and the fact that one plane may have been coming out of the field of vision.

The inquiry panel also noted that the pilot in the lead plane was wearing corrective flying spectacles and that this, in conjunction with the canopy of the plane, could have created a blind spot in his field of vision.

A total of 15 recommendations have been made by the inquiry panel, with many aspects of the current flying regime to be reviewed.

However, the main concentration appeared to be on the design of the cockpit on the Grob Tutor. Experts said that the canopy arch, spine and handle all contributed to cutting the field of view.

The inquiry panel also noted that the pilot in the lead plane was wearing corrective flying spectacles and that this, in conjunction with the canopy of the plane, could have created a blind spot in his field of vision.

The vehicle was removed by 9am, but traffic was unable to make the journey down the B4270 from Llantwit Major."

Police advised people to only venture onto the roads if it was absolutely necessary.

The Welsh Ambulance Service said it was being selective about who it should transport, but was ensuring that high priority patients still made hospital appointments.

A spokesman said: "Due to the adverse weather, our patient transport service is only taking specially identified patients, such as renal and cancer patients, to hospital clinic appointments.

"No other patients will

Emergency services battle hard to keep the Vale moving...

ROAD conditions were treacherous yesterday (Wednesday) as vehicles across the Vale struggled to make journeys.

A Vale police spokesman told The GEM: "On Ty Newydd hill in Barry, a bus

bumped into a number of cars. Vehicles getting to patients, but we are working to limit the consequences of this.

"As part of this, we are currently making use of 4x4 support vehicles, which are more suited to the extreme conditions.

"People do seem to be heeding the advice to only dial 999 in a real emergency, and that is also helping.

"We continue to ask people to only contact 999 if absolutely necessary and only in the event of a life threatening emergency."

Phillips Animal Bedding Ltd

THE HORSE BEDDING SPECIALIST

The best horses deserve the best bedding!

- **Champion Wood Shavings:** Incredibly clean, light, fluffy, small flake shavings with excellent absorbency.
- **Shavings/Straw Bale, sprayed with Eucalyptus & Citronella:** Specially processed straw/shavings mix with excellent spreadability over stable floors, very absorbent and cosy for your horse.
- **Flax Bedding:** This very popular bedding is suitable for all types of stable floors whether you deep litter or just sprinkle it on rubber matting. 100% biodegradable, extremely absorbent and dust free.
- **Wood Pellets:** Made from specially selected wood, very absorbent and economical.

Prices/delivery/collection/enquiries
Call Norman Phillips on 07967 783813
or email normanphillips@btconnect.com
www.dustfreehorsebedding.com
Croescarneinon Farm Bassaleg Newport NP10 8RR.
(Just off J28 on the M4)

You could become a homeowner.

Now is the time to buy



Barratt have brand new award winning houses and apartments all over the UK waiting for first time buyers. With our helpful buying schemes, we could help reduce your mortgage by providing an interest free loan of up to 15% for up to 10 years. This means your deposit could be as low as £8,450*.

Has there ever been a better time to buy your first Barratt home?

Find the right Barratt development for you online now.



BARRATT
HOMES
built around you

*Shared Equity Schemes available on selected plots only. Subject to availability and use of a Barratt Nominated Independent Mortgage Adviser and Solicitor and 28 days exchange of contract. Terms and conditions apply. See website for details or call us about our shared equity schemes. Schemes cannot be used in conjunction with one another or any other Barratt scheme or offer. Interest free loan of up to 15% is based on the value of the home after 10 years or when the property is sold or transferred if earlier. Barratt reserves the right to withdraw or alter this offer at any time prior to reservation. Images typical of Barratt Homes. *£8,450 is based on 5% deposit before 15% loan has been applied and assumes a purchase price of £168,995.

HOME OF THE WEEK!

Plot 390,
The Enbourne,
3 bedroom detached home
with parking

Now £168,995

Opening hours daily 11am - 6pm,
Saturday 10am - 5pm



With a deposit of £8,450*.

Find out more about low deposit options
barratthomes.co.uk
or call 01656 725348



DON'T DO IT YOURSELF

*Call a professional
From our A-Z list*



Aerials and Satellite

ARE YOU READY FOR DIGITAL?

FREE ESTIMATES
FREE SKY DIGITAL
FREE INSTALLATION
SAME DAY SERVICE

- Domestic & Commercial
- Discounts For Caps
- 24 Hour 7 Days Service
- 12 Month Guarantee
- Digital Aerials Supplied And Fitted And Adjusted
- Digital Switchover Specialists
- RDI Approved Installers

OneVision
DIGITAL

Plasma Wall Mounts & Hidden Cable Specialists

LIMITED OFFER

- New Sky Plus Digital Systems Free
- Sky High Definition Systems Free
- Free Standard Installation

Vale of Glamorgan 01446 439 306
Bridgend 01656 349 281
www.onevisionltd.co.uk

VALE DIGITAL

AERIAL & SATELLITE SERVICES
DIGITAL AERIAL SPECIALIST

Freeview & Freesat specialist
Sky & Freesat HD systems installed
LCD & Plasma wall brackets supplied & fitted
Tel: Tim on 01446 793 189 • 0777 220 6399 anytime
Competitive prices • Free Estimates • 7 Day Service
COVERING ALL AREAS

DIGITAL AERIAL & SATELLITE SERVICES

(established 1980)
REGISTERED DIGITAL INSTALLERS
DIGITAL SWITCH OVER SPECIALISTS

Digital aerials, Sky Plus or Sky HD installed, repaired or adjusted at competitive prices, with discounts for OAPS
For a free estimate, advice or any service, call Colin Williams on
FREEPHONE 0800 317536

MEGARAY AERIAL & SATELLITE SERVICES

(over 36 years experience)
REGISTERED DIGITAL INSTALLER.
We install all types of digital equipment:
Sky+ & Sky+HD, FreeSat HD, FreeView boxes, PVRs, Digital Aerials at competitive prices.
Sky+ Free & Free Fitting • Sky+HD £49 Free Fitting
Tel: 0800 980 4181 • 07966 283002

ATTENTION ALL SERVICE PROVIDERS!

2010 IS UPON US.
HAVE YOU PLANNED YOUR MARKETING STRATEGY YET FOR THE YEAR AHEAD?
WHY NOT CALL FOR PRICES?
TEL 01446 774484
Promote your business with
The GEM
reaching Penarth to Porthcawl

Blinds and Curtains

solar create the mood...

CHECK OUT OUR JANUARY SPECIALS

BLINDS AWNINGS WINDOW FILM @ DAYTONA

BLINDS AWNINGS WINDOW FILM

01446 740842
sales@solarsunshades.co.uk www.solarsunshades.co.uk
Unit 3F, Palmersale Business Centre, Palmerston Road, BARRY

01656 663800
sales@solarsunshades.co.uk www.solarsunshades.co.uk
North Road, Bridgend Ind. Est., BRIDGEND CF31 3TP
(*Interest free available, details on request, subject to status)

24
*Interest free payments

The Aerial Man

- Digital Aerials
- Repairs & Upgrades
- Local Engineer
- Affordable Prices
- Reliable Service
- OAP Discounts
- Free Home Visits

0800 195 2036
07818 413 451 **Freeview**
www.theaerialman.tv

READY FOR DIGITAL

EURO-SAT LTD.

SATELLITE AND AERIAL SPECIALISTS

Sky Installations • Upgrades • Multi Room • Freesat Freeview • Home moves • Telephone Extensions • European Systems • Free Estimates

Call Simon Now 01446 749502
7 Day Service 07966 592416
sales@euro-sat.co.uk 0800 118 5675

Blinds and Curtains

BLIND SALE

OUR NAME IS OUR GUARANTEE

STARLINE

AWNINGS & BLINDS

'NEW SHOWROOMS' UNIT 3 & 4
WESTERN INDUSTRIAL ESTATE CAERPHILLY CF83 1BQ
www.starline-blinds.co.uk

TEL: (029) 2086 0631

VALE BLINDS (Wales) Ltd

SALE NOW ON

- Vertical Blinds • Roller Blinds
- Venetian Blinds • Roman Blinds
- Velux Blinds • Curtain Rails/Poles
- Repairs & Servicing Undertaken
- Perfect Fit Blinds • Intu Blinds

Tel: (01446) 710304 / 07792 733443

3 GOOD REASONS

3 BLINDS FOR £99 VERTICALS

Mirage Blinds

1 FREE Fitting
2 FREE Quotation
3 5 Year Guarantee

Freephone: 0500 295192
Made in Wales.....Proud to be Welsh

THE BEST EVER MADE-TO-MEASURE BLINDS SALE

3 FOR £99 SELECTED VERTICALS

Every range now up to HALF PRICE in our January Sale. Choose from hundreds of styles, fabrics and finishes, all with FREE measuring and fitting.

CALL NOW FOR A FREE NO-OBLIGATION APPOINTMENT
0800 916 6563
Lines open 8.00am-8pm weekdays, 9am-5pm weekends
www.hillarys.co.uk
Established 1949

Building Services

G.M CONSTRUCTION

C. ANDERSON (BARRY) LTD
Est 1949
General Builders & Property Maintenance Specialists

Roofing, Fascias & Gutters, Plastering, Carpentry, Decoration, Renovations & Extensions

Free Estimates
Tel. 01446 737291

Walden Accountancy & Business Services

- ACCOUNTS & TAX RETURNS
- RECORD KEEPING
- MANAGEMENT ACCOUNTS
- STAFF TRAINING & SUPPORT

Starting your Business?
Need help now with 31 January deadline?
Professional, friendly service. Competitive rates.

Tel: (01446) 772860
Mobile: 07968 141 268

Artexing

FIRST CLASS ARTEXING
All patterns available, also coving and paper hanging service.

Free estimates
Tel: Mark 01656 744966
Mobile: 07788 738074

Building Services

MASONWISE BUILDERS

Barry 742928

- Extensions
- Grant Work
- Roofs
- Conservatories
- Patio/Drives
- Fibreglass Flat Roofs

Estimates Free
44 Newlands Street, Barry

B. W. Construction and Property Maintenance

- GENERAL BUILDING
- CARPENTRY & JOINERY
- KITCHEN FITTING
- PLASTERING

24 HOUR CALL OUT
For the professional touch, phone for free estimate with no obligation

No sales people, no middle man, no problem
01446 713814 07742 572731

M&C BUILDERS

Extensions
Plastering & Dry-lining
Kitchens - Bathrooms
All aspects of Building Work.

7815 159985
or 07530 139015

LLANDAFF BUILDING COMPANY

All Building Work Undertaken.
Extensions - Restorations.
Specialist Stone Work.
Call for free quotations
07950 767811
rhys.llewellyn@ymail.com

See more Building Services on next page

Driving Tuition

Cats Eyes
Driving School Ltd

- Lessons from £9.50
- Learn at 14 - no driving licence required
- Student/Nurse discounts
- Horsebox/Caravan training

Call for Special Offers: 0800 0280 406
01446 793447/794899
www.cateyesdrivingschool.co.uk

**LANEWISE
DRIVING SCHOOL**

First 3 hrs for £25.50
First 10 hrs from £117
For Total Beginners
01446 719555
07798 501267

**SUNNYSIDE
SCHOOL OF MOTORING**
DoT, ADI, RoSPA
(Gold Award)

Pass Plus Registered.
Punctual, patient and reliable
instruction. Pick-up Service.
Theory tuition if required.
Tel. (01656) 658108
Mobile: 07968 230465

**PAL
DRIVING SCHOOL
NEW YEAR
DEAL**

Manual & Automatic
Male & Female
Instructors
www.paldrive.co.uk
0800 783 6183
0796 981676

barry-today.co.uk
cowbridge-today.co.uk
llantwit-major-today.co.uk
porthcawl-today.co.uk
bridgend-today.co.uk

Electrical Service & Repairs

REPAIRS
Washing Machines Electric
Cookers, Tumble Driers, etc
Repaired in your own home
Freephone 0800 2984518
Barry 744117

LAING
Electrical Services
Domestic, Commercial,
Electrical Installations
Fire Alarms
Design, Installation, Maintenance
N.I.C.E.I.C. Approved
Competitive prices
St Athan 751033
Mobile 07980 712777

Dave Reffell
Electrical Services
Domestic Installer Scheme
Free Quotations
01446 751743
07743 500149
durreffell@hotmail.co.uk

R.J.B. Electrical Contractors
formerly Cowbridge & Vale Electrical
All electrical installation works carried out.
Emergency call-out, re-wires, sockets, lights, Security.
Tel 01446 792468
Mobile 07885 347642
National Inspection Council for
Electrical Installation Contracting
N.I.C.E.I.C. Approved
Approved Contractor



ELECTRICAL REPAIRS
Washing Machines, Cookers, Fridges, Freezers,
Cleancers, Tumble Dryers etc
K. WATKINS
Electrical Services
Est. 1978
Bridgend 650723



**TELE-ELECTRICAL
SERVICING**
Service centre for most
leading makes of TV, Video,
Hi-Fi & Camcorders.
Installations carried out.
Tel: (01656) 654156
or 07792 887835

HR ELECTRICAL
Domestic & Commercial
Electrical Installers
Competitive Prices
Please call for a free quote
07702 316912

Funeral Directors

W. A. Brown & Son
Funeral Directors

Contactable 24 hours a day, 7 days a week.
• Funeral pre-payment plans • Memorial masonry

Llantwit Major 01446 792489
Pembroke House,
College Street

Gaslee
All aspects of Plumbing
and Electrical work
undertaken by time
served Tradesmen.
Part P Approved.
For Free Estimates
Contact us on:
01446 400464
07870 471690
07815 845947

EVANS
Plastering & Tiling
ALL INTERNAL &
EXTERNAL RENDERING
All internal plastering...
ceilings, dry lining and walls,
coving and small buildwork
Tel. 01446 406 191
Mobile: 07875 703723

Garden Services

Ashdown Sheds
Timber Framing • Potting Sheds • Garages •
Show Jumps • Hay stores
January SHED Orders SAVE 10%
(Delivery future date, at your convenience)

Tel: 01446 772800 or Mob: 07815 304 156
www.ashdown-group.com e-mail: info@ashdown-group.com

RIVERLEA
Horticultural
Tel: 01446 775602 Fax: 01446 773476
www.riverlea.co.uk
Husqvarna
Main Dealers
LAWN MOWERS - RIDE-ONS - CHAINSAWS
STRIKERS AND GARDEN ACCESSORIES
Most makes serviced and repaired
Collection service available
Sales Service Repairs

NP GARDEN & LANDSCAPING SERVICES
• Decking & fencing • Block paving & patios
• Terracing & turfing • Ponds & water features
• Landscaping & low maintenance gardens
• Design Service • Tree felling
ALL WORK GUARANTEED
Call Nick on 01446 710736
or 07790 166480
www.gardenandlandscapeservices.co.uk
Fully insured, excellent references
and portfolio available

**Evergreen
Property & Garden
Maintenance**
All aspects of
internal and external
work carried out.
Licensed Waste Carrier
Qualified - Insured
Free Quotes
Tel. 07828 057381

**NDP GARDEN
and PROPERTY
MAINTENANCE**
Grass Cutting, Weeding
Shrubs & Hedges Trimmed,
Tree Felling, Fencing,
Patios, Turfing
Gutters & Facias Cleared
Power Washing
• Free Estimates
• Unbeatable Prices
• Reliable Family Team
01446 773935
or 07773 992704

01446 747147
07791 630169

Gardenco Ltd

All Garden Services

• Fencing/Decking

• Raised sleeper planters

• Patios re-pointed/jetted

• House Painting

01446 747147
07791 630169

Plastering

Cowbridge & Vale

PLASTERERS

All Interior and

Exterior work

Free Quotes

Tel. 01446 774899

0781 685 7935

GUY FORD

Quality Plastering

Service

No job too small

FREE QUOTES

07812093098

EVANS

Plastering & Tiling

ALL INTERNAL &

EXTERNAL RENDERING

All internal plastering...

ceilings, dry lining and walls,

coving and small buildwork

Tel. 01446 406 191

Mobile: 07875 703723

**Celtic Plumbing
and Heating**
Corgi registered gas installers
All aspects of plumbing and
heating work undertaken.

01446 732 145
07973 785 339
07956 887 536

Call Dave on -
Tel: 01446 413971
Mobile: 0779 263 9909

DC Plumbing

• NO call out charge

• Flexible hours

• No job too small

Call Dave on -
Tel: 01446 413971
Mobile: 0779 263 9909

PAUL MARSHMAN

24 HR DOMESTIC

PLUMBING SERVICE

Repairs • Installation

Tiling • Electrical

01446 740176 • 07876 506982

223154

**M & R
Heating & Plumbing**

All aspects of Plumbing work

undertaken. Boiler Installations,

Gas Fires & Cookers,

Bathroom Suites & Tiling

07861 294529

01446 401203

223154

S.M. Vaughan

HEATING & PLUMBING

INSTALLATIONS

• Boiler Installation Specialists

• Servicing • Bathroom Installation

• Gas Safety Certification

01446 734733 • 07976 790096

Unit 11, Ty Verlon Ind. Estate, Barry

No. 230141

**M MARTYN
PLUMBING
SERVICES**

Bathrooms, showers, radiators, outside

taps, washers, power flush & any

plumbing jobs.

07526 125982

01446 753503

No job too small.

Free quotes.

Fully insured.

01446 794266

223154

JOHN SARTAIN

Plumbing & Tiling

01446 794266

223154

WARMRITE

PLUMBING & HEATING

Installations - Breakdowns

Servicing - Certification

• Central Heating design & Installation

• Underfloor Heating Specialist

• Solar Panels • Experts in all plumbing applications

• 20 years experience

• Fully insured • All job guaranteed • No job too small

• 5 years parts & labour guarantee on new boilers

Mob: 07870 697133 or 07816 447386

E-Mail: warmrite@live.co.uk

223154

Plumbing & Heating

Geoff Mauder, 1 Elan Close,

Cwm Talwg, Barry

07815 097994 24 hrs, or 01446 732167

Combination Boiler Specialist

Boiler Breakdowns, Central Heating Installations

Boiler Change Over, Cookers

Bathroom Suites, Showers, Towel Radiators

Taps, Tap Washers, Outside Taps, etc

All Work Guaranteed.

Fully Insured, Fast, Friendly Service.

223154

NO CALL OUT CHARGE

25% DISCOUNT FOR OAPS

301616

Ecoheat Central Heating Specialists

• PLUMBING • HEATING • SOLAR

5 Year Warranty On Boilers

Tel: 01446 746418

Freephone 0800 012 63 15

www.ecoheatsservices.com

223154

Tiling

Wall & Floor Tiling Specialists

Full Bathroom and

Wetroom installation

Professional, Friendly & Reliable Service

01446 796582 / 07854 168459

(anytime)

223154

Bonny Tiler

Wall & Floor Tiling Specialists

Full Bathroom and

Wetroom installation

Professional, Friendly & Reliable Service

01446 796582 / 07854 168459

(anytime)

223154

Plumbing & Heating

BATHROOM, HEATING & PLUMBING SUPPLIES

22 Ty Verlon Industrial Estate, Cardiff Road

BARRY CF63 2BE

Tel: 01446 701808 / 738828 Fax: 01446 721022

Unit 1 - New Street, Bridgend Industrial Estate

BRIDGEND CF37 3UD

Tel: 01656 650050 • Fax: 01656 650550

BATHROOMS - SHOWERS - PLUMBING/HEATING

EXTENSIVE SHOWROOMS OPEN TO THE PUBLIC

223154

DOUGFIELD

BATHROOM, HEATING & PLUMBING SUPPLIES

22 Ty Verlon Industrial Estate, Cardiff Road

BARRY CF63 2BE

Tel: 01446 701808 / 738828 Fax: 01446 721022

Unit 1 - New Street, Bridgend Industrial Estate

BRIDGEND CF37 3UD

Tel: 01656 650050 • Fax: 01656 650550

BATHROOMS - SHOWERS - PLUMBING/HEATING

EXTENSIVE SHOWROOMS OPEN TO THE PUBLIC

223154

Removals

Vale Removals & Deliveries

• Removals

• Deliveries

• House Clearance

FREE QUOTATIONS

02920 710039

07968 056822

www.valeremovalsanddeliveries.com

223154

Rubbish Removal

Same Day Rubbish Removals

All types of rubbish removed. Houses, Garages, Gardens cleared.

Prices start from only £10.

All areas covered.

FASTER & CHEAPER THAN SKIPS

Contact Steve or Sarah on

01656 865116 or

07980 625116

223154

Roofing

S MIDDLETON & SON

ROOFING SPECIALISTS

We cover all aspects of roofing including

a 24 hour emergency call out service

• Slating

• uPVC Fascia's & Guttering

• Tiling

• EPDM Rubberised Flat Roofing

20 year guarantee and 50 year life expectancy

Tel: 01656 720551 or 079

Situations Vacant



Lifelong Learning
Dysgu Gydol Oes

Library Assistant (Rhoose) # *

Up to £14,733 p.a. pro rata plus appropriate enhancements

for hours worked on Saturday

Ref: Y-TR-LB057

27 hours a week to cover the library's opening hours.

Temporary up to 31st December 2010.

Adult Services

Gwasanaethau Oedolion

Day Service Support Worker x 2

(Woodlands ATC) # *

Up to £16,830 p.a. pro rata

Ref: V/CC/PW548

Monday - Friday / 33.5 hours per week

You will need to be female as the job requires a substantial amount of personal care to female clients. A genuine occupational qualification in accordance with Section 7 of the Sex Discrimination Act 1975.

For further information and an application form contact the Council by visiting www.valeofglamorgan.gov.uk or telephone contact OneVale on 01446 700111 between 8am-6pm.

Closing date: 28 January 2010.

Subject to # Job Evaluation and * CRB Disclosure.

[valeofglamorgan.gov.uk](http://www.valeofglamorgan.gov.uk)

The Vale of Glamorgan Council is an equal opportunities employer.
Mae Cyngor Bro Morgannwg yn gyflwyn cyfre cyfartal.

Rainbow Plaza, Llantwit Major require
HEAD OF DEPARTMENT
(Newsagent)

Duties include day to day running of store, customer service, staff leadership, stock ordering, trading standards and legal responsibilities, organising rotas.
Past experience required.

40 hour week, five out of seven days. £7 per hour.

CV's to be posted to Matthew Hunt,
Filco Supermarkets, 19 Boverton Road,
Llantwit Major, CF61 1XZ

Property



Serviced, bright suite of
2 OFFICES

with impressive views
TO LET
in central position
of Llantwit Major
with adjacent
parking facility.

Rates, heating,
electricity, toilet,
welfare facilities
all included.
£80 per week
Tel. 01446 795161

BRIDGEND

2 BEDROOM FLAT
BRYNMENYN

Laminate Flooring,
Parking - 5 mins from M4
£95 per week
07771 896628
Ref & Bond - No DSS

Thank You

THANK YOU!
William (Bill) Taylor

I would like to thank all my family, friends and neighbours for their kind wishes, cards and presents for my 90th birthday on January 8th, 2010.

Special thanks to my children for the surprise party and to all who attended at the Cross Inn, Llanblethian.

Anniversaries



GOLDEN
WEDDING
ANNIVERSARY
9th JANUARY

Muriel & Graham Saunders
would like to thank our children, Christine, Linda, Angela, Clive and eldest grand daughter Cheryl, along with their husbands and wives and grand children, not forgetting Cameron (great grandson) for the wonderful gifts and holiday they gave us. It's something to treasure, having a wonderful family. Lots of love to you all.
Mam & Dad x x x x

House Clearances

ANDREW WILLIAMS
HOUSE
CLEARANCES
FULL/PART
Over 20 years experience.
Sympathetic handling
of deceased estates,
used by estate agents
and solicitors.
01446 409266
07885 251742

Family Notices

SOLLIS
Michael Herbert

Peacefully after a short illness on Thursday 7th January 2010 at the Princess of Wales Hospital, Bridgend. Michael of Llanmaes, formerly of Dover Street, Mountain Ash, loving husband of Jeanette, devoted father of Nathan and

Rebecca, adored grandfather of Malo and cherished brother of Veronica and Michael. He will be sadly missed by all his family and friends both in Mountain Ash and the Vale.

Funeral on Wednesday 20th January 2010. Service at Providence Baptist Chapel, Union Street, Mountain Ash at 2:20 p.m. prior to service and committal at Llwydcoed Crematorium, Aberdare at 3:20 p.m.

Floral tributes may be sent to Miskin Funeral Home, 217, Penrhinebeirer Road, Miskin, Mountain Ash. CF45 3UN. Enquiries to T. Teify Davies Funeral Directors Tel : (01443) 476301.

FARMAN
Thomas K. (Joe)

31/07/27 - 14/01/09

"My dearly loved husband,
I miss just being with you,
and the sharing of our love.

But deep down within me, beyond the
grief and pain, I know that sometime,
somewhere we will meet again."

Your loving wife, Gwyneth.

Birthdays

HAPPY BIRTHDAY

CLARE
(21)

"Daren't say how
old she really is -
she would never
forgive us . . . !!"

From all your
workmates at The GEM

Wanted

A&L SCRAP METALS

WE BUY:

- COPPER
- BRASS
- LEAD
- STAINLESS
- ALUMINIUM
- WIRE & CABLE ETC.
- CARS
- VANS
- LORRIES
- ALL SCRAP METAL

Cash Paid £££££

TURN YOUR OLD METAL INTO CASH
CALL: 01446 701707

CASH in your GOLD

£6.50 per gram - 9 carat • £13.00 per gram - 18 carat

TRADE APPROVED SCALES

Sell your gold in the privacy of your
own home - Weekend & evening
appointments available

Tel 01446 719247

SUTTONS
Auto Salvage

Up to £100 paid on
collection, for scrap, MOT
failures, and tax expired
vehicles. Also body shells
and scrap metals collected.
No wheels, no problem.

Tel: 029 2059 7887
07971 648596

All MoT Failures
and No Tax

£75 to £1,000

Collect (any distance).

02920 598762
07989 366919

BEST CASH
PRICES given for
ALL METALS
& SCRAP
VEHICLES

FRAZER METALS, BARRY
01446 732222
07895 467000

barry-today.co.uk
cowbridge-today.co.uk
llantwit-major-today.co.uk
porthcawl-today.co.uk
bridgend-today.co.uk

HOSKIN
Hilary

Janet and Jayne from Cowbridge would like to thank all family, friends and neighbours for the support and many messages of sympathy received following the recent loss of Hilary.

Particular thanks to all the Nursing staff at Velindre, Bridgend, Llandough and the Heath Hospitals, and the community team at Holme Towers and the Cowbridge & Vale Medical Practice for the care and attention given to Mum over the past year. Thanks also to those who have contributed to the donation fund in lieu of floral tributes, to Canon Belcher, Glyn Austin, the members of Holy Cross Church Cowbridge and to all who attended the services at the Church and Coychurch Crematorium. Finally thanks to Mr Thomas, Funeral Director for his help with the funeral arrangements.

FOUND
SET OF KEYS

near hole 15 at
Brynhill Golf Course
last weekend.
Two keys on one ring.
Please contact:

07877 224761

LOST IN
PORTHKERRY PARK

on Wednesday,
6th January, 2010

Camera in Black Case
Camera and film of
very sentimental value
01446 711871
07968 544358

Articles
For Sale

ADVERTISE HERE for up to 4 weeks for 50p a word plus VAT. To take advantage of this offer simply either send in your description along with a cheque for the appropriate amount made payable to "The Glamorgan Gem" at The Gem, Graig House, 53 Eastgate, Cowbridge CF7 7EL or telephone us with your wording by 12 noon Tuesday. All major credit cards accepted. Tel 01446 774848. Advert must contain a residential land line telephone number. You may alter your advert as items are sold. **Sorry no refunds are given.**

FOUR PILKINGTON glass mirrors 7ftx6insx3ft with track. Ideal gym shop. £50 each. Four drawer pine chest ex cond £50. Tel: 01656 789096. (03)

BUSH Shoprider scooter, serviced regularly, fitted with carrier and basket £300 ono. Bernina sewing machine fitted in cabinet, recently serviced £75 ono. Tel: 01446 710512. (03)

EXTENDABLE round oak dining table and 4 chairs. Good condition £60 ono. Tel: 01446 721773. (03)

ITALIAN THREE PIECE SUITE Chocolate brown leather. Totally unused, still wrapped, unwanted Christmas gift. Cost £1,600, will accept £490. Can deliver. Tel: 07554 190739. (02)

SOLID PINE FURNITURE Two wardrobes £150 each. Dressing table £150. Corner TV unit £150. Two bedside cabinets £50 each. Chest £150. Headboard £100. Blanket box £100. Nappy changing unit £100. Tel: 01446 775975. (02)

ACORN SLIMLINE STAIR-LIFT Current model, includes fitting by Acorn engineer. Offers please. Tel: 01446 711739. (02)

CORNER UNIT Black & white, leather arms, clean and tidy (paid £500 2 years ago). Sell £200 ono, buyer to collect. Sony 40" TV, slight fault. £10. Tel: 01446 730643. (02)

RELYON KINGSIZE MATTRESS Royal Connacht Dreamworld Executive with pocket springs. Expensive when new. £125 ono. Tel. Cowbridge 01446 773596. (01)

CALICO SOFA Two seater, four cushions £100 ono. Tel: 07714 961182. (51)

DARK OAK Computer desk, 5 doors, bought from Pump House, Cardiff. Excellent condition, bargain at £85. Tel: 01446 420966. (51)

ACORN STAIRLIFT Three months old. Price new £2,900, sell for £1,900 ono. Tel: 07971 578836. (51)

CANNON GAS COOKER Eye level grill, exc cond plus utensils. £50 ono. Bamboo furniture, sun lounge £20. Fireside chair, upright back with wooden arms £20. Items at Rhoose. Tel: 02920 882856. (51)

SAMSUNG 21" TELEVISION Colour, new, genuine offer. Still under warranty until Sept 2010. Base table included. £80. Tel: 01446 751118. (51)

Motors
For Sale1.6 Suzuki
Baleno GLX
Automatic

Silver, petrol, 64,000 miles, 7 months MOT, 6 months Tax £1,075
01446 404543
07590 687541

HOWE MOTORS LTD

01446 738088

"BARRY'S LARGEST USED CAR DEALERSHIP"

AUDI | BMW | CHRYSLER | FIAT | FORD | HONDA | HYUNDAI | JAGUAR | JEEP | KIA | LAND ROVER | LEXUS | MERCEDES BENZ | MITSUBISHI | NISSAN | PEUGEOT | RENAULT | SEAT | TOYOTA | VW | AND MANY MORE

www.howemotors.co.uk



56 Volkswagen Touareg in Obsidian black met, stunning, 51k, Full VW service history. Loaded leather, sat nav £18,445



57 Mercedes C220 CDI Sport 4dr New (Leather) in black, NEW SHAPE, diesel AUTO. AMG pk, full leather £17,995



07 Mercedes C320 CDI 3.0 Avantgarde SE Diesel in black met, 2007, DIESEL, 28K, FMBSH, leather, Sat Nav, COMMAND £16,995



57 Volkswagen Golf 2.0 GT TDI 170 PS Sport in red, 170 BHP, ONLY 30K FVWSH. Immaculate f/lift, a/c, alloys, mp3 £14,995



05 BMW X3 2.0d M Sport 5dr [lthr] in silver met, ONLY 51k FSH. DIESEL Sport with leather, climate a/c £14,995



06 Mini Cooper S 1.6 Supercharged 3dr in silver met, CONVERTIBLE, leather, a/c ONLY 41K FMSH. Large balance of TLC pk. £11,995



05 BMW 120d in grey met, DIESEL automatic, 5dr. ONLY 42,000 miles, full service history, air con, electric windows £10,995



04 Audi A4 2.4 Sport Cabriolet Auto CVT in yellow met, ONLY 27,000 miles. ONE OWNER auto, lthr, a/c, 6sp, BOSE 6 disc CD £10,995



05 Mazda RX-8 231 5dr in grey pearl met, ONLY 9,000 miles. "AS NEW" lthr, a/c, 6sp, BOSE 6 disc CD £10,995



05 Volvo V70 2.4 D5 SE AWD Auto G-Tronic Diesel in yellow met, unmarked DIESEL. Loaded, lthr, a/c, pas, alloy massive spec please call. £10,995



05 Honda Civic 2.2 SE CDTI 5dr Diesel Sport Pk in red, NEW SHAPE 63k, DIESEL 5dr. Loaded, digi, a/c, alloys, e/w, PAS £8,995



05 Renault Megane RenaultSport 225 2.0T 3dr in Athena met black, A/C, CD, PAS, alloy wheels, 33,000 miles £8,995



05 Mazda RX-8 231PS 4dr in red mica met, ONLY 28K FULL MAZDA SERVICE HISTORY. Lthr, alloys, BOSE £8,495



08 Toyota Yaris 1.0 TR 5dr in red met, ONLY 12k, NEW SHAPE. FTS. In new cond, a/c, alloys £8,495



04 Mini Cooper S in British Racing Green met with white wheels/roof, pk. Auto £7,995



07 Vauxhall Corsa 1.4 16v DESIGN 3dr in blue metallic, NEW SHAPE 3dr, ONLY 14K FSH. Air con, pas, leather £6,995



08 Ford Fiesta in black met, anthracite pack, ONLY 23k, full service history, alloys, air con £7,445



07 Peugeot 207 1.4 Sport 5dr (a/c) in black met, NEW SHAPE, only 38k. FSH. Low insurance, a/c, £6,995



05 Vauxhall Zafira 1.9 DTI (120) Life Diesel 5dr in black, NEW SHAPE 5dr 7 seater DIESEL. 60 K 120 BHP, beautiful condition £6,745



05 Renault Clio 2.0 Renaultsport 182 in silver. ONLY 48,000 miles FSH. Loaded 182 BHP £6,495



07 Citroen C2 1.6 VTR Sensodrive 3dr in black met ONLY 32,000 miles. Semi Auto, alloys, CD, pas, e/w £5,495



05 Renault Modus 1.5 DCI 80 Dynamique in red metallic, DIESEL covered ONLY 47,000 miles. Low tax+ins. Loaded, alloys, a/c £5,195



05 Volkswagen Polo 1.4 TDI Twist 2 in black met. DIESEL 2005 ONE OWNER, FSH. A/C, Alloys, e/w £4,995



04 VW Polo 1.2 Twist 3-dr in met. grey, CD, A/C, PAS, C/L, 53,000 miles £4,995



05 Citroen Xsara Picasso 1.6i Desire 5-dr in met. silver, A/C, PAS, CD, 38,000 miles £4,995

OVER BAD 130 CARS, 4x4's & MPVs AVAILABLE TODAY
CREDIT CATERED FOR on finance
BUY 0% NOW, PAY LATER on finance
DEPOSIT AVAILABLE on finance

THIS WEEK'S DEALS!!

listen out for us on redragon



RAC warranty

hpi

Close Motor Finance

“With 25 Years Experience, we must be doing something RIGHT!”



AMAZING OFFER!

ONLY
4
LEFT!



**New Dodge Journey
2.0 CRD SXT, 7 Seater**
Auto with Metallic Paint
MRRP £21,295

**NEW YEAR BARGAIN PRICE
£16,995!
SAVE £4,300**

The NEW 2010 300C Range NOW AVAILABLE from just £23,995

JUST A SMALL SELECTION OF OUR QUALITY USED CARS

0909	CHRYSLER GRAND VOYAGER 2.87 CRD LIMITED AUTO N BRILLIANT BLACK, 9,500 MILES, LEATHER, SAT NAV, BLUETOOTH, DVD	£26,995	0656	JEEP GRAND CHEROKEE OVERLAND 5DR IN BRIGHT SILVER, 36,500 MILES	£15995
0858	CHRYSLER SEBRING 2.0 CRD LIMITED, 21,000 MILES, IN BLACK	£9995	0656	CHRYSLER GRAND VOYAGER 2.87 CRD LIMITED AUTO IN BLACK, 20,500 MILES	£14495
0808	DODGE AVENGER 2.0 CRD SXT IN SILVER, 36,000 MILES	£9495	0656	CHRYSLER GRAND VOYAGER 2.8 CRD LIMITED XS AUTO IN BRIGHT SILVER	£15995
0808	DODGE CALIBER 2.0 CRD SXT IN BLACK, 23,000 MILES	£10495	0656	CHRYSLER PT CRUISER TOURING CONVERTIBLE 2.4 IN SILVER GREY METALLIC, 21,000 MILES	£8995
0808	DODGE NITRO 2.8 CRD SXT AUTO IN SILVER	£12495	0606	JEEP GRAND CHEROKEE LIMITED 3.0 CRD AUTO IN BLACK, 43,500 MILES	£14995
0858	JEEP PATRIOT 2.0 CRD LTD 5DR IN BRIGHT SILVER, 6,000 MILES	£13995	0606	CHRYSLER GRAND VOYAGER LTD XS 2.8 DIESEL AUTOMATIC IN SILVER, 38,000 MILES	£14995
0757	JEEP PATRIOT SPORT, IN SILVER, 10,000 MILES	£12495	0606	JEEP GRAND CHEROKEE 3.0 CRD AUTO IN BLACK, 52,000 MILES	£12995
0757	JEEP COMMANDER IN SILVER 27,000 MILES	£16495	0606	JEEP GRAND CHEROKEE 3.0 CRD AUTO IN SILVER, 41,000 MILES	£14495
0757	CHRYSLER 300 3.0 CRD AUTO IN BLACK, 35,000 MILES	£15995	0606	JEEP COMMANDER 3.0 CRD AUTO IN SILVER, DVD, 36,000 MILES	£15995
0757	CHRYSLER 300C 3.0 CRD LUX AUTO IN SILVER, 26,000 MILES	£16495	0505	CHRYSLER CROSSFIRE 3.2 V6 AUTO ROADSTER CONVERTIBLE, INFERNO RED, 40,000 MILES	£12995
0707	CHRYSLER GRAND VOYAGER 2.8 CRD EXECUTIVE IN BLACK, 47,000 MILES	£14495	0555	CHRYSLER PT CRUISER CLASSIC 2.2 CRD IN INFERNO RED, 21,000 MILES	£6995
0707	JEEP GRAND CHEROKEE OVERLAND 5.7 V8 HEMI IN BLUE METALLIC, 43,000 MILES	£13995			
0707	CHRYSLER GRAND VOYAGER 2.8CRD EXECUTIVE XS IN SILVER, 56,000 MILES	£16995			
0707	JEEP GRAND CHEROKEE 3.0CRD LTD AUTO IN BLACK, 40,000 MILES	£16995			

Many more vehicles available - please call Lee on **029 2030 4020** for details



James & Jenkins are authorised and regulated by the Financial Services Authority

DUE TO AN INCREASE IN DEMAND WE URGENTLY NEED YOUR PART EXCHANGE! BEST PRICES GIVEN!



James & Jenkins

(029) 2030 4020

Find all our latest offers at www.jamesandjenkins.co.uk



PREMIER PARTNERS

Station Road, Llandaff North, Cardiff CF14 2FB

Open until 6.30pm Monday to Friday

OPENING HOURS: Mon-Fri 9.00am-6.30pm. Sat 9.00am-5.00pm. Sun 10.00am-5.00pm.



Police give a helping hand to Welsh Commonwealth team

Photos by MANDY THOMAS
(Available for purchase, telephone 07974 518347)
These and other pictures of the event can be viewed on www.mandythomasphotography.co.uk

South Wales Police HQ in Bridgend has stepped in to help a Welsh sports team prepare for the Commonwealth Games.

Until now, Wales' Commonwealth Games and European Championships small bore rifle and air weapons team has had to travel to Europe to train.

However, for the final nine months before the Games, which will be held in Delhi in October, the team will be able to use the South Wales Police firearms range at Waterton Cross, Bridgend.

Final selection for the games is looming, and some hopefuls, including Commonwealth shooting champion and Gold medallist David Phelps, came to Waterton Cross last week to test the facilities.

The decision follows negotiations between South Wales Police, the Welsh Assembly Government, the Sports



Council for Wales and the Welsh Target Shooting Federation.

They were met at the firing range by the new South Wales Police Chief Constable Peter Vaughan, and the equally new First Minister of Wales Carwyn Jones.

Chief Constable Peter Vaughan said: "We are happy to be supporting our Commonwealth Games sporting stars and our Olympic hopefuls."

"They will now be able to use our range during periods when

LEFT:
Gold medallist
David Phelps.



officers are not training, roughly every other weekend, giving them more time to prepare."

Carwyn Jones said: "Allowing Welsh athletes preparing for the Commonwealth Games to access the South Wales Police shooting range here in Bridgend will make a real difference to their training."

"After being forced to travel all the way to Europe in the past, having somewhere much closer to home will cut down their time spent travelling and give them more time to focus on training for the 2010 Commonwealth Games in Delhi."

"Hopefully, this will help nurture our talent and produce more

medallists!"

The Welsh Target Shooting Federation, Commonwealth Games team manager, John Dallimore, said: "The shooters are over the moon at being able to train in Wales."

"We normally have to travel to Gibraltar or Germany to train as there is nowhere suitable in the UK."

"Training here will save us time spent travelling and give our shooters more time to prepare, firstly for the Commonwealth Shooting Championship in New Delhi in February, which is a test event for the Commonwealth Games."

The European

Championships take place in March in Norway.

The teams began to use the South Wales Police range in December.

ABOVE:
Welsh target
shooters are
welcomed to
Waterton
Cross.

WICK
www.wickvanhire.co.uk

- CDW (Collision Damage Waiver) from £10 per day
- House Removal Lutons with Tail Lifts
- Large Fleet of Cars (Toyota, VW, Zafiras, Saab Estates)
- People Carriers (VW Tourans, VW Caravelles, Transit Tourneau, 7-9 Seats)
- 4-metre Merc Sprinters & Jumbos
- Small Vans (Connects, Combos, Partners)
- 9-seat Mini Buses
- Full RAC Cover
- Tipper
- Towbars fitted to most vehicles (inc cars)
 - Extra Charge
- Roof Racks Available
- Full European Use (special conditions apply)
- Book Online



hire@wickvanhire.co.uk



OPEN 7 DAYS

5 HOUR HIRE FROM £25.00
(100 miles max)

**All hirers must possess
valid credit/debit card**

01656 660160

Don't let a scratch on your car put a dent in your pocket!

Stone chips, scratches and bumper scuffs can now be repaired same day at your convenience and at a fraction of 'Body Shop' costs.

- ✓ Bumper Scuffs
- ✓ Stone Chips
- ✓ Paint Scratches
- ✓ Alloy Wheels

2 YEAR GUARANTEE
For your no obligation quote,
call your local operator
FULLY MOBILE

Paul Jarvis
07904 840202
01446 771727

OFTEC Approved
VIBRA

www.chipsaway.co.uk/pauljarvis

15 years of Service



We paint the chips - not the car

FRF Bridgend's BIG JANUARY SALE!

All cars come with 6 months Road Fund Licence & FREE Fuel (maximum £20)

05 VECTRA 1.8 LIFE 5DR SALE PRICE £4999	58 CORSA 1.3 CDTI SXI 3DR in Black with body kit and upgrade alloy wheels SALE PRICE £10999
07 TIGRA 1.4 EXCLUSIV SALE PRICE £9799	09 INSIGNIA 1.8 EXCLUSIV SALE PRICE £12499
58 ZAFIRA 1.9 CDTI 120 DESIGN SALE PRICE £11999	08 CORSA VXR 1.6 TURBO • In Arden Blue • 10,000 miles SALE PRICE £13999

THE BIG FRF JANUARY SALE IS ON! MISS IT, MISS OUT!

**Why choose
FRF Vauxhall?**

- Full Network Q 12 mth warranty
- Best part-exchange price paid
- Full service FREE of charge
- No MOT needed for min of 12 mths

- Drive away within 24 hrs
- Very LOW rate finance
- 0% finance available on selected cars

Finance example: Cost price £7999. Deposit £3,999. Balance £4,000. Total Interest £1,698.20. 60 monthly repayments of £89.97. (Document and purchase fees apply). Total amount payable £6,697.20. Subject to status and terms of agreement. Written quotations are available on request. All illustrated deals are non part exchange. * These finance offers are only available on FRF finance. † Amount of fuel given free this weekend is £20 total with each offer. Exchange vehicles must have an MOT certificate valid for a minimum of three months. Pictures for illustration purposes only.

• LOW RATE FINANCE • PART EXCHANGE WELCOME • CASHBACK AVAILABLE • OUTSTANDING SELECTED FINANCE OFFERED • CARS BOUGHT FOR CASH!

Buying with Confidence From Your Main Vauxhall Dealer

**Open 7 Days: Mon-Fri 9am-7pm, Saturday 9am-5pm,
Sunday 10am-5pm (10am-11am viewing only)**

**16.4% APR
TYPICAL**

FRF Bridgend
www.frfmotorgroup.co.uk

Western Avenue, Bridgend Ind Est. Bridgend
Sale Hotline
08456 209779

NETWORK Q
Used cars you can rely on



BASSETTS BRIDGEND Blue Cross SALE

- ONE YEAR'S WARRANTY
- HISTORY AND MILEAGE GUARANTEES

- TECHNICIAN PREPARATION
- 30 DAY 'NO QUIBBLE' EXCHANGE SCHEME

- ONE YEAR'S ROADSIDE ASSISTANCE
- THESE BENEFITS WORTH OVER £800!

07 CITROEN C2 1.1 Airplay+ 3dr hatch SE
Yellow, 12,133 miles £5,995



07 CITROEN C4 1.4i 16v LX 5dr Hatch
Blue, 18,000 miles £5,995



56 CITROEN C4 1.6 16v Cool 3dr Coupe SE
Silver, 29,002 miles £6,495



57 CITROEN C4 Grand Picasso 1.6 HDi 16v
Estate Mauve, 12,659 miles £13,495



07 CITROEN Berlingo Multispace 1.6i 16v
5dr Estate Silver, 9,797 miles £6,095



CITROEN C1

				WAS	NOW
57	1.0i Rhythym 3 dr hatch	Red	16,501 miles	£6,995	£6,495

CITROEN C2

58	1.4i HDi VTR 3 dr Diesel Hatch	Black	9,091 miles	£8,995	£8,495
08	1.4i VTR 3dr Hatch	Silver	15,846 miles	£7,995	£7,495
07	1.1i Airplay + 3 dr Hatch Special Edition	Yellow	12,133 miles	£6,495	£5,995
06	1.6i 16v VTR 3 dr Senso Drive Hatch	Blue	14,000 miles	£6,995	£6,495

CITROEN C3

59	Pluriel 1.4i Cote d'Azur 2 dr Special Edition	Black	50 miles	£10,995	£10,495
08	1.4 HDi Cachet 5 dr Hatch Special Edition	Grey	13,412 miles	£8,495	£7,995
08	1.4i Cachet 5 dr Hatch Special Edition	Silver	11,905 miles	£7,995	£7,495
56	1.4i SX 5 dr Hatch	Grey	19,342 miles	£6,495	£5,995
55	1.6i 16v Exclusive 5 dr Senso Drive Hatch	Blue	24,769 miles	£6,495	£5,995
05	1.1 Desire 5 dr Hatch Special Edition	Black	19,390 miles	£4,995	£4,495

CITROEN C4

07	1.4i 16v LX 5 dr Hatch	Blue	18,000 miles	£6,495	£5,995
56	1.6 16v Cool 3 dr Coupe Special Edition	Silver	29,002 miles	£6,995	£6,495
06	1.6iHdi 16v VTR Plus 3 dr Diesel Coupe	Silver	10,573 miles	£8,995	£8,495
56	1.6iHdi 16v SX 5 dr Diesel Hatch	Silver	19,901 miles	£7,995	£7,495

CITROEN C4 PICASSO

57	2.0i 16v SX 5 dr EGS Estate	Silver	7,723 miles	£10,995	£10,495
----	-----------------------------	--------	-------------	---------	---------

CITROEN C4 GRAND PICASSO

08	1.6 HDi 16v VTR+ 5 dr Diesel Estate	Blue	8,749 miles	£14,995	£14,495
58	1.6 HDi 16v VTR+ 5 dr Diesel Estate	Grey	19,441 miles	£14,995	£14,495
57	1.6 HDi 16v VTR+ 5 dr Diesel Estate	Mauve	12,659 miles	£13,995	£13,495
07	2.0 HDi 16v VTR Plus 5 dr EGS Diesel Estate	Silver	21,659 miles	£13,995	£13,495

CITROEN BERLINGO MULTISPACE

07	1.6 HDi 16v Forte 5 dr Diesel Estate	Red	44,037 miles	£6,995	£6,495
07	1.6i 16v Forte 5 dr Estate	Silver	9,797 miles	£6,595	£6,095
04	2.0HDi 90 Desire 5 dr Diesel Estate	Red	55,837 miles	£4,995	£4,495

CITROEN XSARA PICASSO

07	1.6i 16v Desire 5 dr Estate	Silver	44,648 miles	£6,995	£6,495
56	2.0 16v VTX 5 dr Auto Estate	Blue	30,215 miles	£8,595	£8,095
56	1.6 HDi Exclusive 5 dr Diesel Estate	Grey	58,879 miles	£6,995	£6,495
03	2.0 HDi SX 5 dr Diesel Estate	Blue	51,662 miles	£4,995	£4,495

CITROEN RELAY

58	2.2 HDi H1 Van 120ps 33 L1 Diesel	White	5,041 miles	£10,995+vat	£10,495+vat
----	-----------------------------------	-------	-------------	-------------	-------------

BASSETTS BRIDGEND 01656 649009

SOUTH ROAD, BRIDGEND INDUSTRIAL ESTATE, BRIDGEND, MID GLAMORGAN, CF31 3UL

www.bassettsbridgend.citroen.co.uk

EXHAUSTS • TYRES • BATTERIES • 4x4 TYRES • SHOCKS • BRAKES • DISCS • MOT'S • ALLOY WHEELS

SHARP BEND
AHEAD

**MAKE SURE YOU
ARE SAFE THIS WINTER.
CHECK YOUR TYRES!**

**CALL IN NOW FOR A
FREE TYRE CHECK!**

PHONE US FOR THE BEST PRICE AROUND



**PIRELLI
SPECIALS**

295/50R16 P800
£67.00

225/45R17 P800
£92.50

PIRELLI

**GOODYEAR
SPECIALS**

195/50R15 Eagle NCT 5
£60.95

225/50R16 Eagle NCT 5
£69.95

GOODYEAR



BARRY
Cardiff Road, Cadoxton
Barry CF63 2QW.
Telephone:
01446 733167



ETB

BATTERIES

FROM ONLY
£34.95

4 YEAR WARRANTY
(Example: UK 063)

**MIDDLE & REAR
SILENCERS**

Example: **bosal**
184-955 **Front 1.25i 95-99** **69.45**
154-955 **Front 1.25i 95-99** **74.45**
278-111 **Front 2.0 1.7i 94-95** **74.45**
947-005 **Front 2.0i 1.4 96-98** **74.45**
170-355 **Front 2.0i 1.4 96-98** **74.45**

STANDARD TYRES

BRIDGESTONE Buy 1 Buy 2 Buy 4
155/70R13 Bridgestone EK300 £41.20 £78 £150
165/70R13 Bridgestone EK300 £46.20 £87 £165
175/70R14 Bridgestone EK300 £59.20 £112 £210
175/70R14 Bridgestone EK300 £48.20 £89 £170

AVANGUARD Buy 1 Buy 2 Buy 4
155/70R13 Avan ZK3 £43.20 £65 £125
165/70R13 Avan ZK3 £46.20 £79 £135
175/70R14 Avan ZK3 £46.20 £90 £170
175/70R14 Avan ZK3 £39.20 £75 £140

FROM **£27.40**

Buy 1 Buy 2 Buy 4
155/70R13 Federal £27.40 £50 £95
165/70R13 Federal £28.40 £52 £99
175/70R14 Federal £32.20 £60 £115
175/70R14 Maxxis £33.20 £62 £120

PERFORMANCE TYRES

BRIDGESTONE Buy 1 Buy 2 Buy 4
155/70R14 Bridgestone EK300 £53.20 £99 £190
165/70R14 Bridgestone EK300 £65.20 £120 £230
175/70R15 Bridgestone EK300 £69.20 £132 £255
175/70R15 Bridgestone EK300 £57.20 £108 £205

AVANGUARD Buy 1 Buy 2 Buy 4
165/70R14 Avan ZK3 £46.20 £90 £170
165/70R14 Avan ZK3 £50.20 £95 £185
175/70R15 Avan ZK3 £53.20 £102 £199
175/70R15 Avan ZK3 £50.20 £95 £185

FROM **£35.20**

Buy 1 Buy 2 Buy 4
165/70R14 Federal £35.20 £65 £125
165/70R14 Maxxis £35.20 £65 £125
175/70R15 Maxxis £38.20 £70 £135
175/70R15 Federal £41.20 £75 £140

FROM **£36.42**

Buy 1 Buy 2 Buy 4
175/70R15 Avan ZK3 £36.20 £85 £160
175/70R15 Avan ZK3 £39.20 £115 £220
175/70R15 Avan ZK3 £32.20 £79 £190
205/55R16 Bridgestone EK300 £67.20 £125 £240

HIGH PERFORMANCE TYRES

BRIDGESTONE Buy 1 Buy 2 Buy 4
175/70R15 Bridgestone EK300 £51.20 £98 £189
175/70R15 Bridgestone EK300 £72.20 £135 £260
175/70R15 Bridgestone EK300 £69.20 £110 £210
205/55R16 Bridgestone EK300 £67.20 £125 £240

AVANGUARD Buy 1 Buy 2 Buy 4
175/70R15 Avan ZK3 £46.20 £85 £160
175/70R15 Avan ZK3 £59.20 £115 £220
175/70R15 Avan ZK3 £52.20 £99 £190
205/55R16 Avan ZK3 £52.20 £120 £230

FROM **£49.22**

Buy 1 Buy 2 Buy 4
175/70R15 Avan ZK3 £36.20 £75 £130
175/70R15 Federal £32.20 £79 £130
175/70R15 Federal £33.20 £80 £150
205/55R16 Federal £52.20 £99 £190

ULTRA HIGH PERFORMANCE TYRES

BRIDGESTONE Buy 1 Buy 2 Buy 4

205/55R16 Bridgestone EK300 £89.20 £170 £330

AVANGUARD Buy 1 Buy 2 Buy 4

205/55R16 Avan ZK3 £73.20 £140 £270

Buy 1 Buy 2 Buy 4

205/55R16 Federal £50.20 £95 £180

205/55R16 Federal £69.20 £125 £375

MOT TESTING 
only **£19.95**

OIL & FILTER CHANGE
from only **£28.95**



Beat the VAT man!

0% VAT. Ends soon. Don't miss out.

We've reduced the prices of all Fabia, Octavia and Roomster models until **31st January 2010**, which means it's like not having to pay the VAT.



White Dove ŠKODA
Hadfield Road, Cardiff

0800 912 0722
whitedovegroup.co.uk

Offer available on all Fabia, Roomster and Octavia models ordered by 31st January 2010 at participating retailers only. Reduction applied to the RRP including factory fitted optional extras and is the equivalent of the VAT applicable at the time. VAT is applicable and will be shown on the customer's invoice. Excludes Channel Islands. Offer subject to availability and may be amended or withdrawn at any time. Offer is not available in conjunction with the Government's scrappage scheme. Please see retailer for full terms and conditions. Prices are accurate at time of print. Official fuel consumption in mpg for the Škoda range: Urban 19.2 (14.7) – 53.3 (5.3), Extra Urban 38.2 (7.4) – 83.1 (3.4), Combined 28.0 (10.1) – 68.9 (4.1). CO₂ emissions (g/km) Škoda Range: 109 – 255.

New Broad Street Motors Ltd

Broad Street, Barry Est.1979

PRESTIGE

08 JAGUAR X-Type 2.2 Diesel Sport premium plus. In metallic nightshade with full cream leather interior, heated electric memory seats, colour touch screen sat nav, bluetooth, 18" Jaguar split rim alloy wheels, front and rear parking distance control, fsh £16,995
 07 JAGUAR X K convertible. Zircon blue metallic with ivory sports leather interior, upgraded 20 inch setanta wheels, full colour satellite navigation, electric heated memory seats, cruise control, climate control, rear parking sensors, bluetooth phone prep, only 12,621 miles, fsh, 1 owner £42,995
 05 JAGUAR X-Type 2.0D SE Estate. In shadow grey with full leather interior, colour touch screen sat nav, heated seats, cruise control, cd, a/c, colour coded bumpers, only 12,621 miles, fsh £14,995
 06 BMW 320d 320D SE 4-dr Saloon. In Arctic grey with anthracite interior, automatic air con, upgraded cd, cd, climate control, alloy wheels, rear parking sensors, only 41,655 miles, fsh £14,995
 06 BMW 116i SE 5-dr in sparkling graphite met with full Boston beige leather interior, comfort pack, cd, climate control, alloy wheels, reversing sensors, auxiliary i-pod connection, only 19,950 miles interior titanium trim, auto lights and auto wipers £11,995
 05 MERCEDES Benz 1.8 SLK 200 Compressor Auto 2-dr Convertible in Teller silver, black leather interior, climate control, multi function steering wheel, CD, alloys, only 61,000 miles, fsh £16,995
 05 MERCEDES Benz M-Class 2.7 TD ML270 CDI Automatic 5-Door Station Wagon. In Brilliant silver with Union grey leather interior, climate control, Bluetooth phone prep, privacy glass, heated seats, rear parking sensors, only 52,979 miles, fsh £19,995
 05 VOLVO S40 2.0 Diesel SE 5-dr in Amethyst with Ivory Leather interior, cd, alloys, cruise control, electric sunroof, electric seats, only 34,255 miles £9,995
 04 MERCEDES Benz CL500 5 litre 2-dr Auto coupe. In tanzanite blue with java leather interior with BOSE sound system, AMG body styling, electric sunroof, only 48,245 miles £19,995
 01 JAGUAR S-Type 3.0 V6 4-Door Saloon Automatic. In Pacific blue with cashmere beige full leather interior, climate control, CD, electric seats, rear parking sensors, only 55,810 miles £5,995

SPORTS

07 VW Beetle 1.6 Luna 2-dr Cabriolet. In harvest moon beige with dark interior, heated seats, CD, front fogs, colour coded bumpers, only 11,335 miles £12,995
 07 PEUGEOT 207 1.6 HDi Sport 3-dr Hatchback. In Onyx black with Madrid black/grey interior, air con, CD, alloy wheels, front fogs, colour coded bumpers, only 29,405 miles £8,495
 06 VOLKSWAGEN Golf GTI 2.0 (140) 5-dr in steel grey with dark interior, cd, dual climate control, cruise control, alloy wheels, electric mirrors, only 58,300 miles £9,995
 06 FORD Focus 1.8TDCi Sport 5-dr Hatchback. In panther black with dark flint interior, CD, air con, alloy wheels, colour coded bumpers, only 55,315 miles £7,495
 05 AUDI A3 2.0 TFSI 5-dr Sportback. In Avus silver with matrix cloth interior, BOSE speaker system, 16" inch alloy wheels, front fogs, climate control, cd, only 27,280 miles £11,995
 05 MINI Cooper (Chili Pack). Black, black leather interior, alc, alloys, cd, rear parking sensors, only 49,390 miles £11,995
 05 BMW X3 2.0D Sport 5-dr Station Wagon. In blue water silver with black leather interior, sat nav, multi CD, heated seats, front and rear parking sensors, only 61,930 miles £14,995
 05 MG ZT-T 1.8T 160 5-dr Estate. In Royal blue, Monaco ash half leather interior, alloy wheels, climate control, multi-function steering wheel, only 32,320 miles £5,995
 04 TOYOTA Celica 1.8 VVTi Premium Coupe. In crystal silver with Montreal black leather interior, climate control, a/c, alloys, immobiliser, deadlocks, cd, only 27,953 miles £7,995
 04 PEUGEOT 206 1.4 HDi 100bhp GTI 3-dr Hatchback. In Sahara yellow with half anthracite leather/suede interior, digital radio, multi CD, alloy wheels, colour coded bumpers, only 22,755 miles £6,995
 04 RENAULT Clio 182 Sport 3-dr hatchback. In met blue with half leather/suede interior, sports seats, traction control, cruise control, climate control, alloys, 6 cd auto changer, only 51,314 miles £6,995
 02 HONDA Accord 2.3i VTi Type V (150) in Atlantic blue with tan leather interior, electric drivers seat, sunroof, alloy wheels, climate control, rear parking sensors, only 48,000 miles £4,495
 01 AUDI TT Roadster 1.8T Quattro (225) in met silver with full granite leather, 18" alloy wheels, heated seats, trip computer, cruise control + climate control, cd multi-changer with BOSE stereo upgrade, only 63,010 miles £18,495
 00 TVR Tuscan 4 litre V8 360bhp. In crystal topaz pearl blue with portland grey leather interior, cd, 18" spyder alloy wheels, e/windows, cat 1 alarm, e/mirrors, a/c, substantial workshop portfolio, supreme example, only 36,000 miles £22,995
 00 X BMW 325Ci 2.5i 2-Door Convertible. In Brilliant silver with Montana grey leather interior, automatic air con, rear parking sensors, electric seats, alarm, alloy wheels, hard top in body coloured bumpers, only 87,720 miles £8,995
 99 T BMW Z3 1.9 2-dr Convertible. In Green with green leather interior, colour coded bumpers, CD, alloy wheels, electric hood, only 51,300 miles £5,995

FAMILY

07 FORD Focus 1.8 TDCi Style 5-dr Hatchback. In tonic blue with heated front screen, climate control, CD, cruise control, only 16,700 miles £9,295
 06 TOYOTA Corolla T2 Colour Collection, 1.4 5-dr hatchback. In eclipse black with silver fleck interior, alc, alloys, colour coded side skirts, audio controls on steering wheel, one owner, only 32,415 miles £7,995
 06 FORD Focus C-Max 2.0 TDCi Zetec 5-dr MPV in tonic blue with dark flint interior, cd, air con, alloy wheels, colour coded bumpers, only 31,000 miles £8,995
 06 PEUGEOT 307 1.6 16V SE 5-dr Hatchback. In hurricane grey with Ikhō black interior, front fog lights, multi CD, air con, rear parking sensors, only 40,018 miles £6,995
 05 CITROËN Xsara Picasso 1.6i 16V 110hp Exclusive 5-dr MPV. Oriental blue, blue interior, cruise, auto a/c, cd, a/c, alloys, colour coded bumpers, only 35,006 miles £7,995
 05 CITROËN Xsara Picasso Exclusive 1.6HDi. In icelandic green metallic with doris blue interior, cruise control, climate control, alloy wheels, trip computer, cd, 1 owner, only 29,420 miles £7,495
 04 PEUGEOT 206 SW 2.0 HDi 90 XSi 5-dr Estate. China blue, black/grey merlin interior, a/c, body coloured bumpers, cd, alloys, only 45,796 miles £5,995
 04 RENAULT Scenic 1.4 16V Authentique in met grey with anthracite interior, a/c, auto wipers, auto lights, only 42,800 miles £4,695
 04 MAZDA 3 1.6TS 5-dr Hatchback in titanium grey with blue sport cloth interior, air con, cd, alloy wheels, colour coded bumpers, steering wheel mounted audio controls, only 54,805 miles £5,295
 04 FORD Focus 1.6i 16V 5-dr Saloon. In silver, st moritz charcoal leather, map gps, cd, a/c, radio, climate control, electric seat adjustments, only 55,006 miles £5,995
 04 RENAULT Megane 1.9 DCi 120 Dynamique 5-dr Hatchback. In metallic silver, with anthracite interior, alloy wheels, CD, colour coded bumpers, air con, only 42,955 miles £5,995
 02 NISSAN Almera 1.8 SVE 5-dr Hatchback. Grey tungsten cloth, cd, a/c, reversing sensors, colour coded bumpers, only 44,300 miles £3,995
 02 AUDI A4 1.9 TDI SE. In denim blue with phoenix blue upholstery, climate control, cd, alloys, only 26,075 miles £7,995
 01 Y BMW 3 Series 1.9i 316 4-dr Saloon. In bright red with dark interior, electric windows, colour coded bumpers, driver and passenger airbags, only 49,125 miles £4,295

SMALL

08 TOYOTA Yaris 1.0 VVT-i T2 5-dr Hatchback. In crystal silver, electric windows and mirrors, CD, multi-function steering wheel, only 3,725 miles £7,995
 08 VAUXHALL Corsa 1.2 Breeze in black sapphire, alloy wheels, air con, cd, colour coded bumpers, multi-functional steering wheel, only 5,242 miles £7,995
 07 RENAULT Clio 1.5 DCi 68 Extreme hatchback. In black with anthracite interior, alloy wheels, cd, electric windows, remote central locking, alarm, immobiliser, only £35 per year road tax, 27,650 miles £7,295
 07 RENAULT Clio 1.4 16V 98 Express 3-dr Hatchback. In silver met with volle interior, cd, air con, alloy wheels, remote central locking, alarm and immobiliser, only 44,47 miles £7,995
 06 RENAULT Clio 1.5 DCI 106 Dynamique S 5 Speed 3-dr Hatchback. In eclipse black, dark interior, a/c, CD, alloys, colour coded bumpers, one owner, only 44,375 miles £7,495
 06 FORD Fiesta 1.4 Zetec Climate 5-dr Hatchback. In tonic blue with Kompass blue interior, air con, alloy wheels, body coloured bumpers, only 39,475 miles £6,495
 06 RENAULT Clio 1.2 Campus Sport in pearl black pearlescent with extreme interior, colour coded bumpers, remote central locking, alloy wheels, alarm and immobiliser, electric windows, only 22,488 miles £5,295
 05 TOYOTA Aygo 1.0 VVT-i Sport in carbon quartz met with dark flint interior, alloy wheels, cd, remote central locking, alarm and immobiliser, only 51,300 miles £5,995
 05 FORD KA Luxury 1.3 3-dr Hatchback. In tonic blue with ebony leather interior, air con, quick clear sunroof, cd, alloy wheels, colour coded bumpers, only 16,980 miles £6,495
 04 PEUGEOT 206 1.6 COUPE CONVERTIBLE 2-dr in platinum silver with full black astraean leather interior, air con, cd, alloy wheels, colour coded bumpers, auto lights, only 64,220 miles £6,495
 04 RENAULT Clio 1.2 16V Dynamique 5-dr Hatchback. In Platinum silver with dark grey interior, sunroof, alloy wheels, CD, front fogs, only 37,700 miles £4,795
 04 FORD Ka 1.3 Style 3-dr Hatchback. In moondust silver with digit anthracite interior, CD, power steering, colour coded bumpers, only 48,656 miles £3,495
 03 Y VAUXHALL Corsa 1.2 3-dr Hatchback. In platinum grey with Cavasta grey interior, heated seats, CD, electric windows, only 30,850 miles £4,995
 03 NISSAN Micra 1.0 E hatchback. In aruba blue with urban interior, body coloured bumpers, cd, electric windows, alarm and immobiliser, only 38,000 miles £3,795
 02 PEUGEOT 206 1.6 Coupe Cabriolet S 2-dr in platinum silver with full black astraean leather interior, air con, cd, alloy wheels, colour coded bumpers, auto lights, only 64,220 miles £5,495
 02 RENAULT Megane 1.6 16V Dynamique 3-dr Hatchback in met silver with dark interior, air con, alloy wheels, colour coded bumpers, auto lights, only 48,068 miles £3,995
 02 DAEWOO Matiz 0.8 SE 5-dr. In super red with grey interior, CD, immobiliser, body coloured bumpers, driver and passenger airbags, only 30,288 miles £3,495
 01 PEUGEOT 206 1.6 Coupe Convertible SE 2-dr in platinum silver with full black astraean leather interior, digital climate control, cd, 16" inch alloy wheels, front fogs, only 46,010 miles £3,995
 01 Y AUDI A3 1.3 Sprrite 2-dr Saloon Automatic. In night fire red with grey interior, all original specification, only 47,215 miles £2,995



06 56 BMW 2.0TD 320D SE 4-dr Saloon. In Arctic grey with anthracite interior, automatic air con, upgraded alloy wheels, rear parking sensors, only 41,655 miles, fsh £14,995

06 56 TOYOTA Corolla T2 Colour Collection, 1.4 5-dr hatchback. In eclipse black with silver fleck interior, alc, alloys, colour coded side skirts, audio controls on steering wheel, one owner, only 32,415 miles £7,995

L 93 AUDI Mini 1.3 Sprite 2-dr Saloon Automatic. In night fire red with grey interior, all original specification, only 47,215 miles £2,995

04 54 TOYOTA Celica 1.8 VVTi Premium Coupe. In crystal silver with Montreal black leather interior, climate control, alloy wheels, immobiliser, deadlocks, cd, only 27,953 miles £7,995

03 53 VW Beetle 3-dr Hatchback. In platinum grey with Cavasta grey interior, heated seats, CD, electric windows, only 30,850 miles £6,495

06 56 BMW 116i SE 5-dr in sparkling graphite met with full Boston beige leather interior, comfort pack, cd, climate control, alloy wheels, reversing sensors, auxiliary i-pod connection, only 19,950 miles interior titanium trim, auto lights + auto wipers £11,995

02 02 DAEWOO Matiz 0.8 SE 5-dr. In super red with grey interior, CD, immobiliser, body coloured bumpers, driver and passenger airbags, only 30,288 miles £2,495

01 Y AUDI TT Roadster 1.8T Quattro (225) in met silver with full granite leather, 18" alloy wheels, heated seats, trip computer, cruise control + climate control, cd multi-changer with BOSE stereo upgrade, only 63,010 miles £18,495

03 53 VW Beetle 3-dr Hatchback. In platinum grey with Cavasta grey interior, heated seats, CD, electric windows, only 30,850 miles £6,495

Gwasanaeth Cymraeg Ar Gael
 View our stock online

01446 720044

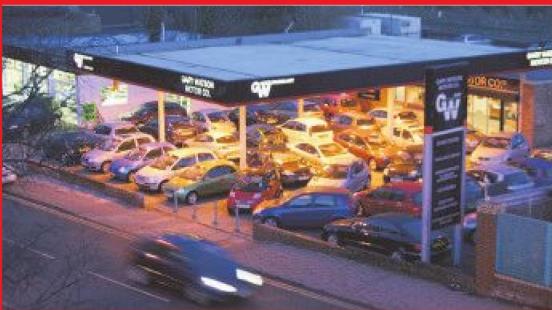
Finance available subject to status, UK residence, over 18 years of age.

Written quotations available on request.

Guarantees may be required.

ALL MAJOR CREDIT CARDS ACCEPTED

visit our website www.nbsm.co.uk



04 LAND ROVER Freelander 1.8S 3-dr Hardback. In light met blue, only 18,000 miles, superb throughout £6,995



53 JAGUAR XJ8 3.6 Automatic. In silver with cream leather trim, 53,000 miles, luxury motoring at £11,995



57 PEUGEOT 206 1.4 Look 3-dr In diablo red, 24,000 miles, under manufacturer warranty £6,295



V MERCEDES ML 320 Auto in silver with grey leather trim, 78,000 miles, 22 inch alloys £5,495



57 BMW 320 Diesel M Sport Auto In black with cream leather trim, 30,000 miles, 1 lady owner £19,995

Gary Watson Motor Co Ltd

SPORT, PRESTIGE & 4X4

56	BMW 320 Diesel SE Coupe Automatic.	In dolphin grey with black leather trim, 26,000 miles	£19,995
54	RANGE ROVER Vogue 4.4 V8.	Oslo blue, cream leather, 56,000 mls, sat nav, tv, xenons etc	REDUCED BY £1000 TO £17,995
04	BMW Z4 2.5i SE.	In met. blue, black leather trim, 44,000 miles	£11,995
53	JAGUAR XJ8 3.6 Automatic.	In silver with cream leather trim, 53,000 miles, luxury motoring at	£11,995
57	HONDA Civic 2.2 Diesel SE.	In black, 40,000 miles, under manufacturers warranty, outstanding value at	£10,995
03	MERCEDES E270 Diesel Avantgarde Auto.	Steel blue, 59,000 miles, with sat nav	£9,995
56	RENAULT Megane 1.6 Dynamique Convertible.	In met satin gold, low mileage example at	REDUCED BY £500 TO £9,495
56	JAGUAR X Type 2.0 Diesel Sport.	In black with beige half leather trim, superb value at	£8,995
06	MINI Cooper.	In met blue + white, 37,000 miles, 1 owner with chilli pack climate	REDUCED BY £300 TO £8,995
55	PEUGEOT 307 2.0 CC.	In black, 19,000 miles, 4 seater, steel roof convertible at	REDUCED BY £500 TO £8,495
55	LAND ROVER Freelander 2.0 TD4 SE 5-Dr.	In met. green with beige leather trim, 62,000 miles	£7,995
52	BMW 325 Ci Sport Automatic.	Met blue with beige leather, 75,000 miles, 18" alloys	REDUCED BY £500 TO £7,995
W	JAGUAR XK8 4.0 Automatic.	In silver with cream leather, full specification including sat-nav	£7,995
05	RENAULT Megane 1.6 CC Dynamique Convertible.	Silver, 18,000 miles, 4-seater, 62,000 miles	£6,995
54	JAGUAR X-Type 2.0 Diesel Sport.	In met steel blue with half leather trim, 74,000 miles	REDUCED BY £1000 TO £5,995
03	TOYOTA Celica 1.8 VVTi T Sport.	In smoke silver, 74,000 miles, 1 owner, fsh	REDUCED BY £1000 TO £5,995
53	MAZDA RX8 (230)	In silver with black leather trim, fantastic value at	REDUCED BY £500 TO £5,495
53	RENAULT Clio 2.0 Sport 172.	In met. black, high specification sports hatch at	£4,995
52	JAGUAR X-Type 2.0 SE Auto	In zircon blue with full leather trim, Sct cd, climate, etc	£4,995
52	HYUNDAI Coupe 2.0 SE Automatic.	In silver with black leather trim, 60,000 miles, fantastic value at	£4,995
52	PEUGEOT 306 CC 2.0 SE.	In silver with black leather trim, 57,000 miles, 4-seater convertible	£4,995
02	MAZDA MX5 1.8	In met silver, 53,000 miles, superb example	REDUCED BY £1000 TO £4,995
02	TOYOTA Corolla T-Sport 3-Dr.	In champagne metallic, 63,000 miles, 1 local owner, FSH	£4,295
51	AUDI A6 Avant 3.0 Quattro SE Auto.	In steel blue with full leather, alloys, 4X4 etc.	£3,995
Y	PEUGEOT 206CC 2.0.	In silver, with black leather trim, low mileage local convertible	REDUCED BY £1000 TO £3,995

SMALL, ECONOMICAL AND FAMILY CARS

08	SMART Pulse Automatic 999cc.	In black with black leather trim, 11,000 miles, under Mercedes warranty	£6,995
56	SUZUKI Swift 1.5 GLX 5-dr.	In red, 32,000 miles with alloys, a/c, keyless go, very trendy example at	£6,995
55	VW Golf 1.4 FSi 5-dr.	In electric blue, superb looking car with 18" alloys and low insurance	£6,995
05	VW Golf Plus 1.9 TDi Sport	In silver, 80,000 miles, 1 owner, great looking diesel at	REDUCED BY £500 TO £6,995
56	PEUGEOT 307 1.6 XSi 5-dr	In silver, low mileage family hatch at	£6,495
06	VAUXHALL Astra 1.8i Club 5-dr Automatic	In silver, 28,000 miles	£6,495
55	PEUGEOT 407 2.0 HDi SE.	In met-grey, 51,000 miles, comfortable stylish diesel at	£6,495
07	SMART Passion Automatic 699cc.	In silver over met-blue, 20,000 miles, low road tax + insurance	£5,995
56	FIESTA 125 Style Climate 3-dr.	In white, 33,000 miles with navy blue ST side stripes, looks great	£5,995
06	FORD Mondeo 2.0 TDCi Ghia Estate.	Black, fantastic value	REDUCED BY £1000 TO £5,995
03	MINI 1.6 Automatic.	In black with full red leather trim, fantastic looking example	REDUCED BY £500 TO £5,995
05	FIESTA 1.4 TDCi Ghia 5-dr.	Black with black leather trim, 49,000 miles, diesel economy, £35 road tax	£5,695
54	RENAULT Megane VVTi Privilage Automatic 5-dr.	In met jade with half leather tri, low mileage	£5,495
55	SUZUKI Swift 1.3 GL 3-dr.	In met blue with white stripes, 47,000 miles, sporty economical hatch at	£4,995
55	VAUXHALL Corsa 1.2 SXi 3-dr.	In met black, 25,000 miles, very desirable	£4,995
05	PEUGEOT 206 1.6 Quicksilver 3-dr.	31,000 miles, sought-after limited edition model	REDUCED BY £500 TO £4,995
04	FIESTA 1.4 Flame 3-dr.	In black, low mileage local car at	£4,995
05	VAUXHALL Corsa 1.2 Twin Port SXi.	In met silver, 48,000 miles, 1 local owner	REDUCED BY £300 TO £4,695
05	PEUGEOT 206 1.4S 5-dr.	Black, 50,000 miles, a/c, cd, etc	REDUCED BY £500 TO £4,495
53	FORD Fiesta 1.4 Flame 5-Dr.	In silver frost, 49,000 miles with a/c	£4,295
03	RENAULT Clio 1.2 Expression Automatic	In black, 31,000 miles	REDUCED BY £200 TO £4,295
06	FORD Ka Collection.	In met. black, 58,000 miles, low insurance & road tax	£3,995
54	RENAULT Clio 1.2 Dynamique 3-Dr.	In met. Sherwood green, with s/r, a/c, cd etc	£3,995
54	SMART4Two. 700cc True Style Auto	In met black, panoramic roof, alloys, cd	£3,995
54	CITROEN C2 1.1LX 3-dr.	In met red with cd etc, local car on offer at	£3,995
54	VAUXHALL Corsa 1.3 Diesel SXi Automatic.	In silver, 73,000 miles	£3,995
04	RENAULT Clio 1.1 Extreme 3-dr.	In met black, 39,000 miles with s/roof, e/w, c/l, cd	£3,995
03	FORD Fiesta Finesse 1.4 5-dr Automatic	In metallic red, 35,000 miles, fsh	£3,695
03	MAZDA 323F 1.6 GS	In electric blue, 76,000 miles, reliable hatch at	£3,495
53	DAEWOO Tacuma 1.6 Extra	In met blue, 45,000 miles, spacious family hatch at	£2,995
03	DAEWOO Kalos 1.4SE 5-dr.	In met-blue, 56,000 miles, ideal family hatch	REDUCED BY £300 TO £2,695
X	FORD Fiesta 1.2 Zetec 3-Dr.	In Duce Green, 74,000 miles, nice example at	£1,795

01446 722600

Broad Street, Barry (Next to Barry train Station)

**FINANCE PACKAGES TO SUIT ALL • 0% DEPOSIT FINANCE AVAILABLE
ALL CARS HPI CLEAR • PART EXCHANGE WELCOME • OPEN 7 DAYS
CARS BOUGHT FOR CASH • ALL MAJOR CREDIT CARDS TAKEN**

www.garywatsonmotorcompany.co.uk

**RAC
WARRANTIES**

COMPACT CARS

"COMPACT CARS, COMPACT PRICES"

OPEN 7 DAYS

DRIVE AWAY FOR
£99 DEPOSIT

FINANCE AVAILABLE
(Subject to status)

MANY MORE CARS
IN STOCK



02 VAUXHALL Zafira 1.8 Club Automatic. 70k, FSH, air con, CD system, plush interior, rare 7 seater at



05 FORD Ka 1.3. Only 1 owner from new, 38k, power steering, ideal first car



02 HONDA CIVIC 1.6 SE 1 owner, 60k, fsh, a/con, e/roof, e/pack, superb throughout.



98 JAGUAR XK8 4.0 Auto Coupe. 90k, fsh, alloys, a/c, cruise, e/leather, lady owner, awsome car



54 MG ZS 1.8 High Output LE. 1 owner, 60k, s/history, half leather, factory body styling kit including vents. Absolutely stunning, viewing essential.



52 PEUGEOT 307 2.0 SE HDI 7-seater Panoramic roof, alloys, multi disc, a/con, 50mpg, rare car

57 CITROEN Berlingo 1.4i Commercial. fsh, pas, lpg converted, low insurance	£3995
05 RENAULT Clio 1.6 Dynamique S (new shape). Met black, low miles, super bargain for only	£4995
05 CITROEN Picasso 2.0 HDi Desire. 90k, a/c, cd system, plush trim, fuel computer, multi function wheel, superb MPG at	£3995
05 FORD Ka 1.3. 1 owner, 35k, p/steering, low tax and ins, ideal first car, cheap at only	£3695
05 VAUXHALL Astra 1.8 Design Auto. 45k, half leather, air con, cd system, alloys, desirable auto	£5495
54 RENAULT Megane 1.6 Dynamique. 47k, s/history, 1 owner, a/c, alloys, full e/pack, sports interior	£4495
54 ROVER 25 SE/T Diesel. 48k, a/con, alloys, cd, superb MPG, top spec	£3995
04 RENAULT Megane 1.6 VVTi Dynamique CC. 40k, fsh, glass retractable roof, full leather, a/c, alloys	£6,695
53 HONDA Jazz 1.4 SE Sport Auto. 40k, FSH, lady owner, air con, CD player, low tax & ins	£4995
53 VOLKSWAGEN Polo 1.2E. 1 owner, 40k, fssh, cd system, e/windows, p/steering, low tax & ins	£3995
03 JAGUAR X-Type 2.0 SE V6 80k, fsh, alloys, cd system, full leather, chrome pack	£4995
03 CITROEN C3 1.4 Desire. 40k, 2 owners, fsh, a/c, cd system, jazzy trim, low tax & ins, 40+mpg	£3995
03 PEUGEOT 206 1.1 Verve. 69k, lady owner, air con, e/windows, CD player, p/steering, only group 3 insurance	£3995
03 RENAULT Clio 1.2 Billabong LE. 54k, lady owner, s/roof, jazzy interior, cd system, low tax + ins	£3495
03 CITROEN Saxo 1.6 VTR. 70k, alloys, sunroof, CD system, sports interior, sporty looks with low insurance	£2995
03 FORD Ka 1.3. 60k, 2 owners, p/steering, low tax & ins, ideal 1st car at only	£2995
03 ALFA ROMEO 147 2.0 Lusso. fsh including belts, alloys, leather, a/c, cd system, desirable model	£2995
03 CITROEN Saxo 1.4 Furio. 37k, fsh, in silver, e/pack, cd system, low tax and insurance	£2995
52 HYUNDAI 1.6 S Coupe (Facelift). 90k, s/history, cd system, alloys, a/c, sports interior, low ins	£3995
52 FORD Fiesta 1.25 Zetec 5 dr. 70k in factory black, sought after model	£3495
52 PEUGEOT 307 SW 1.6. 55k, a/c, sports trim, huge boot, finished in silver	£2995
52 VAUXHALL Corsa 1.0 Club, Low miles, pas, in flame red	£2495
02 HONDA Civic 2.0 Type 'R' 70k, fsh, alloys, cd system, alcantara trim, 6 speed, awesome	£6495
02 JAGUAR 2.5 S-Type Auto. 80k, fsh, alloys, a/c, multi cd, nice spec model	£4995
02 VAUXHALL Zafira 1.8 Club Automatic. Low mileage, superb example, 7 seats, in steel grey met	£3995
02 CITROEN Picasso 2.0 SX HDi. 59k, service history, a/con, cd system, fuel computer, multi-function wheel	£3995
02 RENAULT Clio 2.0 172 Sport. 79k, fsh, Xenons, a/c, multi cd, half leather/alcantara, superb example at	£3995
02 PEUGEOT 206 SW D/Turbo 2.0 HDi. 1 owner + Demo. Alloys, cd system, sports trim, super mpg	£3695
02 RENAULT Scenic 1.6 Fidji. 48k, s/history, air con, alloys, multi-disc, half leather, twin sunroofs	£2995
02 PEUGEOT 206 2.0 HDi D Turbo SW Estate. Average miles, fully loaded, alloys, practical and reliable. Yours for	£2995
51 BMW 316i Compact SE. Lady owner, service history, alloys, air con, multi-disc, cruise, reverse sensors, superb at	£4495
51 HONDA Accord 2.0 SE. 78k, fsh, alloys, a/con, plush trim, cd system, super condition, ideal family car	£2795
51 SKODA Fabia 1.2. 70k, fsh, e/pack, power steering, cd player, VW engineering at	£2495
51 FORD KA 1.3. 48k, lady owner, fully colour coded, e/pack, low tax + ins	£1995
51 FORD Fiesta 1.3 LX 3-dr. Only 61k, pas, in royal blue, only	£1995
Y JAGUAR 2.5 V6 X-Type. 90k, fsh, alloys, a/c, cd system, chrome pack, tremendous value	£2995
Y VW Golf 1.6 SE. FSH, lady owner, a/con, cd system, full e/pack, low insurance group	£2995
Y VAUXHALL Corsa 1.0 Comfort 16v. Lady owner, 50k, s/history, low tax + ins	£2695
Y DAEWOO matiz SE. 44k, s/history, e/pack, alloys, low insurance. Superb economy	£1695
X BMW 318 CI Coupe. Lady owner, e/pack, c/control, alloys, multi function s/wheel	£3995
X RENAULT Clio 2.0 Sport. 80k, leather/alcantara trim, a/con, alloys, cd system, front fogs	£2995
X LAND ROVER 1.8 XEi 3-dr. Alloys, air con, sunroof, two tone leather, alloys, lovely example	£2995
W HONDA Civic 1.4S Hatch. 90k, FSH, alloys, air con, sports interior, CD system, low tax & ins	£2395
W VAUXHALL Omega 2-litre GLS Auto. Very clean car, superb value in steel blue, only	£1295
V VW Bora 2.0 SE 80k, s/history, alloys, climate, e/pack, plush trim. German engineering at	£2495
V ROVER 416 Saloon. S/history, e/pack, plush interior, ideal family saloon	£1295
T VOLVO C70 2.4 Auto. Half leather, alloys, a/con, cd, hard to find at	£1995
T FORD Mondeo 1.8 TD Di Ghia Estate. Superb order with only 2 owners, top of range model	£1495
S FORD Ka 1300. 70k, pas, jazzy trim, lovely example, low tax & ins	£1395
R TOYOTA Avensis 1.8 GS Hatch. 86k, s/history, a/c, cd player, e/pack, low ins, lovely car	£1495
N VW Corrado 2.9 VR6. Alloys, heated leather, e/roof, cd player, rare and desirable at	£2995
N SAAB 93 S Convertible Auto. leather, alloys, a/c, lady owner, nice example	£2495



54 FORD Focus 1.8 TDCi Zetec Service history, upgrade alloys, cd system, a/c, superb mpg.



05 CHEVROLET Lacetti 1.6 SX 35k fsh, alloys, cd player, air con, super car



02 DAEWOO Tacuma 1.6 SX Lady owner, 60k, alloys, a/con, cd player, e/pack, spacious MPV, superb.



03 CITROEN Saxo VTR 1.6. 74k, superb example, low ins group.



04 RENAULT Megane 1.6 VVTi Dynamique Cabriolet Coupe. Glass sunroof, full sports leather, only 40k with fsh, superb example



05 VAUXHALL Corsa 1.2 Design Lady owner, 60k, e/pack, cd system, a/con, low tax and insurance.

Visit us at www.compactcarswales.co.uk

01656 767606

WATERTON ROAD •
BRIDGEND • CF31 3YY



SAT NAV
USERS

CF31 3YY



GEM sport

BIG FREEZE NEWS FROM BRIDGEND ATHLETIC

Clubs facing problem of staying 'match-fit' as the fixtures pile up

LIKE many other teams in Wales, Bridgend Athletic's season has been severely hit by the big freeze.

In fact, since October 31 they have only played three fixtures. November was wiped out, mainly by the autumn internationals, and there has been no action to date in January.

The club now have a deficit of four league games to catch up. They are seeking a friendly fixture this Saturday – weather permitting – as they are out of the Swale Cup.

One fear for the club is the postponement of ties this Saturday, which could jeopardise their fixture with Cwmllynfell on January 23 – as they are still involved in the cup.

With the Six Nations again curtailing fixtures in February and March, it could lead to a very heavy end-of-season schedule. It is thought likely the WRU may be forced to extend the season in May, if the weather continues to be unkind to rugby.

With such disruption, it is very difficult for coaches Paul Yardley, John Apsee and David Williams to maintain momentum and motivation of the squad. They have been training three times a week, and are looking to use the new Bridgend Boxing Club facilities.

There was an excellent turn-out last Saturday morning when

a squad training session was held on Coney Beach, Porthcawl, with valuable conditioning and contact rugby played.

Head coach Paul Yardley said: "It is hugely important from a coaching and squad perspective that we do not lose our focus during the current climate. The focus for us is to keep the training as close as possible to match situations, which is made easier by the positive response and large turnouts at training sessions."

The Athletic will need back up in all positions at the business end of the season to retain their Division One status. If commitment from

coaches and players count, then they should pull through.

The club currently are in eighth place in Division One West, winning four games, losing six and drawing one.

Lyndsey McCausland, Sean Williams, Dan Apsee, Robert Coles, Jamie Doherty and captain Rod Jones have played in all 11 league games to date, while Carl Gregory has made 10 appearances.

Stuart Morris on 69 and Steve Lewis on 50 are the leading points scorers. Sean Williams, Dan Apsee, Steve Lewis and Tom Morgan are the leading try scorers with three apiece.

AB

Local trainer eagerly awaits new season

ABERTHIN'S Abbi Vaughan, who saddled a dozen winners last season, just can't wait for the Welsh point-to-point season to get under way as she has a number of exciting prospects.

These include a five-year-old bay gelding called *Master Charm*, owned by Brett Lloyd and David Lovell, son of the legendary bookmaker John Lovell, who introduced computerised betting to British racecourses.

A former inmate of Welsh trainer Carl Llewellyn, *Master Charm* is still a maiden and could become a contender for the Dunraven Bowl at Chepstow, sponsored by Bridgend's David Brace.

Another exciting prospect is *Micks Prospect*, a seven-year-old bay gelding who last season won three of his four races and is owned by Cowbridge estate agent Robert Thomas.

The lightly-raced *Carrick Oscar*, a nine-year-old bay gelding, sold out of Charlie Mann's stable last January and a winner of a chase during the summer months, owned by optimtracing.co.uk, could pick up a hunter chase or two and it would be no great surprise to see him lining up for the Aintree Foxhunters.

The German-bred *Urban Tiger*, owned by Rachel and Jeff Frost, is another one to look out for and appears to act on any going. A winner of two races on the flat when trained by Alan King, this six-year-old bay gelding won a handicap chase at Huntingdon in 2008.

King's Euro, a former winning point-to-pointer who was outclassed

when running in the 2008 Coral Welsh National at Chepstow, is owned by retired Rhondda greengrocer Norman Jones. Still only nine years old, *King's Euro* could be one to watch if lining-up for the Cheltenham Foxhunters' Chase.

Silver Story, a seven-year-old grey gelding, also owned by Mr Jones and a winner of two point-to-points last season, could also pick up a hunter chase or two.

Meanwhile, Tonyrefail's Phil Williams is expecting *Up The Boreen* to win again for Llanfair Major estate agent Tony Brown, while a new arrival in the yard is the six-year-old

Diamondaire who has been placed in hurdle races in Ireland.

Please email your news to Brian at leebrian@btinternet.com or phone him on 02920736438.

BRIAN LEE

ABOVE:
The first four runners to finish. See more pictures on pages 10 and 11.

NEW BOXING CLUB FIGHTS FIRST BOUT

BRIDGEND ABC had its first winner when Richie Canning boxed at the Moathouse Hotel in Bedford in a recent Welsh select against Bedford select tournament.

Canning, boxing against G Shields, won a comfortable unanimous decision. He started the fight at a fast pace, throwing a variety of combinations to the body and head, with the more experienced Shields trying to keep Canning on the back foot.

This suited Canning, who caught his opponent with a strong 'right hand left hook', forcing a standing eight count.

With this in mind, Canning took full advantage, keeping a pressured pace and once again landing with a heavy combination of punches in the third, followed by another standing eight count – Richie Canning winning the fight with all judges



ringside.

Other boxers representing the Welsh select were Ottis Evans, Jordan Evans and Gareth Penny all from Maesteg ABC.

First O Evans boxed S Bruce in a hard-fought contest, with Bruce winning on a majority decision.

Next, J Evans boxed C Ireson, Evans giving away age and experience, boxed above himself taking a majority win.

Last, from Maesteg was G Penny. After a very tough contest

Left to right: Richie Canning, Ottis Evans, Jordan Evans, Gareth Penny. Standing rear Mat Skelton former British and European heavyweight champion.

Point-to-point schedule 2010

THE scheduled point-to-points for the local 2010 season are:

January 30, Vale of Clettwr at Erw Lon; February 20, Carmarthenshire at Erw Lon; February 20, North Hereford at Whitwick Manor; February 28, Currie & Llangibby at Howick; March 6, Brecon & Talbot at Llanfrynnach; March 6, Beaufort at Didmarton; March 7, Ross Harriers at Garnons; March 13, Tivyside at Cilwendig; March 20, South Hereford at Garnons; March 21, Currie & Llangibby at Howick; March 27, Glamorgan at Ystradwen; April 3, Monmouthshire at Llanvapley; April 5, South Pembrokeshire at Lydstep; April 17, Ystrad Taf Ffachan at Ystradwen; April 24, Pentyrch at Bonvilston; May 1, Llangeinor at Laleston; May 2, Radnor & West Herefordshire at Cold Harbour; May 8, Tredegar Farmers at Lower Machen; May 15, Golden Valley at Bredwardine; May 22, Gelliagor Farmers at Lower Machen; May 31, Countryside Alliance (Wales) at Bonvilston; June 5, Pembrokeshire at Trecoed.

BL

The GEM Quiz League round-up

MONDAY, January 4 saw the resumption of The Bridgend GEM Quiz League's fixtures after the Christmas break.

teams are close together, the aforementioned Oddfellows and Oldcastle 'B', and Laleston Inn 'B' and Heol-y-Cyw RFC who they beat by 43-30.

Here are your weekly posers: 1 In the comedy series 'Last of the Summer Wine', what was Compo's surname?

2 In which US state is Harvard University situated?

3 Who is the famous grandfather of 15 times capped Scotland scrum-half Rory Lawson?

4 Which French word meaning 'Godfather' is given to a person who introduced different acts and performed on a stage or television show?

A RUDGE (Hon see BGQL)

4 Compo
3 Bill McLaren
2 Massicuist
1 Shmoosie
ANSWERS



Induction or improvement
£15 PER LESSON
£42.50 for 3
£80.00 for 6
Why not Book a course?

Sandra Bale and staff extend a warm welcome to beginners and experienced golfers alike. See our resident golf professional, Steve Gough, for expert instruction.

- Nine-hole pay & play
- No membership fees
- No handicap necessary
- All weather floodlit driving range
- Professional tuition available
- Junior Group Lessons
- Senior and Ladies' Mornings
- PGA-approved golf shop
- All equipment available for hire
- LOYALTY SCHEME AVAILABLE

EXCELLENT VALUE

Weekdays: 9 holes £6.00,
18 holes £9.00
Weekends and bank holidays:
9 holes £7.00, 18 holes £10.50
Tel: 01656 647926
We're easy to find - off A48, opposite Bridgend Ford

